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Senior Reach recognized by national registry *NREPP recognizes Senior Reach as an evidence-based intervention*

WHEAT RIDGE, Colorado –Jefferson Center for Mental Health, Seniors' Resource Center and Mental Health Partners are excited to announce that Senior Reach[®] is now recognized as a National Evidence-Based Program through Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of Evidence-Based Programs and Practices (NREPP).

Senior Reach is a collaboration between Jefferson Center for Mental Health, Seniors' Resource Center, and Mental Health Partners and has been helping older adults since 2009 who may be experiencing mental and emotional problems, personality and physical changes, poor health, social isolation, substance abuse, physical abuse or neglect and risk factors for suicide. NREPP recognizes the proof that Senior Reach works for older adults in Colorado and soon to be nationwide. The program is proudly now among the 310 top tier behavioral health programs in the United States.

What is Senior Reach?

Senior Reach is a program in which community members are trained to identify, offer outreach services to, and refer at-risk independent-living older adults. These community partners are both nontraditional (e.g., restaurant and retail staff, bus drivers, senior center staff) and traditional (e.g., primary care physicians, adult protective services) referral sources. Senior Reach assesses seniors for any number services including mental and physical health care, transportation, medication, help with financial concerns, recreation, whatever is needed. When mental health treatment is needed, a solution-focused, brief therapy model is used, typically lasting an average of eight sessions, to address immediate mental health concerns. The trainings, in-home assessments, and therapy are led by licensed mental health professionals.

For more information, access these links: <http://www.nrepp.samhsa.gov/ViewIntervention.aspx?id=330> or www.seniorreach.org.

What is NREPP?

The National Registry of Evidence-based Programs and Practices (NREPP) is a searchable online registry of interventions that support mental health promotion, substance abuse prevention, and mental health and substance abuse treatment. Through NREPP, users can identify and learn more about interventions that may meet their needs. All interventions that are included in NREPP have been voluntarily submitted, have met a set of minimum requirements, and have been assessed by independent reviewers.

About Jefferson Center for Mental Health

Celebrating its 56th year, Jefferson Center for Mental Health helps to bring hope for a brighter future to thousands of community members who struggle with mental health challenges. As the community's nonprofit mental health center, Jefferson Center serves people throughout Jefferson, Gilpin and Clear Creek counties at over 20 locations, as well as schools, nursing homes, senior centers and other community settings. Last year Jefferson Center served more than 19,000 people in need. Center staff has expertise in numerous areas including children and family issues, adults with serious mental illness, suicide prevention, early intervention, juvenile justice, and trauma treatment, as well as offers free wellness classes. For more information about Jefferson Center, visit www.jcmh.org.

About Seniors' Resource Center (SRC)

Seniors' Resource Center, a 501c3 non-profit organization, is a community partner providing person-focused, coordinated services to enhance independence, dignity and quality of life. These services include Transportation, Adult Day & Respite Services, In Home Care Services, Mental Health Outreach, Volunteer Services and Opportunities and Care Management Services. Last year SRC served over 17,000 seniors in the mountain communities and Denver Metro area. SRC celebrates 36 years in the community. For more information on SRC services, or if you are interested in volunteering, please call 303.238.8151 or visit www.srcaging.org.