



Jefferson Center
for mental health



NAVIGATION
"Your roadmap to mental health..."

303.432.5130
navigation@jcmh.org

Weekly Co-Occurring Groups at JCMH

CLEAN & SOBER RECOVERY GROUP

- ❖ Mondays 5 to 6:30 PM, beginning April 12
- ❖ North Wadsworth Office
7878 Wadsworth, Suite 100
Arvada, CO 80033
- ❖ David Johns, LPC, NCC, CACII: 303-432-5702

CO-OCCURRING MENTAL ILLNESS/ SUBSTANCE ABUSE

- ❖ Tuesdays 9:30 a.m. – 10:30 a.m.
- ❖ Cedar Office - Auditorium
9808 W. Cedar Ave.
Lakewood, CO 80226
- ❖ Amy Moore, LSW: 303-432-5410

SOUTH CO-OCCURRING GROUP

- ❖ Tuesdays 1:00pm – 2:30pm, beginning March 2, 2010
- ❖ South Office
9200 W. Cross Drive, Suite 421
Littleton, CO 80123
- ❖ Get support for coping with co-occurring disorders. Learn about the relationship between drug/alcohol use and mental illness, recovery strategies for mental health & substance use disorders, and relapse prevention.
- ❖ Karen Pascoe, PSY, LPC, CACII: 303-432-5600

POSSIBILITY STREET CO-OCCURRING MENTAL ILLNESS/SUBSTANCE ABUSE

- ❖ As of 4/19/10, this group is full
- ❖ Tuesday 6:00-7:30pm
- ❖ Independence Office, Table Mountain Room
4851 Independence Street, Suite 100
Wheat Ridge, CO 80033
- ❖ Thalia Andrews, LPC, CACIII: 303-432-5127

DRUGS, ALCOHOL & MENTAL HEALTH

- ❖ Wednesday 11:00am – 12:00pm
- ❖ Next 8 week series starts 5/5/2010
- ❖ Wellness on Wadsworth Office (WOW)
4045 Wadsworth Blvd., Suite 70
Wheat Ridge, CO 80033
- ❖ Wellness Education Series: 303-423-2261. Please call ahead to register and confirm dates of series.
- ❖ Free: Open to community members and clients as well as their friends and family.
- ❖ Kristen Thome, LCSW, CACII: 303-432-5139

PASSPORT CO-OCCURRING GROUP

- ❖ Wednesday 11:00-12:30pm
- ❖ Independence office
4851 Independence St., Ste 100
Wheat Ridge, CO 80033
- ❖ Doug Robinson, LPC, CACIII: 303-432-5041

DUAL RECOVERY ANONYMOUS

- ❖ Wednesdays 11:15 a.m. – 12:00 p.m.
- ❖ Cedar Office
9808 W. Cedar Ave.
Lakewood, CO 80226
- ❖ Katy Bruscano, LPC: 303-432-5400, call for details.

NEXT STEP CO-OCCURRING GROUP

- ❖ Wednesdays 3:00 – 4:30pm
- ❖ Focus of group is relapse prevention.
- ❖ Independence Office
4851 Independence St.
Wheat Ridge, CO 80033
- ❖ Lynda Hilburn, LPC, CACII: 303-432-5055 or Thalia Andrews, LPC, CACIII: 303-432-5127

AA CO-OCCURRING MEETING

- ❖ Wednesday 5:00-6:00pm
- ❖ Summit Center
3810 Pierce St.
Wheat Ridge, CO
- ❖ Chris Hill facilitates
- ❖ Call main summit center phone number for information: 303-432-5800



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CO-OCCURRING MENTAL ILLNESS/SUBSTANCE ABUSE

- ❖ Thursday 4:00-5:30pm
- ❖ West Colfax Office
9485 West Colfax Avenue
Lakewood, CO 80215
- ❖ Kathy Patsey, LPC, CACIII: 303-432-5404 & Elaine Kingston, LPC, CACIII:
303-432-5261

GOOD CHEMISTRY

- ❖ Fridays 9:30 am – 12:30pm
- ❖ Cedar Office – Auditorium
9808 W. Cedar Avenue
- ❖ Good chemistry is a group designed to provide a space for those dealing with challenges of dual diagnosis. It is meant to help individuals find balance in their mental, physical, spiritual, and emotional lives. We will focus on supporting individuals to work towards sobriety and stability. It is meant to supplement co-occurring and other 12 step programs.
- ❖ Amy Moore, LSW: 303-432-5410

CO-OCCURRING MENTAL ILLNESS/SUBSTANCE ABUSE

- ❖ Friday 1:00 – 2:30pm
- ❖ West Colfax Office
9485 West Colfax Avenue
Lakewood, CO 80215
- ❖ Dan Uehling, LCSW, CACII: 303-432-5257



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