

Parenting Classes: Divorce / Separation



Jefferson Center
for mental health

Jefferson County – Parenting Classes

Parents and Children’s Educational Class

303-738-2284

www.familydivorceclass.com

- If you are seeking a Dissolution of Marriage or Legal Separation and meet the following criteria you and your child(ren) **MUST** attend this class:
 - Have any child between ages 6-17 years old;
 - One or both parties live in the State of Colorado; and
 - Parties have been physically separated two years or less.
- Call number above, press 2, and leave name and phone number to register for Jefferson County seminar. Can also register online. Classes are held at different locations in Jefferson County.
- Cost is \$50; must pay cash at time of class.

Parenting After Divorce

303-329-9942

www.parentingafterdivorce.org

- Serves Denver and the Front Range: Numerous locations including Lakewood.
- If you are seeking a Dissolution of Marriage or Legal Separation and you do not meet the criteria for Parents and Children’s Educational Class, then you may attend this class.
 - Classes in Spanish available
- Full fee of \$65 per person

In the Best Interests of Children

303-273-0459

www.disputepro.com/parenting

1746 Cole Blvd, Bldg. 21, Ste. 295, Golden, CO

- If you are seeking a Dissolution of Marriage or Legal Separation and you do not meet the criteria for Parents and Children’s Educational Class, you may attend this class
- Locations in Arvada, Lakewood, Littleton, & Westminster
- Focus on such things as: impact of family conflict on children, building effective parenting plans, developmental needs of children, creating new family relationships, developing "positive co-parenting", preventing parent alienation syndrome, seeking a child's best interests
- Call number above to register at any location. Can also register online at website above.
- Cost is \$60 per person.

Shared Parenting Thru Divorce

303-462-1060 or 303-422-2133

1777 Kipling Street, Lakewood, CO 80215

- If you are seeking a Dissolution of Marriage or Legal Separation and you do not meet the criteria for Parents and Children’s Educational Class, you may attend this class
- Family Tree runs this class program. Please contact program directly for information as to where and when the class is given.

The following is a list of resources that is grouped into the following categories:

- [Jefferson County classes](#) - pages 1-2
- [Online classes](#) – pages 2-3

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.



Never Married Parents Educational Class

303-738-2284

www.familydivorceclass.com

- This class is specifically for parents who have never been married or for non-parents who have filed a Petition for Allocation of Parental Responsibilities.

Shared Parenting Support Program – Colorado Family Center, PLLC

303-794-7761

11 W. Dry Creek Circle, Suite 140, Littleton, CO 80120

- A highly effective, structured program for divorced parents who want to learn new communication and co-parenting skills.
- SPSP generally consists of 10 sessions in which parents acquire improved skills that will reduce conflict. The co-parents attend the intake session and parents' partners join the parents for all additional sessions.
- The goal is to create a co-parenting team that works together to resolve issues related to the children in a business-like manner, and to reduce conflict within the co-parenting team. Reducing conflict in post-divorce families results in better adjustment for the children and less court involvement in the future.
- For more information please call one of our certified SPSP psychologists, at 303-794-7761.

Online Classes**In The Best Interests of Children**www.disputepro.com/parenting/

- Offers an on-line option with the same curriculum as the In The Best Interest Of Children class.
- Cost is \$65.

F.A.C.T. – Families Adjusting to Change and Transition

303-468-4137

www.factcolorado.com/

- Offers an on-line option with the same curriculum as its ordinary Parenting After Divorce Class.
- F.A.C.T.'s website enables immediate access/printing of a Certificate of Completion following successful testing of mastery of its course contents.
- Cost is \$60, Offered in English and Spanish.

Online Parenting Classeswww.parentingclass.net

- Classes offered include parenting, co-parenting, teen parenting, and court ordered parenting classes.
- Cost is \$29.95 – \$49.95

Positive Parenting through Divorce

866-778-3349

www.positiveparentingthroughdivorce.com/

- Provides an on-line course with workbook and course materials addressing co-parenting issues, children's developmental stages, new relationships, step-family issues, and healthy communication as well as some legal issues.



- Developed by a Florida marriage & family therapist and educator, the course guarantees its materials and certificate of completion satisfy all courts' divorce and parenting education class requirements.
- Cost online class is \$60 and mail out class is \$70, Course offered in English and Spanish.

Putting Kids First

888-300-4707

www.puttingkidsfirst.org

- Parenting, co-parenting and divorce classes.
- Nationwide, court-approved, online parenting class.
- Cost is \$60.

