

Support at Jefferson Center

Jefferson Center for Mental Health

303-425-0300

Multiple Locations

<http://www.jcmh.org>

- Outpatient Groups – Offers a wide range of support groups for clients of Jefferson Center.
- *Please contact Navigation at (303) 432-5130 to learn more about Jefferson Center's current offerings.*

Support in the Community

Lutheran Medical Center – Dragonfly Program

303-425-8000

Collier Center, 3210 Lutheran Parkway, Wheat Ridge, CO

<http://www.lutheranmedicalcenter.org/services-and-departments/hospice/grief-support/>

- Offers a seven-week grief support group for children ages 6-12 and their parents or guardians, as well as one-on-one sessions and support services.
- Scholarships may be available. Call for details.

Judi's House

720-941-0331

1741 Gaylord St., Denver CO 80206

www.judishouse.org

- Provides support groups, grief education groups, individual and family counseling, and activities for children ages 3-18 and young adults 18-25. Also provides support and education for caregivers of grieving children and youth.
- Services are available in Spanish.
- Services are provided free of charge to children and families grieving a death loss of any kind. Donations accepted.

There are several **free groups** in our community. *Many of the organizations that provide grief support in the community also offer individual grief counseling and family support.*

Our resources are grouped into the following categories:

- [Support at Jefferson Center](#) – p.1
- [Support in the Community](#) – p.1
- [Support for Children whose Parent has Cancer](#) – p.2
- [Support for Loss of a Pet](#)
- – p.2
- [Other Resources and Support](#) – p.3

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

The Denver Hospice – Footprints Children's Grief Center

303-321-2828

501 S. Cherry St. Ste. 700, Denver, CO

<http://www.thedenverhospice.org/Pages/Home.aspx>



- Provides specialized support to children and teens with anticipatory grief while a loved one is ill. Also provides individual counseling to grieving children following a death loss, as well as coaching for parents and caregivers around how to best support their child through the grief process.
- The first three sessions are free to family and friends of patients of The Denver Hospice. The Denver Hospice Grief Center is also open to the community, offering grief counseling for \$65 per hour session.

HeartLight Center – Starfish Program

720-748-9908

11150 E. Dartmouth Avenue, Aurora, CO 80014

http://www.heartlightcenter.org/starfish_program_grieving_children_colorado/

- Provides grief support groups, advocacy, community education and outreach, as well as family peer support groups and additional family services
- Registration must be completed before children may attend the Starfish Program. Weekly sessions cost \$5 for families with one child attending/\$10 for families with 2 or more children attending

Mt. Evans Hospice – Camp Comfort

303-674-6400 Monday-Friday 8:30-5:30pm

Georgetown, Colorado, 35 miles west of Denver

<http://www.mtevans.org/camp-comfort/>

- Camp Comfort is a weekend camp offered twice each summer by Mt. Evans Home Health & Hospice to address the special needs of grieving children ages 6 to 12. Grief workshops are balanced with recreational activities like swimming, hiking, and fishing so children feel free to have fun and just be kids.
- The cost, \$150 per child, includes all meals, snacks, overnight accommodations, recreation, and workshops. Some scholarships are available for those unable to pay all or part of the registration fee.

Support for Children whose Parent has Cancer

Kids Alive

303-778-5832

2525 South Downing Street, Denver, Colorado 80210

www.porterhospital.org

- Provides group services, peer support, and individual support for children, ages 6-16, who have a parent or caregiver diagnosed with cancer.
- Services are free of charge.
- Meeting calendar is available at: <http://www.kidsalivecolorado.org/upcoming-events/>

Support for Loss of a Pet

Denver Pet Loss Support Group

303-318-0447

Pet Aid Hospital, 191 Yuma Street (North East Entrance)

<http://www.humananimalbondtrust.org/>



- Provides the help of professional grief counselors through the Pet Loss Support Group. Meets every Thursday evening from 6:30 to 8:00 p.m. in the second floor board room of the Denver Area Veterinary Medical Society Office at 191 Yuma Street, NE entrance to PetAid Colorado-Harrison Center for Animals. May be appropriate for older children and youth.
- Contact Navigation for a recommended book list from Human Animal Bond Trust for children who are grieving for a pet.

Other Resources and Support

Horses Healing Grief Provided by Philippi Center, Inc.

303-766-4111

13710 E. Rice Place, Ste. 150, Aurora, CO 80015

<http://philippicenter.com/>

- Offers a onetime, half day, equine assisted support group for children and their care givers who have had a loved one die. Sessions are offered during the summer, and the next session will be held in Summer 2016.
- There is no cost to participate in Horses Healing Grief, but donations are appreciated.

The Family Lives On Foundation

610-458-1690 ext. 103 or info@familyliveson.org

<http://www.familyliveson.org/>

- Supports bereaved children and teens in continuing traditions they shared with their deceased parent. Family Lives On arranges and pays for the entire tradition request for each child annually until the child turns 18.
- Program criteria include:
 - Children between the ages of 3 and 18 whose mothers or fathers have died.
 - Participants must live in the United States of America.
 - Families must directly request Family Lives On's support.
- Families may request services online.

