

Food Resources



Jefferson Center
for mental health

Hunger Free Hotline

720-382-2920 or 1-855-855-4626

<http://www.hungerfreecolorado.org/>

- Referrals to food resources and information
- Spanish speaking available
- Monday-Friday 8am-4:30pm

Arvada

Agape Life Fellowship

303-431-6481

5970 w. 60th Ave, Arvada, CO 80003(near Sheridan & W. 60th)

<http://www.agapelifelife.org/food-outreach/>

- Food bank available once a month on Tuesdays from 1-2pm, by appointment only
- May also pick up food at food bank after Sunday services (9:45-10:15)
- Commodities available during scheduled Thursdays of the month (see calendar on website)10-11am
- Serves Jefferson County residents.
 - Proof of residency and an ID needed

Arvada Community Food Bank

303-424-6685

8555 W. 57th Ave. Arvada Co. 80002

<http://arvadacommunityfoodbank.org/>

- Open Mon,Tues,Thurs,Fri. 12pm-3:45pm
- Open Wed 12pm to 5:45pm (closed on 2nd Wed of every month)
- Serves areas from 26th to 120th & East Sheridan to and West to Hwy 93
- Need Picture ID

Inter-Church Arms (Arvada United Methodist Church)

303-424-6283

6750 Carr St., Arvada, CO 80004

http://www.hopehouseofcolorado.org/index.cfm/id/63/directory_id/208/

- Call for an appointment
- Need picture ID. No residency requirements.

Foothills Community Church Food Pantry

303-420-2777

8270 W. 80th Ave. Arvada, CO 80005

<http://www.foothillsonline.org/>

- 3rd Thursday of the month, 10-11:30am
- Modest paperwork required

Arvada Covenant Church

303-422-1235

5555 Ward Rd., Arvada, CO 80002

- No requirements to qualify

What is a food bank?

Food banks are often non-profit, charitable organizations that distribute food to those in need.

Some food banks will only serve those living within a certain area, such as a city or county. Other food banks have no residency requirements. Many, but not all, food banks require an ID and some require other documentation, such as a piece of mailing.

It is important to call before showing up to verify that the information has not changed.

The resources in this document are grouped as follows:

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If viewing on a computer, Hold CTRL+ Click

[Jefferson County Food Banks](#) to access our interactive map.

Please contact Navigation if any information is incorrect to help us keep our resources accurate.



- Tuesday & Thursday 10am-11:30am & 1pm-2:30pm, Friday 1pm-2:30pm
- Wheat Ridge and Arvada residents only

Lakewood

The Action Center

303-237-7704

8755 W. 14th Ave., Lakewood, CO 80215 (between Carr and Garrison)

<http://theactioncenterco.org/>

- Call for times, Photo ID and proof of Jefferson County resident.
- 5 day supply, up to 6 times per year. Will work with special diets or allergies.
- *Meals:* J-HELP provides hot meals five days a week for some that do not qualify for Meals on Wheels.

Helping Our People Excel

720-255-4021

11949 W. Colfax Ave, Lakewood CO 80215 - Every Wednesday 9am-1pm

3940 S. Broadway, Englewood, CO 80113 - Every Monday 11am-3pm

<http://www.hope-online.org/>

Kings Cupboard – Faith Mountain

303-980-1683

12344 W. Alameda Pkwy, Lakewood, CO 80228

<http://faith-mountain.org/kings-cupboard/>

- Food bank that serves Lakewood residents on the 2nd and 4th Saturday of every month from 9am to 11am. Need proof of Lakewood residence

Shepherd's Pantry

303-233-3430

220 S. Yarrow St, Lakewood, CO 80226

<http://www.lightandlife.net/>

- Open every 3rd Saturday of the month from 9am to 10:30am. Need proof of residence and ID.
- Breakfast provided.

Hope Crossing Church (Christ Baptist)

303-986-9578

3000 S. Wadsworth Blvd., Lakewood, CO 80227

- Call from 10am-2pm, serves living in zip codes 80226, 80219, 80232, 80227.
- Once a month for 3 months, Tuesdays and Saturdays from 10am-12pm

Green Mountain Christian Church

303-985-0754

10700 W. Exposition Dr. Lakewood, CO 80226

<http://gmccnow.com/>

- On the 2nd and 4th Friday of the month from 6pm-7pm (schedule varies)
- Gives food boxes to anyone in need.
- Photo ID needed



Belmar Baptist Church

303-986-5500

460 S. Kipling, Lakewood, CO 80226

<http://belmarchurch.com/index.php>

- Food bank open each Thursday from 6:30pm–8:30pm. (Doors open at 5:30)
- Photo ID requested(not required)
- All services are FREE

Grace Covenant Church

303-988-7505 ext. 13

10101 W. Mississippi Avenue, Lakewood CO, 80226 South Building

<http://www.gracecovenantlakewood.org/>

- 3rd Thursday of each month from 6pm – 7:30pm(need ID,Lakewood residence)

Edgewater**God's Table – For Such a Time as This**

303-232-2258

6400 W. 26th Ave. Edgewater, CO 80214<http://vcchurch.org/>

- Food pantry and emergency food services once a month, everyone is welcome; Third Saturday, 9am – 11am

Wheat Ridge**The Carpenter's Cupboard (The World for Jesus International)**

303-893-8363

1533 GLEN AYR DR., LAKEWOOD, CO 80215

<http://theworldforjesus.net/>; dclifton@theworldforjesus.net

- Food boxes are available on the open Friday night Bible study group at the above address at 6:30pm

Jefferson Avenue United Methodist Church Food Bank

303-424-0463

4425 Kipling St. (44th and Kipling), Wheat ridge, CO 80033<http://www.jeffave.qwestoffice.net/index2.html>

- 1st and 3rd Wednesday of month from 9 to 11am or until items are gone, residency restrictions
- Bring own carrying supplies
- Need ID and piece of mail dated within last 30 days.

Calvary Temple Christian Church

720-898-0855

7390 W. 38th Ave., Wheat Ridge, CO 80033<http://www.calvarytemplecc.com/>

- 3rd Saturday of the month, 10am-12pm
- Need ID and proof of address, Wheat Ridge residents only

Arvada Covenant Church

303-422-1235

5555 Ward Rd., Arvada, CO 80002

- No requirements to qualify



- Tuesday & Thursday 10am-11:30am & 1pm-2:30pm, Friday 1pm-2:30pm
- Wheat Ridge and Arvada residents only

The Hub

303-982-2198

Stevens Elementary 7101 West 38th Ave., Wheat Ridge, CO 80033

- ****Only available to families with a child enrolled in Wheat Ridge schools****
- Monday 8-4, Tuesday 9:30-4, Wednesday 8-11:30, Thursday 9:30-4, Friday 8:30-3:30
- Food and clothing bank can be used once a week
- Families must present an ID (parent ID or Wheat Ridge student ID)

Golden

His Provision

303-359-6014

705 Ulysses St., Golden, CO 80401

<http://find.foodbankrockies.org/80228/>

- Mondays 1:30pm – 4pm, must live in Jefferson County
- 3rd Thursday of every month 2 USDA programs (food stamps and leap automatically eligible or under Federal income guidelines)
- 3rd Thursday of every month from 10am- 2pm Senior SFFP for ages 60+ under income guidelines.

Church of Christ

303-279-3872

1100 Ulysses St., Golden, Co 80401

<http://www.goldenchurchofchrist.org/home>

- Call first. Need ID.
- Serves Golden and surrounding area. Food once every 3 months, provide own carrying item

Littleton

Mission Hills Church, Home and Health Ministries

303-794-3564

620 South Park Dr., Littleton, CO 80120

<http://www.missionhills.org/>

- Open Tuesdays 5pm-7pm (Spanish interpreter on-site)
- Open Wednesdays 10am-1pm (Spanish interpreter on-site)
- ID or bill for identification needed, but no residency requirements

Broadway Assistance Center Food Bank

303-893-4108

1449 W. Littleton Blvd, Ste. 100, Littleton, CO 80102

<http://www.denverbac.org/>

- Food bank open Wednesday 5pm-7pm and Friday 9am-11am



Mountain Communities

Pine Community Church

303-838-6181

16795 Country Road, Pine

- Call for times.

Loaves and Fishes

303-567-4450

545 Hwy 103/Chicago Creek Rd., Idaho Springs;

<http://www.loavesandfishesco.org/contact-us.html>

- Call for Times
- Serves Gilpin & Clear Creek Counties

Evergreen Christian Outreach

303-670-1796

www.evergreenchristainoutreach.org

- Bancroft Hall, 27640 Hwy 74, Evergreen; Open Tuesday, Wednesday, and Thursday from 10am to 4p.m Must call to set appt.
- Serves Evergreen, Conifer, Kittridge, Idledale, Morrison, Bailey, Lookout Mtn, Indian Hills, North side of Shaffer's Crossing.

Gilpin County Food Bank

303-582-5444

2960 Dory Hill Road, Suite 100, Black Hawk, CO 80422

<http://www.co.gilpin.co.us/human%20services/E%20&%20F%20Assistance.htm>

- Food bank hours: Tuesday and Thursday 1:30pm – 4:00pm
- One box provided per month
- Spanish speaking services available

Mountain Resource Center

303-838-7552 x20

11030 Kitty Dr., Conifer, CO 80433

<http://www.mrcco.org/>

- Walk in to receive food, serves Evergreen, Conifer and Park County residents
- Monday: 2pm-5pm, Tuesday and Wednesday: 10am-1pm, Thursday: 10am-1pm and 2pm-7pm

Denver County

ACS Community Lift (Adventist Community Services)

303-935-7389

5045 W. 1st Ave., Denver, CO 80219, (Just East of Sheridan on 1st Ave)

www.acslift.org

- Mon – Thurs 9am-12:30pm, Food assistance available once per 60 days
- Must have ID, proof of each family member, proof of income, proof of address & proof of individuals living in the home. Spanish available at times



Community Ministry of SW Denver

303-936-0469

1755 S. Zuni St. Denver (South of Florida Ave on S. Zuni)

<http://www.comministry-denver.org/>

- Serves following zip codes – 80219, 80223, 80227, 80236
- Monday, Wednesday, and Thursday from 10am to 1:30pm, and Tuesdays from 2 to 4:30pm (Must arrive 30 minutes prior to closing to receive services)
- Must bring documentation of everyone in household, ID, and piece of mail with address that is post marked within the last 30 days to verify address.
- Can use up to 5x per year, must wait 30 days between visits
- People ages 55 or older may come 12 times per year, 30 days apart.

Denver Rescue Mission – Lawrence Street

303-294-0157

1130 Park Ave. West, Denver, CO

<https://www.denverrescuemission.org/>

- Meals offered at Lawrence Street Community Center at 5:30am, 12:00pm and 6:00pm
- Food boxes for elderly, ailing, disabled, and poor
- Call 303-331-2936 for food boxes

Denver Urban Ministries

303-355-4896

1717 E. Colfax Ave., Denver (between Williams & Gilpin)

www.denum.org

- Mondays, Tuesdays, and Thursdays: 9am-5:30pm
- May visit food bank up to 9x a year, must wait 30 days between each visit
- Must have an ID and piece of mail for proof of name and address, must be dated within the last 45 days.
- Serves anyone in need, Spanish available

Domestic Violence Initiative for Women with Disabilities

303-839-5510

<http://www.dviforwomen.org/>

- Food assistance available for disabled, victims of domestic violence.
- \$25 King Sooper card when available and subject to approval
- No residency requirements.

Father Woody's Haven of Hope

303 607-0855

1101 W. 7th Avenue; Denver , (Corner of 7th and Lipan)<http://www.frwoodyshavenofhope.org/>

- Monday - Friday for Breakfast from 7am to 10:30am, Lunch from 11am to 1pm
- Provides breakfast and lunch but can only attend 1 meal a day.

ACTs Fellowship (Food Bank)

720-365-7588

3408 Gilpin St. Denver, Co 80205

<http://denveracts.org/>

- Open Wednesdays and Fridays at 9am and Open Thursday at 12 noon



- Food bank and food boxes, no residency restrictions
- May come weekly and emergency food available 24/7

32nd Avenue Jubilee Center

303) 477-3944

2222 W. 32nd Ave. Denver, Co 80211

<http://www.jubilee32.org/>

- Bienvenidos Food bank held on Thursdays from 11am-12pm and 4pm-5:30pm @ Our Merciful Savior Church on 32 Avenue @ Wyandot.
- Faith based nonprofit serving all Highlands Ranch area.
Afterschool programs, free health screening, utility and rental assistance. Help to pay co-pays on medical bills. Only serves- Zip Codes 80211 80212 and 80204, (must bring proof of residence.)

Metro Care Ring

303-860-7200

1100 E. 18th Ave., Denver, CO 80203

www.metrocarering.org

- Call to make an appointment 3 business days in advance for quality service
- No residency requirement; Food bank & toiletries provided every 30 days
- Picture ID & proof of address dated in the last 30 days each visit
- Monday – Friday 9:30am-3pm. Tuesday 6pm-8pm. Closed first Wednesday of every month and most major holidays

The Potter's House of Denver

303-369-8514

9495 E. Florida Ave., Denver, C) 80247

<http://www.tphd.org/>

- Sunday mornings Registration #1 from 8am-9am, Registration 2 from 10:15am-11am
- Sunday mornings Distribution #1 from 10:15am-11:15am, Distribution #2 from 12:15pm to 1:15pm
- Emergency food bags available Monday through Thursday from 9am to 5pm
- Call for details on both the registration sign-in's and food distribution's at 303-369-8514.

Salvation Army

303-295-2107

<http://www.salvationarmyusa.org/>

- Serving anyone living in Metro Denver area
- Call for locations nearest you; Spanish available

Food Bank of The Rockies, Commodity Supplemental Food Program

303-375-5816

<http://www.foodbankrockies.org/feed365/?gclid=CLEoraulnssCFQKTaQodhSAC5g>

- Contact is Kelly Bacher
- Supplemental food program for low income pregnant women, families with children under 6 years of age and seniors 60 years of age or older.
- Call for eligibility, locations and times.

Volunteers of America

303-297-0408

2620 Larimer St., Denver, CO 80205

<http://www.voacolorado.org/>



- Bring Colorado ID for food bank access; Spanish available
- Open Mon – Thurs, 9am – 5pm;
- *Meals*: Mon - Thur: 8am, 11:30am, 5pm; Sun: 1pm

Other Counties

Ansar Pantry

303-459-2153

1480 Lima St., Aurora, CO 80010

- 3-day supply of food, personal care necessities and baby items as available (diapers, formula, food).
- Call to schedule an appointment or walk in Saturdays 9:30am – 12pm
- Citizenship not required; Can only receive services 1x every 30 days

Colfax Community Network

303-360-9175

1585 Kingston Street, Aurora, Co 80010; services in English & Spanish

<http://colfaxcommunitynetwork.org/>

- Unstable households, anyone in need, no restrictions
- Also offer referral numbers for shelters, employment, health services and other food and clothing banks and more discussed during intake
- Walk in Hours: Monday through Thursda from 10am to 1pm (once a month)
- 4th Thursday of every month free dinner at 6pm (fun games and prizes)

Growing Home

303-426-0430

3489 W. 72nd Ave. #112, Westminster, CO 80033

www.growinghome.org

- Food pantry open every morning from 10am-12 noon, seven days a week
- Requirements only able to serve families, identification at first point of contact, must be 18 or older with dependents.
- Personal Hygiene items and diapers and other items as needed provided
- Referrals provided for families to clothings banks, and a medical van for uninsured patients.

Café 180

303-761-4510

3315 S. Broadway, Englewood, CO 80113

<http://www.cafe180.org/>

- Customers pay what they can afford. If they cannot afford to pay anything they are asked to volunteer an hour of service at Café 180.
- Open for lunch Tuesday-Saturday from 11:00am-2:00pm

Home-Bound Resources

Meals on Wheels – Volunteers of America

Jefferson, Adams, Arapahoe, Denver, Gilpin, Clear Creek or Douglas Counties: 303-294-0111 Littleton and Englewood 303-798-7642

<http://www.voacolorado.org/gethelp-denvermetro-foodnutrition-mow>

- Delivers meals to elderly (60+) and homebound individuals.



- There is no charge for the meals, but individuals who receive Meals on Wheels are asked to contribute what they can afford toward the cost of the meals. However, no one is denied service because of an inability to make a contribution.

Meals on Wheels – Seniors’ Resource Center (Evergreen)

303-674-2843

5120 Highway 73, Evergreen, CO 80439

<http://srcaging.org/src-evergreen-nutrition-programs/>

- Delivery of nutritionally balanced meals to seniors and disabled individuals who are confined to their homes
 - Microwavable hot lunch meals provided daily, delivered Monday through Friday
- Market Basket is a program that delivers to your home monthly, providing fresh produce, dairy, bread and 10 frozen meals.
- SRC also picks up food from Food banks to sort and deliver to people in the community who are in need, call for details about any of the above services.

Project Angel Heart

303-830-0202 or 1-800-381-5612

<https://www.projectangelheart.org/>

- Free, home delivered meals for persons living with life-threatening illnesses to the Metro Denver area and Colorado Springs. Meals are tailored to meet each client’s nutritional needs.
- Call for application and further information. Physician's referral needed.
- Eligibility: Life-threatening illness plus factor of limited mobility. Proof of income required but does not impact eligibility.

Meal Resources

St. Paul’s Episcopal Church

303-233-4991

9200 W. 10th Avenue (Corner of 10th & Garrison), Lakewood, CO 80215

<http://www.stpaulslakewood.org/>

- Free community dinner 1st Wednesday of the month at 5:30pm to 7:00pm.
- Occasionally it may be the 2nd Wednesday if the 1st Wednesday is a holiday (like July 4th) or a Holy Day (like Ash Wednesday), please call ahead of time to make sure of the actual day.
- All are welcome, no charge.

First United Methodist Church of Golden

303-279-3484

1500 Ford Street, Golden, CO 80401

<http://www.goldenfirstumc.org/>

- *Meals:* Lunch served every Thursday from 11:30am to 1pm.

Lawrence St - Denver Rescue Mission

303-294-0157

1130 Park Ave. West, Denver, CO

<https://www.denverrescuemission.org/location/lawrence-street-shelter>

- 3 meals a day/365 days a year
- *Meals:* Breakfast 5:30am, Lunch 12-1pm, Dinner 6:30pm
- Also provides food boxes and clothing when available, please call for information first.



Cathedral of The Immaculate Conception

303-831-7010

1530 Logan St., Denver, CO (NE of Colfax and Lincoln)

<http://www.denvercathedral.org/index.html>

- *Meals:* Sandwiches, 830am Mon- Fri
- Sacks of food (not a food bank) between 1 and 130pm
- Above services available Monday through Friday except for Holidays

Capitol Hill Community Services

303-847-8239

- *Meals:* Hot Lunches served at multiple locations in Denver
 - *Mon:* 11:45am-12:15pm, First Baptist Church, 1373 Grant St.
 - *Tues:* 12pm, AME Jordan Church, 2900 Milwaukee St.
 - *Wed:* 11:45am-12:15pm, Trinity United Methodist Church, 1820 Broadway
 - *Thurs:* 11:45am-12:15pm, Trinity United Methodist Church, 1820 Broadway
 - *Fri:* 11:45am-12:15pm, Trinity United Methodist Church, 1820 Broadway
 - *Sat:* 11:30am-12:15pm, Agape Christian Church, 2501 California

Holy Ghost Church

303-297-3441

1900 California St., Denver, CO 80202

<http://www.holyghostchurch.org/>

- *Meals:* Monday through Saturday, sandwiches, 10 – 10:30am.

St. Elizabeth's Church

303-534-4014

1060 St. Francis Way, Denver, CO 80204 (NW of Colfax and Speer)

<http://stelizabethdenver.org/>

- *Meals:* Sandwiches, 11-11:30am (closed Christmas & Thanksgiving)

Catholic Worker Soup Kitchen located at St. Francis Center

303-296-6390

2323 Curtis St., Denver, CO (Just East of Broadway and Park Ave. W)

- *Meals:* 3pm to 4:30pm Wed & Fri except the 3rd Wed of the month

Urban Peak- The Spot

303-974-2973,

2100 Stout St. Denver, CO

<http://www.urbanpeak.org/>

- *Meals:* for youth ages 17 to 24.
- Breakfast is served Mon – Fri from 8:00 a.m. – 10:00 a.m.; Barbeque on Tuesdays 4pm – 5pm
- Chores available around 10am to be rewarded with a sack lunch, call for more details.

The Gathering Place

303-321-4198,

1535 High St., Denver, CO 80218 (NW of Colfax and York)

<http://tgpdenver.org/>

- *Meals:* Women, children, and transgender people only.
- Breakfast- 8:30am, Lunch- 11:30am, and Snack 3:30pm



- Spanish spoken

Volunteers Of America – Dining Centers

303-294-0111

Numerous locations. Call for one near you.

- Program provides hot nutritious meals at dining centers throughout Denver Metro, Gilpin, Clear Creek and Larimer Counties. Please call 970-472-9630 for reservations
 - Larimer County sites require a reservation by 1:30 p.m. the business day before you would like to attend.
- Open to seniors (60+) and their partners or caregivers
- Serves Clear Creek, Gilpin, Jefferson, Adams, Arapahoe, Denver and Douglas counties
- Donation of \$2.50 per meal suggested, but not mandatory

Congregate Meals at the Project Support Senior Center

303-567-2382

1402 Miner St. **Idaho Springs**

- *Meals:* Various mountain locations. Call for more information
- \$2.50 cost for seniors and their spouses, and for everyone else it is \$7.25
- Lunch varies on Monday through Friday 11:30 to 12pm

**Please ask Navigation for additional Senior-specific resources if needed*

