

ASIST Suicide Intervention Skills Training

Appplied **S**uicide **I**ntervention **S**kills **T**raining

FREE

ASIST is...

for caregivers who want to feel more comfortable and competent in helping to prevent the immediate risk of suicide.

By the end of this two-day, highly interactive, practical, practice-oriented workshop you will be better able to:

- Dispel myths about suicide
- Identify the indicators and assess suicidal risk
- Intervene with someone at risk of suicide
- Utilize suicide prevention resources in the community.

Lunch will be provided

Thursday, February 2 & Friday, February 3, 2012

8:00am - 4:00pm each day

Attendance both days, all day, is required to attend

Jefferson County Education Association Building

1447 Nelson Street, Lakewood, CO 80215

RSVP: : <http://asistfeb2012.eventbrite.com>

Seating is limited and trainings fill quickly!

QUESTIONS: Heather Trish heathert@jcmh.org 303-432-5265

Presented by:



Through generous grants from:

Office of Suicide Prevention



Linking Communities, Building Awareness,
Preventing Suicide
www.cocap.org



U.S. DEPARTMENT OF
HEALTH & HUMAN SERVICES
Substance Abuse and Mental Health
Services Administration (SAMHSA)

Center for Mental Health
Services (CMHS)

www.samhsa.gov



Colorado Department
of Public Health
and Environment

Want to know more about the ASIST® training? Learn more at: <http://www.livingworks.net/AS.php>