Eating Disorder Resources

ACUTE Center for Eating Disorders at Denver Health
1-877-ACUTE4U (228-8348)
http://www.denverhealth.org/Services/EatingDisorders.aspx
777 Bannock St. Denver, CO 80204
- Acute Comprehensive Urgent Treatment for Eating Disorders
- Patients must be at least 18 years old, have privately held insurance
- The program is specifically designed for patients who are too medically compromised to be accepted to traditional inpatient eating disorder treatment facilities and is the only program to offer these services in the nation; after initial stabilization at ACUTE, patients will continue treatment programs elsewhere.

Children’s Hospital of Denver, The Eating Disorders Treatment Program
720-777-1234 or 1-800-458-6500 ext. 8521
13123 East 16th Avenue, Aurora, CO 80045
- Center for the treatment of children, adolescents, and young adults up to age 21 with eating disorders. Offers comprehensive eating disorder specific inpatient, outpatient, and day treatment programs.
- Care focuses on the entire family and is designed to address the individual’s and family’s readiness to make changes necessary for successful treatment.

The Eating Disorder Foundation
1901 E. 20th Ave. Denver, CO 80205
- On Solid Ground Recovery Group: Meets on 2nd and 4th Mondays every month from 6:00-7:30pm.
  o Strict confidentiality is respected. The group is casual and if you must arrive late or leave early, it is ok, ideal for individuals who are in stable recovery.
- Men’s Support Group: Meets 3rd Monday of every month from 6:30-8:00pm
  o Ideal for men at least 18 years old who are struggling in recovery from an eating disorder, disordered eating, or body image concerns.
- Art Journaling Group: Meets Thursdays 6:00-7:30pm
  o Receive your own blank sketch book and “create your story” through art journaling.
- There are various other free groups, in addition to classes and workshops for a small fee. Visit website for more information.

Eating Disorder Center of Denver
4100 E. Mississippi Ave. Suite 300 Denver, CO, 80246
- Various services offered, including: Partial Hospitalization Program (nearby apartment accommodations offered if needed), Evening Intensive Outpatient Program & Outpatient Services for adults 18 and over
- Support Groups
  o Process Group, DBT Skill Training, Minding the Body, Body Image 101
  o $50-$75 per group
• Medicaid, private insurance & self-pay (sliding-fee scale based on income); Do not accept Medicare, Champus, or TriCare.
• Website includes list of online resources, national organizations, reference sheets, and more.

**Eating Disorders Anonymous (At the Eating Disorder Center of Denver) 303-771-0861**
4100 E. Mississippi Ave. Suite 300 Denver, CO, 80246

• A free, open support group for individuals suffering with and recovering from eating disorders.
  • Saturdays from 1:30-2:30pm
  • Tuesday, Wednesday, and Thursday – support groups for $20.

**Eating Disorders Anonymous (General Groups)**

• **Denver, CO** Sunday @ 4:00 PM. St. John’s Cathedral, 1350 Washington St., Wellspring Room, Denver, CO 80203. Please contact Justin at (720) 696-3173 for more information.

• **Denver, CO** Monday @ 7:00 PM. Evanston Center for Spiritual Growth, 2122 South Lafayette Street (south of Evans Avenue), Denver, CO 80210.

• **Denver, CO** Friday @ 12:00 PM (noon). Epiphany Episcopal Church, 100 Colorado Blvd, Denver, CO 80206. Please contact Clare at (585) 730-1284 for more information.

**Eating Recovery Center**
1830 Franklin Street, Suite 405, Denver, CO 80218

• Recently opened adolescent facility, now serve all age groups.
• Offer inpatient, outpatient, and residential care for adults, adolescents, and children.

**La Luna Center**
3002 Bluff St. Suite 200, Boulder, Colorado, 80301

• Provides individual, group, and outpatient therapy for women.
• Many types of insurance accepted along with a sliding fee scale for the uninsured.
• Visit website for more information:

**Dr. Dorie McCubbrey**
720-606-3242
165 Cook Street Suite 10, Denver, CO 80206

• Part of Positive Pathways Eating Disorder Program
• DBT Skills for Eating Disorder Recovery Group
• Sessions cost $20-$30

**Dr. Janean Anderson**
720-515-4244
1777 S Bellaire St. #450, Denver, CO 80222

• Offers individual therapy, family therapy, and group therapy for eating disorders.
• Interpersonal Process Group and Skills group for Eating Disorders
• Offers self-pay, and a limited number of sliding scale spots