

## **ACUTE Center for Eating Disorders at Denver Health**

1-877-ACUTE4U (228-8348)

<http://www.denverhealth.org/Services/EatingDisorders.aspx>

777 Bannock St. Denver, CO 80204

- Acute Comprehensive Urgent Treatment for Eating Disorders
- Patients must be at least 18 years old, have privately held insurance
- The program is specifically designed for patients who are too medically compromised to be accepted to traditional inpatient eating disorder treatment facilities-and is the only program to offer these services in the nation; after initial stabilization at ACUTE, patients will continue treatment programs elsewhere.

## **Children's Hospital of Denver, The Eating Disorders Treatment Program**

720-777-1234 or 1-800-458-6500 ext. 8521

13123 East 16th Avenue, Aurora, CO 80045

- Center for the treatment of children, adolescents, and young adults up to age 21 with eating disorders. Offers comprehensive eating disorder specific inpatient, outpatient, and day treatment programs.
- Care focuses on the entire family and is designed to address the individual's and family's readiness to make changes necessary for successful treatment.

## **The Eating Disorder Foundation**

303-322-3373, <http://www.eatingdisorderfoundation.org/>

1901 E. 20<sup>th</sup> Ave. Denver, CO 80205

- On Solid Ground Recovery Group: Meets on 2<sup>nd</sup> and 4<sup>th</sup> Mondays every month from 6:00-7:30pm.
  - Strict confidentiality is respected. The group is casual and if you must arrive late or leave early, it is ok, ideal for individuals who are in stable recovery.
- Men's Support Group: Meets 3<sup>rd</sup> Monday of every month from 6:30-8:00pm
  - Ideal for men at least 18 years old who are struggling in recovery from an eating disorder, disordered eating, or body image concerns.
- Art Journaling Group: Meets Thursdays 6:00-7:30pm
  - Receive your own blank sketch book and "create your story" through art journaling.
- There are various other free groups, in addition to classes and workshops for a small fee. Visit website for more information.

## **Eating Disorder Center of Denver**

303-771-0861 or 866-421-5736, <http://www.edcdenver.com/>

4100 E. Mississippi Ave. Suite 300 Denver, CO, 80246

- Various services offered, including: Partial Hospitalization Program (nearby apartment accommodations offered if needed), Evening Intensive Outpatient Program & Outpatient Services for adults 18 and over
- Support Groups
  - Process Group, DBT Skill Training, Minding the Body, Body Image 101
  - \$50-\$75 per group



- Medicaid, private insurance & self-pay (sliding-fee scale based on income); Do not accept Medicare, Champus, or TriCare.
- Website includes list of online resources, national organizations, reference sheets, and more.

#### **Eating Disorders Anonymous** (At the Eating Disorder Center of Denver) 303-771-0861

4100 E. Mississippi Ave. Suite 300 Denver, CO, 80246

- A free, open support group for individuals suffering with and recovering from eating disorders.
  - Saturdays from 1:30-2:30pm
  - Tuesday, Wednesday, and Thursday – support groups for \$20.

#### **Eating Disorders Anonymous** (General Groups)

- **Denver, CO** Sunday @ 4:00 PM. St. John's Cathedral, 1350 Washington St., Wellspring Room, Denver, CO 80203. Please contact Justin at (720) 696-3173 for more information.
- **Denver, CO** Monday @ 7:00 PM. Evanston Center for Spiritual Growth, 2122 South Lafayette Street (south of Evans Avenue), Denver, CO 80210.
- **Denver, CO** Friday @ 12:00 PM (noon). Epiphany Episcopal Church, 100 Colorado Blvd, Denver, CO 80206. Please contact Clare at (585) 730-1284 for more information.

#### **Eating Recovery Center**

877-825-8584 or 303-825-8584, [www.EatingRecoveryCenter.com](http://www.EatingRecoveryCenter.com)

1830 Franklin Street, Suite 405, Denver, CO 80218

- Recently opened adolescent facility, now serve all age groups.
- Offer inpatient, outpatient, and residential care for adults, adolescents, and children.

#### **La Luna Center**

720-470-0010, <http://www.lalunacenter.com/>

3002 Bluff St. Suite 200, Boulder, Colorado, 80301

- Provides individual, group, and outpatient therapy for women.
- Many types of insurance accepted along with a sliding fee scale for the uninsured.
- Visit website for more information:

#### **Dr. Dorie McCubbrey**

720-606-3242

165 Cook Street Suite 10, Denver, CO 80206

- Part of Positive Pathways Eating Disorder Program
- DBT Skills for Eating Disorder Recovery Group
- Sessions cost \$20-\$30

#### **Dr. Janean Anderson**

720-515-4244

1777 S Bellaire St. #450, Denver, CO 80222

- Offers individual therapy, family therapy, and group therapy for eating disorders.
- Interpersonal Process Group and Skills group for Eating Disorders
- Offers self-pay, and a limited number of sliding scale spots

