

Sober Living Resources



Jefferson Center
for mental health

Carla Vista Sober Living

888-988-7028 or 720-535-6590

2024 S Rifle St, Aurora, CO 80013

<http://carlavista.com/>

- A safe environment that not only keeps you on track to sobriety, but does so in a way that holds you accountable for your actions requiring mandatory breathalyzer and drug tests as well as a background scan to provide safety and the best environment for recovery possible
- Call for information on availabilities and fees

Oxford House

720-542-3595

<http://www.oxfordhouse.org/>

- Drug and alcohol recovery house. Have male and female facilities. Individually ran by the residents. Decisions concerning occupancy are made as a group. Participants must be working and cooperate with house rules such as being clean, sober, and sharing chores.
- A recovering individual can live in an Oxford House for as long as he or she does not drink alcohol, does not use drugs, and pays an equal share of the house expenses. The average stay is about a year, but many residents stay three, four, or more years.
 - A recovering individual must complete a standard “Application for Membership” and be interviewed by the residents of the house he or she want to live in
- Contact each individual facility, or visit the website online, to determine availability:
 - Male facilities
 - 11900 W Alameda Ave, Lakewood, CO 80228 – 303-997-5792
 - 810 Taft St, Lakewood, CO 80226 – 303-988-7541
 - 310 E Geddes Ave, Littleton, CO 80122 – 720-502-5263
 - 9702 W 67th Pl, Arvada, CO 80004 – 720-328-8704
 - 5319 Independence Street, Arvada, CO 80002 – 909-913-2246
 - 180 Osceola St, Denver, CO 80219 – 303-284-9298
 - 4105 Kalamath Street, Denver, CO 80211 – 303-975-6059
 - 8510 Rainbow Ave, Denver, CO 80229 – 720-479-8392
 - 2319 S Perry St, Denver, CO 80219 – 303-248-3567
 - 136 Dawson Pl, Longmont, CO 80504 – 303-834-8805
 - 11042 Clermont Dr, Thornton, CO 80233 – 720-379-6175
 - 1240 West 72nd Ave, Westminster, CO 80221 – 303-993-6498
 - 1726 Galena Street, Aurora, CO 80010 – 303-856-7371
 - 3704 S. Andes Way, Aurora, CO 80013 – 303-953-8990
 - 15604 E 13th Ave, Aurora, CO 80011 – 303-856-3744
 - 13806 E 25th Pl, Aurora, CO 80011 – 303-537-5631
 - Female facilities
 - 11900 W Alameda Ave, Lakewood, CO 80228 – 303-997-5792
 - 6615 S. Apache Drive, Littleton, CO 80210 – 720-583-0885
 - 1488 S Kenton St, Aurora, CO 80012 – 720-353-5483
 - 446 Oswego St, Aurora, CO 80010 – 303-537-4484
 - 1100 Kingston St, Aurora, CO 80010 – 720-287-0377

The current list provides information on facilities that offer sober living programs for both males and females. Please call each facility for more information on a specific addiction you are looking for.

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.



Serenity House

970-667-4272

<http://serenity-houses.org/>

- Sober living in program that incorporates the 12-step based counseling, nutritional program, and an abundance of recreational activities.
- Also features on-site counseling, a live in manager, regular and random drug-testing/breathalyzer.
- Plan to be there for at least 3 months

Shadow Mountain Recovery

800-764-7250 or 303-420-9430

8200 E. Bellevue Ave., Suite 400E, Greenwood Village, CO 80111 – office location

<http://denver.shadowmountainrecovery.com/>

- Shadow Mountain Recovery is known for beautiful, gender specific, therapeutic sober homes. Each sober home is located in a well-maintained and established neighborhood around each of our Colorado treatment centers. Sober living is an important resource for early recovery.
- Shadow Mountain Recovery homes offer spacious living quarters, quality furnishings and consistent staffing for a very comfortable and stable sober-living environment. The gender specific residence is a great resource for men and women, researching Denver sober living options (in particular), since there are limited and varied resources available in this area.
- The Shadow Mountain Recovery programs work with many insurance carriers as an out-of-network provider (Aetna, BlueCross Blue Shield, Cigna, United Behavioral Health, Magellan Health Services, First Health, Value Options, MH Net, Behavioral Health, Select Health).
 - They accept many carriers not listed above. Call to verify insurance.

Sobriety 1st Sober Living, LLC

720-339-6947

<http://www.sobriety1stsoberliving.com/About-Us.html>

- Sober living environment with a mission to bridge a safe and effective sobriety transition to our clients.
- Requirements of the program:
 - Each resident is required to sign enforced requirements contract upon entering the program, be financially self-supporting, paying their own rent, providing their own clothing, personal items and purchasing their own food while in the program.
 - Welcome Baskets filled with essentials are provided upon entry.
 - The residents are required to work, actively seek employment, be a student enrolled in an accredited academic or trade school, or be actively engaged in one or more volunteer programs.
 - *Those who are permanently disabled and on federal, state, or local assistance are required to become involved in service to the home or the community.*
 - All residents are required to attend a minimum number of weekly 12 Step meetings, such as Alcoholics Anonymous or Narcotics Anonymous and attend weekly mandatory house meetings.
 - No prescribed narcotics are permitted in this program
- Thrives on hosting fun and exciting special sobriety events for tenants and their families.
- Admission and program fees (prices may be subject to change):
 - \$155 Refundable Deposit
 - \$20 House Supply Fee
 - \$175 Weekly Rent



Sobriety House, Inc.

303-722-5746, Information Line: 303-800-5028

121 Acoma St., Denver, CO 80223

www.sobrietyhouse.org

- Halfway house, residential long-term treatment, independent living and outpatient treatment
- Residential treatment program involves 3 phases:
 - Phase I – Intensive Residential Treatment (28 day program)
 - Phase II – Transitional Residential Treatment (Halfway House)
 - Phase III – Independent Living
- Only accepts self-payment and Kaiser Insurance.
 - Self-Payment: \$4,800/28 days (max 28 days) for Phase I, \$1,850/30 days for Phase II (max 180 days) for Phase II.
 - A sliding scale is available to those with no means to pay the regular fees and who live in one of the following counties: Adams, Arapahoe, Douglas, Denver, Clear Creek, Gilpin or Jefferson.

