What is a food bank?

Food banks are often non-profit, charitable organizations that distribute food to those in need.

Some food banks will only serve those living within a certain area, such as a city or county. Other food banks have no residency requirements. Many, but not all, food banks require an ID and some require other documentation, such as a piece of mailing.

*It is important to call before showing up to verify that the information has not changed.*

The resources in this document are grouped as follows:

- **Arvada** – p.1
- **Lakewood** – p.2
- **Edgewater/Wheat Ridge** – p.3
- **Golden/Littleton/Mountain Communities** – p. 4
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If viewing on a computer, Hold CTRL+ Click [Jefferson County Food Banks](http://www.jcmh.org) to access our interactive map.

Please contact Navigation if any information is incorrect to help us keep our resources accurate.
**Lakewood**

**The Action Center**
303-237-7704
8755 W. 14\(^{th}\) Ave., Lakewood, CO 80215 (between Carr and Garrison)
http://theactioncenterco.org/
- Call for times, Photo ID and proof of Jefferson County resident.
- 5 day supply, up to 6 times per year. Will work with special diets or allergies.
- *Meals:* J-HELP provides hot meals five days a week for some that do not qualify for Meals on Wheels.

**Helping Our People Excel**
720-255-4021
11949 W. Colfax Ave, Lakewood CO 80215 - Every Wednesday 9am-1pm
3940 S. Broadway, Englewood, CO 80113 - Every Monday 11am-3pm
http://www.hope-online.org/

**Kings Cupboard – Faith Mountain**
303-980-1683
12344 W. Alameda Pkwy, Lakewood, CO 80228
http://faith-mountain.org/kings-cupboard/
- Food bank that serves Lakewood residents on the 2\(^{nd}\) and 4\(^{th}\) Saturday of every month from 9am to 11am. Need proof of Lakewood residence

**Shepherd’s Pantry**
303-233-3430
220 S. Yarrow St, Lakewood, CO 80226
http://www.lightandlife.net/
- Open every 3\(^{rd}\) Saturday of the month from 9am to 10:30am. Need proof of residence and ID.
- Breakfast provided.

**Hope Crossing Church (Christ Baptist)**
303-986-9578
3000 S. Wadsworth Blvd., Lakewood, CO 80227
- Call from 10am-2pm, serves living in zip codes 80226, 80219, 80232, 80227.
- Once a month for 3 months, Tuesdays and Saturdays from 10am-12pm

**Green Mountain Christian Church**
303-985-0754
10700 W. Exposition Dr. Lakewood, CO 80226
http://gmccnow.com/
- On the 2\(^{nd}\) and 4\(^{th}\) Friday of the month from 6pm-7pm (schedule varies)
- Gives food boxes to anyone in need.
- Photo ID needed

**Belmar Baptist Church**
303-986-5500
460 S. Kipling, Lakewood, CO 80226
http://belmarchurch.com/index.php
- Food bank open each Thursday from 6:30pm–8:30pm. (Doors open at 5:30)
• Photo ID requested (not required)
• All services are FREE

**Grace Covenant Church**
303-988-7505 ext. 13
10101 W. Mississippi Avenue, Lakewood CO, 80226 South Building
http://www.gracecovenantlakewood.org/
• 3rd Thursday of each month from 6pm – 7:30pm (need ID, Lakewood residence)

**Edgewater**

**God’s Table – For Such a Time as This**
303-232-2258
6400 W. 26th Ave. Edgewater, CO 80214
http://vcbchurch.org/
• Food pantry and emergency food services once a month, everyone is welcome; Third Saturday, 9am – 11am

**Wheat Ridge**

**The Carpenter’s Cupboard (The World for Jesus International)**
303-893-8363
1533 GLEN AYR DR., LAKEWOOD, CO 80215
http://theworldforjesus.net/; dclifton@theworldforjesus.net
• Food boxes are available on the open Friday night Bible study group at the above address at 6:30pm

**Jefferson Avenue United Methodist Church Food Bank**
303-424-0463
4425 Kipling St. (44th and Kipling), Wheat ridge, CO 80033
http://www.jeffave.qwestoffice.net/index2.html
• 1st and 3rd Wednesday of month from 9 to 11am or until items are gone, residency restrictions
• Bring own carrying supplies
• Need ID and piece of mail dated within last 30 days.

**Calvary Temple Christian Church**
720-898-0855
7390 W. 38th Ave., Wheat Ridge, CO 80033
http://www.calvarytemplecc.com/
• 3rd Saturday of the month, 10am-12pm
• Need ID and proof of address, Wheat Ridge residents only

**Arvada Covenant Church**
303-422-1235
5555 Ward Rd., Arvada, CO 80002
• No requirements to qualify
• Tuesday & Thursday 10am-11:30am & 1pm-2:30pm, Friday 1pm-2:30pm
• Wheat Ridge and Arvada residents only

**The Hub**
303-982-2198
Stevens Elementary 7101 West 38th Ave., Wheat Ridge, CO 80033

- **Only available to families with a child enrolled in Wheat Ridge schools**
- Monday 8-4, Tuesday 9:30-4, Wednesday 8-11:30, Thursday 9:30-4, Friday 8:30-3:30
- Food and clothing bank can be used once a week
- Families must present an ID (parent ID or Wheat Ridge student ID)

### Golden

**His Provision**
303-359-6014
705 Ulysses St., Golden, CO 80401
[http://find.foodbankrockies.org/80228/](http://find.foodbankrockies.org/80228/)
- Mondays 1:30pm – 4pm, must live in Jefferson County
- 3rd Thursday of every month 2 USDA programs (food stamps and leap automatically eligible or under Federal income guidelines
- 3rd Thursday of every month from 10am- 2pm Senior SFFP for ages 60+ under income guidelines.

**Church of Christ**
303-279-3872
1100 Ulysses St., Golden, Co 80401
[http://www.goldenchurchofchrist.org/home](http://www.goldenchurchofchrist.org/home)
- Call first. Need ID.
- Serves Golden and surrounding area. Food once every 3 months, provide own carrying item

### Littleton

**Mission Hills Church, Home and Health Ministries**
303-794-3564
620 South Park Dr., Littleton, CO 80120
- Open Tuesdays 5pm-7pm (Spanish interpreter on-site)
- Open Wednesdays 10am-1pm (Spanish interpreter on-site)
- ID or bill for identification needed, but no residency requirements

### Littleton

**Broadway Assistance Center Food Bank**
303-893-4108
1449 W. Littleton Blvd, Ste. 100, Littleton, CO 80102
- Food bank open Wednesday 5pm-7pm and Friday 9am-11am

### Mountain Communities

**Pine Community Church**
303-838-6181
16795 Country Road, Pine
• Call for times.

**Loaves and Fishes**
303-567-4450
545 Hwy 103/Chicago Creek Rd., Idaho Springs; [http://www.loavesandfishesco.org/contact-us.html](http://www.loavesandfishesco.org/contact-us.html)
• Call for Times
• Serves Gilpin & Clear Creek Counties

**Evergreen Christian Outreach**
303-670-1796
[www.evergreenchristainoutreach.org](http://www.evergreenchristainoutreach.org)
• Bancroft Hall, 27640 Hwy 74, Evergreen; Open Tuesday, Wednesday, and Thursday from 10am to 4pm. Must call to set apt.
• Serves Evergreen, Conifer, Kittridge, Idledale, Morrison, Bailey, Lookout Mtn, Indian Hills, North side of Shaffer’s Crossing.

**Gilpin County Food Bank**
303-582-5444
2960 Dory Hill Road, Suite 100, Black Hawk, CO 80422; [http://www.co.gilpin.co.us/human%20services/E%20&%20F%20Assistance.htm](http://www.co.gilpin.co.us/human%20services/E%20&%20F%20Assistance.htm)
• Food bank hours: Tuesday and Thursday 1:30pm – 4:00pm
• One box provided per month
• Spanish speaking services available

**Mountain Resource Center**
303-838-7552 x20
11030 Kitty Dr., Conifer, CO 80433; [http://www.mrcco.org/](http://www.mrcco.org/)
• Walk in to receive food, serves Evergreen, Conifer and Park County residents
• Monday: 2pm-5pm, Tuesday and Wednesday: 10am-1pm, Thursday: 10am-1pm and 2pm-7pm

**Denver County**

**ACS Community Lift (Adventist Community Services)**
303-935-7389
5045 W. 1st Ave., Denver, CO 80219, (Just East of Sheridan on 1st Ave); [www.acslift.org](http://www.acslift.org)
• Mon – Thurs 9am-12:30pm, Food assistance available once per 60 days
• Must have ID, proof of each family member, proof of income, proof of address & proof of individuals living in the home. Spanish available at times

**Community Ministry of SW Denver**
303-936-0469
1755 S. Zuni St. Denver (South of Florida Ave on S. Zuni); [http://www.comministry-denver.org/](http://www.comministry-denver.org/)
• Serves following zip codes – 80219, 80223, 80227, 80236
• Monday, Wednesday, and Thursday from 10am to 1:30pm, and Tuesdays from 2 to 4:30pm (Must arrive 30 minutes prior to closing to receive services)
• Must bring documentation of everyone in household, ID, and piece of mail with address that is post marked within the last 30 days to verify address.
• Can use up to 5x per year, must wait 30 days between visits
• People ages 55 or older may come 12 times per year, 30 days apart.

Denver Rescue Mission – Lawrence Street
303-294-0157
1130 Park Ave. West, Denver, CO
https://www.denverrescuemission.org/
• Meals offered at Lawrence Street Community Center at 5:30am, 12:00pm and 6:00pm
• Food boxes for elderly, ailing, disabled, and poor
• Call 303-331-2936 for food boxes

Denver Urban Ministries
303-355-4896
1717 E. Colfax Ave., Denver (between Williams & Gilpin)
www.denum.org
• Mondays, Tuesdays, and Thursdays: 9am-5:30pm
• May visit food bank up to 9x a year, must wait 30 days between each visit
• Must have an ID and piece of mail for proof of name and address, must be dated within the last 45 days.
• Serves anyone in need, Spanish available

Domestic Violence Initiative for Women with Disabilities
303-839-5510
http://www.dviforwomen.org/
• Food assistance available for disabled, victims of domestic violence.
• $25 King Sooper card when available and subject to approval
• No residency requirements.

Father Woody’s Haven of Hope
303 607-0855
1101 W. 7th Avenue; Denver , (Corner of 7th and Lipan)
http://www.frwoodyshavenofhope.org/
• Monday - Friday for Breakfast from 7am to 10:30am, Lunch from 11am to 1pm
• Provides breakfast and lunch but can only attend 1 meal a day.

ACTs Fellowship (Food Bank)
720-365-7588
3408 Gilpin St. Denver, Co 80205
http://denveracts.org/
• Open Wednesdays and Fridays at 9am and Open Thursday at 12 noon
• Food bank and food boxes, no residency restrictions
• May come weekly and emergency food available 24/7

32nd Avenue Jubilee Center
303) 477-3944
Bienvenidos Food bank held on Thursdays from 11am-12pm and 4pm-5:30pm @ Our Merciful Savior Church on 32 Avenue @ Wyandot.

Faith based nonprofit serving all Highlands Ranch area.

Afterschool programs, free health screening, utility and rental assistance. Help to pay co-pays on medical bills. Only serves- Zip Codes 80211 80212 and 80204, (must bring proof of residence.)

Metro Care Ring
303-860-7200
1100 E. 18th Ave., Denver, CO 80203
www.metrocarering.org

- Call to make an appointment 3 bussiness days in advance for quality service
- No residency requirement; Food bank & toiletries provided every 30 days
- Picture ID & proof of address dated in the last 30 days each visit
- Monday – Friday 9:30am-3pm. Tuesday 6pm-8pm. Closed first Wednesday of every month and most major holidays

The Potter’s House of Denver
303-369-8514
9495 E. Florida Ave., Denver, CO 80247
http://www.tphd.org/

- Sunday mornings Registration #1 from 8am-9am, Registration 2 from 10:15am-11am
- Sunday mornings Distribution #1 from 10:15am-11:15am, Distribution #2 from 12:15pm to 1:15pm
- Emergency food bags available Monday through Thursday from 9am to 5pm
- Call for details on both the registration sign-in’s and food distribution’s at 303-369-8514.

Salvation Army
303-295-2107
http://www.salvationarmyusa.org/

- Serving anyone living in Metro Denver area
- Call for locations nearest you; Spanish available

Food Bank of The Rockies, Commodity Supplemental Food Program
303-375-5816
http://www.foodbankrockies.org/feed365/?gclid=CLeoraulnssCFQKtAQo6hSAC5g

- Contact is Kelly Bacher
- Supplemental food program for low income pregnant women, families with children under 6 years of age and seniors 60 years of age or older.
- Call for eligibility, locations and times.

Volunteers of America
303-297-0408
2620 Larimer St., Denver, CO 80205
http://www.voacolorado.org/

- Bring Colorado ID for food bank access; Spanish available
- Open Mon – Thurs, 9am – 5pm;
- Meals: Mon - Thur: 8am, 11:30am, 5pm; Sun: 1pm
**Other Counties**

**Ansar Pantry**
303-459-2153
1480 Lima St., Aurora, CO 80010
- 3-day supply of food, personal care necessities and baby items as available (diapers, formula, food).
- Call to schedule an appointment or walk in Saturdays 9:30am – 12pm
- Citizenship not required; Can only receive services 1x every 30 days

**Colfax Community Network**
303-360-9175
1585 Kingston Street, Aurora, Co 80010; services in English & Spanish
http://colfaxcommunitynetwork.org/
- Unstable households, anyone in need, no restrictions
- Also offer referral numbers for shelters, employment, health services and other food and clothing banks and more discussed during intake
- Walk in Hours: Monday through Thursda from 10am to 1pm (once a month)
- 4th Thursday of every month free dinner at 6pm (fun games and prizes)

**Growing Home**
303-426-0430
3489 W. 72nd Ave. #112, Westminster, CO 80033
www.growinghome.org
- Food pantry open every morning from 10am-12 noon, seven days a week
- Requirements only able to serve families, identification at first point of contact, must be 18 or older with dependents.
- Personal Hygiene items and diapers and other items as needed provided
- Referrals provided for families to clothing banks, and a medical van for uninsured patients.

**Café 180**
303-761-4510
3315 S. Broadway, Englewood, CO 80113
http://www.cafe180.org/
- Customers pay what they can afford. If they cannot afford to pay anything they are asked to volunteer an hour of service at Café 180.
- Open for lunch Tuesday-Saturday from 11:00am-2:00pm

**Home-Bound Resources**

**Meals on Wheels – Volunteers of America**
Jefferson, Adams, Arapahoe, Denver, Gilpin, Clear Creek or Douglas Counties: 303-294-0111 Littleton and Englewood 303-798-7642
http://www.voacolorado.org/gethelp-denvermetro-foodnutrition-mow
- Delivers meals to elderly (60+) and homebound individuals.
- There is no charge for the meals, but individuals who receive Meals on Wheels are asked to contribute what they can afford toward the cost of the meals. However, no one is denied service because of an inability to make a contribution.

**Meals on Wheels – Seniors’ Resource Center (Evergreen)**
303-674-2843
5120 Highway 73, Evergreen, CO 80439

- Delivery of nutritionally balanced meals to seniors and disabled individuals who are confined to their homes
  - Microwavable hot lunch meals provided daily, delivered Monday through Friday
- Market Basket is a program that delivers to your home monthly, providing fresh produce, dairy, bread and 10 frozen meals.
- SRC also picks up food from Food banks to sort and deliver to people in the community who are in need, call for details about any of the above services.

**Project Angel Heart**
303-830-0202 or 1-800-381-5612
[https://www.projectangelheart.org/](https://www.projectangelheart.org/)

- Free, home delivered meals for persons living with life-threatening illnesses to the Metro Denver area and Colorado Springs. Meals are tailored to meet each client’s nutritional needs.
- Call for application and further information. Physician’s referral needed.
- Eligibility: Life-threatening illness plus factor of limited mobility. Proof of income required but does not impact eligibility.

**Meal Resources**

**St. Paul’s Episcopal Church**
303-233-4991
9200 W. 10th Avenue (Corner of 10th & Garrison), Lakewood, CO 80215

- Free community dinner 1st Wednesday of the month at 5:30pm to 7:00pm.
- Occasionally it may be the 2nd Wednesday if the 1st Wednesday is a holiday (like July 4th) or a Holy Day (like Ash Wednesday), please call ahead of time to make sure of the actual day.
- All are welcome, no charge.

**First United Methodist Church of Golden**
303-279-3484
1500 Ford Street, Golden, CO 80401

- *Meals:* Lunch served every Thursday from 11:30am to 1pm.

**Lawrence St - Denver Rescue Mission**
303-294-0157
1130 Park Ave. West, Denver, CO
[https://www.denverrescuemission.org/location/lawrence-street-shelter](https://www.denverrescuemission.org/location/lawrence-street-shelter)

- 3 meals a day/365 days a year
- *Meals:* Breakfast 5:30am, Lunch 12-1pm, Dinner 6:30pm
- Also provides food boxes and clothing when available, please call for information first.

**Cathedral of The Immaculate Conception**
303-831-7010
1530 Logan St., Denver, CO (NE of Colfax and Lincoln)
[http://www.denvercathedral.org/index.html](http://www.denvercathedral.org/index.html)

- *Meals:* Sandwiches, 830am Mon- Fri
- Sacks of food (not a food bank) between 1 and 130pm
- Above services available Monday through Friday except for Holidays

**Capitol Hill Community Services**
303-847-8239

- **Meals:** Hot Lunches served at multiple locations in Denver
  - **Mon:** 11:45am-12:15pm, First Baptist Church, 1373 Grant St.
  - **Tues:** 12pm, AME Jordan Church, 2900 Milwaukee St.
  - **Wed:** 11:45am-12:15pm, Trinity United Methodist Church, 1820 Broadway
  - **Thurs:** 11:45am-12:15pm, Trinity United Methodist Church, 1820 Broadway
  - **Fri:** 11:45am-12:15pm, Trinity United Methodist Church, 1820 Broadway
  - **Sat:** 11:30am-12:15pm, Agape Christian Church, 2501 California

**Holy Ghost Church**
303-297-3441
1900 California St., Denver, CO 80202

- **Meals:** Monday through Saturday, sandwiches, 10 – 10:30am.

**St. Elizabeth's Church**
303-534-4014
1060 St. Francis Way, Denver, CO 80204 (NW of Colfax and Speer)

- **Meals:** Sandwiches, 11-11:30am (closed Christmas & Thanksgiving)

**Catholic Worker Soup Kitchen located at St. Francis Center**
303-296-6390
2323 Curtis St., Denver, CO (Just East of Broadway and Park Ave. W)

- **Meals:** 3pm to 4:30pm Wed & Fri except the 3rd Wed of the month

**Urban Peak - The Spot**
303-974-2973,
2100 Stout St. Denver, CO

- **Meals:** for youth ages 17 to 24.
- Breakfast is served Mon – Fri from 8:00 a.m. – 10:00 a.m.; Barbeque on Tuesdays 4pm – 5pm
- Chores available around 10am to be rewarded with a sack lunch, call for more details.

**The Gathering Place**
303-321-4198,
1535 High St., Denver, CO 80218 (NW of Colfax and York)
[http://tgpdenver.org/](http://tgpdenver.org/)

- **Meals:** Women, children, and transgender people only.
- Breakfast: 8:30am, Lunch: 11:30am, and Snack 3:30pm
- Spanish spoken

**Volunteers Of America – Dining Centers**
303-294-0111
Numerous locations. Call for one near you.
• Program provides hot nutritious meals at dining centers throughout Denver Metro, Gilpin, Clear Creek and Larimer Counties. Please call 970-472-9630 for reservations
  o Larimer County sites require a reservation by 1:30 p.m. the business day before you would like to attend.
• Open to seniors (60+) and their partners or caregivers
• Serves Clear Creek, Gilpin, Jefferson, Adams, Arapahoe, Denver and Douglas counties
• Donation of $2.50 per meal suggested, but not mandatory

**Congregate Meals at the Project Support Senior Center**
303-567-2382
1402 Miner St. Idaho Springs
• Meals: Various mountain locations. Call for more information
• $2.50 cost for seniors and their spouses, and for everyone else it is $7.25
• Lunch varies on Monday through Friday 11:30 to 12pm

*Please ask Navigation for additional Senior-specific resources if needed*