



Education/Support Services

Centro San Juan Diego/Bienestar Family Services

303-295-9470

2830 Lawrence St. Denver, CO 80205

www.centrosanjuandiego.org

- This program provides the following services:
 - Adult Education Services
 - GED preparation, ESL classes, computer skills training, and a citizenship class.
 - Counseling and Family Support Services
 - Individualized case management, and referrals to community partners.
 - Life Skills Education and Training
 - Legal clinic and citizenship workshops.

El Centro Humanitario

303-292-4115

2260 California St. Denver, CO 80205

www.centrohumanitario.org

- This organization asks for a membership fee of \$20/yr. Person can make small payments if person cannot afford to pay membership in full.
- This program provides the following services:
 - Employment program – For individuals seeking daily jobs. Trainings, workshops and one-on-one support are offered through El Centro.
 - Legal program – Legal advice particularly regarding employment issues such as unpaid wages, and workers' rights.
 - Women's program – 8 week job readiness program
 - Financial Education program – Financial services

Mi Casa Women's Resource Center:

303-539-5600

360 Acoma St. Denver, CO

www.micasadenver.org

- This program offers business classes, ESL classes, and career development classes for men and women including, job search resources and resume help. Business classes have a fee but a sliding scale is available.
- Spanish Family Law Legal Clinic
 - *Date:* Every 3rd Tuesday of the month
 - *Location:* Mi Casa Resource Center Community Room 360 Acoma St
 - *Time:* 5:30pm-7:00pm
 - *No appointment necessary.* Clients are seen on a first come first served basis.

The following is a list of resources that are offered to those who speak Spanish. *This list is also available in Spanish (español).*

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Many resources offered provide services to undocumented citizens but not all. It is possible to apply for Human Services benefits as long as there is a documented citizen in the family. Please call Navigation for more assistance in applying for benefits.

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.



- *Description:* This free informational clinic provides an overview of the divorce process (with and without children), allocation of parental responsibility actions and related forms.
 - Volunteer attorneys provide information on filing for a divorce without the assistance of an attorney, and will cover divorce and allocation of responsibility procedures and forms, child custody, child support, maintenance and property division.
 - Participants should bring forms to the clinics (available from the court website (www.courts.state.co.us)).
 - This clinic is informational only and questions are welcomed.
 - These clinics do not provide legal advice or representation nor do they directly assist in completing court forms.

Jefferson County Public Schools

English as a Second Language (for Adults): 303-982-7484 (English) 303-982-5221 (Spanish)

www.jeffcoadultesl.com

- Day and evening classes for adults 18 and older offered at a minimal fee. Offered at Alameda International High School, Thompson Elementary, and Jefferson High School. Citizen preparation classes are also offered. Childcare provided at some schools.
- Basic literacy class offered Monday and Friday from 9-11:30.

Jeffco HIPPY (Home Instruction for Parents of Preschool Youngsters): 303-982-8011

- Free program for families with 3, 4 or 5 year old children who live in the Allendale, Arvada K-8, Edgewater, Eiber, Deane, Fitzmorris, Foothills, Foster, Lasley, Lawrence, Lumberg, Martenson, Molholm, Pennington, Russell, Stein and Stevens attendance areas. Home visitation program available in English and **Spanish** that will help parents prepare their children for success in school. Offers role play, free school supplies, free books, field trips, parenting, and curriculum packets.
- www.jeffcopublicschools.org/programs/literacy.html

Physical and Mental Health Services

Centro Dones de Nuestra Comunidad (Jefferson Center for Mental Health)

303-425-0300

1275 S. Teller St., Lakewood, CO

www.comunidadjcmh.org

- Offers bilingual individual, family and group therapy as well as psycho-educational groups and navigation resources. Will serve any age.

Clinica Tepeyac

303-458-5302 – Appointment line

5075 Lincoln Street, Denver, CO 80216

www.clinicatepeyac.org

- Program provides health and mental health services to individuals without health insurance.
- The cost for an office visit is \$25.00. Program serves Spanish speaking and undocumented citizens.
- No walk-ins.



Clinica Family Health Services

303-650-4460

Locations in Adams and Boulder/Broomfield counties

www.clinica.org

- Provide services on a sliding scale to residents of Western Adams, Broomfield, Southern Boulder counties.
- Program serves undocumented citizens. Services include: general healthcare (including OB-GYN), mental health, and dental services.
- Clinica offers pre-natal care on a sliding scale to women from any county.
- Also helps women apply for Emergency Medical services and Medicaid.

Servicios de la Raza

303-458-5851

4055 Tejon St. Denver, CO 80211

www.serviciosdelaraza.org

- This program offers bilingual services on a sliding scale including the following:
 - Mental Health
 - Provides a range of mental health services including outpatient psychiatric services.
 - Does not offer intensive in-home family therapy.
 - VISTAS (Victims in Safe Transition and Self-Sufficiency)
 - Domestic violence services including counseling, support groups and a 24hour crisis line: 303-953-5930
 - Juntos: Basic Emergency Services
 - Walk in and crisis situations. Call for an appointment.
 - Includes a food and clothing bank as well as daily bread distribution.
 - La Gente
 - Provides intensive case management for individuals and families living with HIV/AIDS.
 - No appointment necessary but it is recommended.
 - YES (Youth Experiencing Success)
 - Assists low income and at risk students age 16 – 21 with education and job readiness skills. This includes GED classes.
 - Call for assistance.
 - Entra
 - Serves to educate and provide access to public benefit programs like Medicaid, CHP+, Medicare, Colorado State Programs and Private Insurance for potential recipients and participants.

Catholic Charities

303-742-0823

www.ccdenver.org

- Provides bilingual individual, couple and family counseling consistent with Catholic doctrine and the moral teaching of the Church.
- Bilingual in-home family therapy available: 303-742-0823, ext. 2099
- Locations in Denver, Lakewood, Broomfield, Thornton, Boulder, and Longmont.
- Sliding scale fee based on income.



Wings Foundation

303-238-8660

Many locations throughout Colorado

www.wingsfound.org

- Provide Spanish speaking support groups on a sliding scale to women who were victims of sexual abuse and/or incest as a child.
- To access services call number listed above, you will be routed to a group facilitator, and then you will complete a 15-20 minute phone intake. Group location and time will be provided after phone intake.

SAMHSA: Substance Abuse Information & Referrals

1-866-662-4357

www.samhsa.gov/espanol/

- Can search for treatment and substance abuse information in Spanish.
- Suicide prevention hotline: 1-888-628-9454

Mental Health America: En Españolwww.mentalhealthamerica.net/go/en-espanol

- Offers factsheets in Spanish on various mental health topics

National Institute of Mental Health: En Españolwww.nimh.nih.gov/health/publications/espanol/spanish-listing.shtml

- Offers brochures in Spanish on various mental health topics

Immigration Assistance**Catholic Charities**

303-742-0828

4045 Pecos St., CO 80211

<http://ccdenvver.org/>

- Services include consultations (\$35), translations, and assistance with filling out visas and other documents. Please call for Attorney fees for filing paperwork.

Rights for all People

303-893-3500 x100

1085 Peoria St Aurora, CO 80010

www.rap-dpt.org

- This is a referral network to a variety of providers serving immigrants.

Lutheran Family Services

303-980-5400

1600 Downing St. Ste. 600 Denver, CO 80218

www.lfsc.org

- This agency provides immigration legal services including assistance with visa status and naturalization. Call for fees.



Tax Assistance

Denver Asset Building Coalition

303-388-7030

360 Acoma St., Denver, CO 80023. Located in the Mi Casa Resource Center.

www.denverabc.org

- Assistance in Spanish is available throughout tax season (January 23th through April 16th).
- This program provides tax education classes and assistance with tax preparation.
- Call or go online to find locations and times.

Rent/Utility Assistance

Catholic Charities

303-742-0828

Appointment location: 4045 Pecos St., Denver, 80211

www.ccdenver.org

- Emergency assistance for rent and utilities when funds are available.
- Must schedule appointment, Call for appointments M-F, 8am – 8:45am;
 - Spanish available
 - No walk-ins
 - Must bring a picture ID and proof of current address.

Denver Urban Ministries

303-355-4896 (Main number)

1717 E. Colfax Ave., Denver, CO

www.denum.org

- Call the appointment line on Monday at 9:00am: 303-881-3977
- Emergency rental assistance to prevent homelessness. Need 3-day eviction notice. Do not pay back rent.
- Utility assistance: Must have disconnect notice.
- Must have an ID & proof of residence; Spanish available
- Hours: M, T, Th, 9am-3:30pm, W 9am – 2:00pm

Metro Caring

720-515-9888

1100 E. 18th Ave., P.O. Box 300459 Denver, 80203 – no residency requirements

<http://www.metrocaring.org/>

- Utility Assistance. Must have applied for LEAP and received a response.
 - Bill must be past due, and you must have made a payment for at least 10% of the amount due in the past 90 days.
- You must schedule an appointment for utility assistance by phone. Please call in on Tuesday at 4pm, leave your name, phone number and utility account number.

LEAP – Low Income Energy Assistance Program

- Assists with winter heating costs and weatherization from Nov 1 – April 30th.
- Provides once-a-year assistance (varies by location). Does not pay entire cost of heating.



- Applications available through the JCMH Navigation office.
- If you have a *disconnect notice*, contact Discover Goodwill LEAP Call Center at 1-888-775-5327 to request an expedited case.

Translation and Interpretation Services

Translation & Interpreting Center (Denver Center for Crime Victims)

303-996-0976 (English), 303-996-0975 (Español)

www.ticenterdenver.com

- All services are confidential and provided at no cost for the victim and at a discounted fee for anyone else. Over 40 languages and dialects
- Interpreting and Translating Services – Education, Legal, Medical, Counseling, interviews and business negotiations

