303-425-0300

Jefferson Center
for mental health

www.jcmh.org

Our mission:

To inspire hope, improve lives and strengthen our community by providing mental health and related solutions for individuals and families.

Jefferson Center for Mental Health (Jefferson Center) is the private 501 (c) (3) not-for-profit community mental health center serving Jefferson, Clear Creek and Gilpin counties for more than 57 years.

Jefferson Center has a variety of programs for people of all ages, from all walks of life and available to all members of our community.

Your Nonprofit Community Mental Health Center...

- Last year, provided treatment and education to more than 28,700 people, from young children to senior citizens
- Is governed by an 18-member Board of Directors representative of the communities we serve
- Provides services in more than 23 locations throughout Jefferson, Gilpin and Clear Creek counties, in addition to working in primary care and health care clinics, schools, nursing homes, senior centers and other locations
- Employs more than 650 staff, 75% of whom are experienced mental health professionals who have expertise in specialty areas such as children and family issues, adults with mental illness, co-occurring substance use and mental health issues, suicide prevention, early intervention, crisis management and trauma treatment

Services include:

- Clinical services including outpatient counseling for individuals and families, psychiatric medication evaluation and management, group therapy and 24 hour/7 days a week crisis and emergency services
- Wellness and enrichment services focusing on resilience and renewed hope
- Community-based support services to assist individuals with mental health challenges to live and work within their community, which include employment training programs and various supportive housing programs

Building Hope, Changing Lives, Strengthening Community!

Programs and Services

Jefferson Center offers an array of services for all clients based upon individual needs. While the majority of services are listed here, additional information can be found on our website www.jcmh.org.

ACCESS & EMERGENCY SERVICES

The main point of contact for new clients and clients in need of emergency mental health services. Providing:

- First-time appointments on the same-day/next day or scheduled at client's convenience
- Emergency mental health services 7 days a week, 24 hours a day

FAMILY SERVICES

Comprehensive services to meet the needs of children and their families, including:

- Early Intervention Services
- School-based Services
- Parenting Programs and Classes
- Family, Individual and Group Therapy
- The ROAD Youth Drop-in Center
- Dialectical Behavioral Therapy (DBT) for Adolescents
- Suicide Prevention
- Juvenile Justice Programs
- Families Together, Family Solutions home-based treatment, FFT

ADULT SERVICES

Adult Outpatient: *Individual, group and family services that support client strengths and independence and encourage family involvement include:*

- Peer Specialist Support
- Individual, Group and Family Therapy
- Evidence Based Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Co-occurring Treatment (substance abuse/mental illness)
- Medication Evaluation, IDDT, and Monitoring

Adult Intensive Services: *Designed to meet the needs of adults with serious and persistent mental illness, support recovery and independent living. Intensive Services range from 24-hour residential services to peer-led support groups also offering:*

- Criminal Justice Programs/Services
- Hospital Alternative Programs
- Housing and Residential
- Case Management

SENIOR SERVICES

Programs designed to meet the needs of those age 60 and older.

- Outpatient – Individual, Group and Family Therapy
- Senior Focus – Medicare and Private Insurance Program
- Senior Reach – Community-based Services
- Nursing Home Outreach, Evaluation, Screening
- Peer-to-Peer Senior Support
- Wellness Programs

SUMMIT CENTER/VOCATIONAL SERVICES

Assistance in attaining full or part-time employment, and developing relationship, social and employment skills at Summit Center. Services include:

- Peer Specialist and Social Support
- Job Readiness – including interviewing, resume writing, career exploration and job coaching
- Transitional Employment
- Supported & Independent Employment Programs

WELLNESS SERVICES

By offering an array of classes, activities, and coaching, Wellness Now teaches clients how to play a more active role in their overall health by making positive lifestyle changes. Services include:

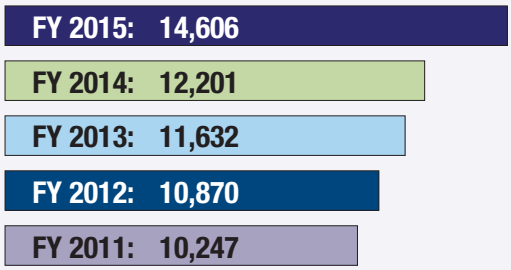
- Health Screenings and Exercise Programs
- Individualized Coaching
- Brief Therapy Sessions
- Free Group Classes – promoting health and well-being

NAVIGATION SERVICES

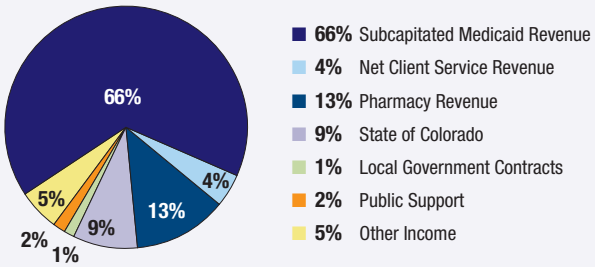
Designed to guide clients in accessing mental health services and linking clients to resources at Jefferson Center and in the community.

- Assessing, applying and problem solving for all public benefits
- Information about all Jefferson Center programs and services
- Information and referrals to resources in the community

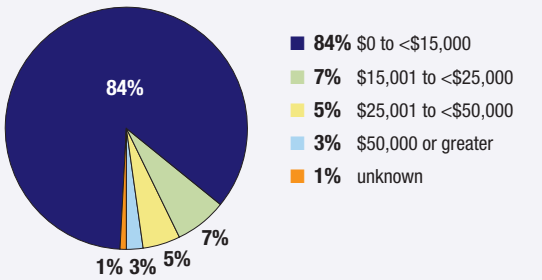
Clients Served *(by fiscal year)*



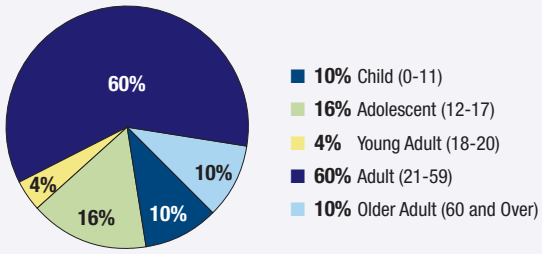
Revenues



Client Income



Client Age



September 2015