



The ROAD

303-982-6755

5220 W. Ohio Ave. Lakewood, CO 80226 (At Brady High School)

www.theroad4youth.org

- A drop-in resource center for young adults (15-22) transitioning into adulthood.
- Professionally supervised and all services are free. Offers help for GED, independent living skills classes, job skills information, housing information, health information, fun activities.
- Drop-in hours: Monday and Wednesdays from 2:30pm-6pm and Tuesdays and Thursdays 2:30pm-7pm

Wheat Ridge Recreation Center

303-231-1300

4005 Kipling Street, Wheat Ridge, Colorado

www.ci.wheatridge.co.us/index.aspx?NID=529

- Offers a Reduced Fee Program of 50% if receiving Medicaid, LEAP or food stamps. Other programs may qualify individuals for a 25% discount. Need copy of program eligibility and two proofs of residency.
- Swimming, Fitness Classes, Climbing Wall, Sports Leagues, Arts/Crafts, Dance, Cooking, and more. Go to website or call for activity guide.

City of Lakewood Parks and Recreation

303-987-7000

www.Lakewood.org/recreation

- Various activities and programs throughout the city of Lakewood for all ages: Arts/crafts, outdoor activities, , dance, art, sports, theater, singing, martial arts, boxing, fencing, lifeguard training, diving and more.
- Call or visit website for activity guide (community connections).

Apex Recreation Center

303-424-2739

www.apexprd.org

- Several Centers throughout the Arvada community.
- Arts and Crafts, Tennis, Swimming, Ice Skating, Martial Arts, Soccer, Track and Field, Gymnastics, Dance, Cheerleading, Youth Weight Training, Teen Drop in Center. District residents receive a discount; centers are open to the public.

Jefferson County Public Library

303-235-5275

<http://jefferson.lib.co.us/kidsandteens.html>

<http://jeffcolibrary.org>

- Various locations throughout Jefferson County
- Listing of free and paid for activities for teens and children throughout the area.

What you need to know about Youth Activities:

- These programs generally offer activities and athletics after school, on the weekends, and during the summer.
- Most also offer discounted rates or financial assistance for the programs.
- Be sure to call or visit the websites given to find out how to register, how to receive financial assistance, and what activities are offered.
- Please contact Navigation if you would like more information about summer camps/activities.

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.



City of Edgewater Parks and Recreation

720-763-3012

2401 Sheridan Blvd., Edgewater, CO 80214

www.playedgewater.com

- Sports, Dance, Yoga, Pottery. Scholarships offered to residents of Edgewater.

Golden Community Center

303-384-8100

1470 10th Street, Golden, CO 80401

<http://www.cityofgolden.net/play/recreation-attractions/community-center/>

- Yoga, Photography, CPR/First Aid, Wilderness First Aid, Hunting, Basketball, Volleyball, Track and Field, Tennis, Swimming, Climbing Wall

YMCA

Susan M. Duncan Family YMCA

303-422-4977

6350 Eldridge Street, Arvada, Colorado 80004

Southwest Family YMCA

303-761-7530

5181 West Kenyon Avenue, Denver, Colorado 80236

www.denverymca.org

- Swimming, Gymnastics, Fitness Classes, Kids Club, Sports, camps and more

Boys & Girls Clubs of Metro Denverwww.bqcmd.org

Locations:

J. Churchill Owen Branch

3480 West Kentucky Avenue, Denver, CO 80219

303-934-7811

Arthur E. Johnson Branch

3325 W. 16th Ave., Denver, CO 80204

303-893-8150

George M. Wilfley Branch

4595 Navajo Street, Denver, CO 80211

303-477-5912

William E. Cope Branch

808 Inca St., Denver, CO 80204

303-893-8214

O'Connell Middle School Branch

1275 S. Teller St., Lakewood 80232

303-985-0202

For O'Connell students only

- Membership is open to boys and girls between the ages of 6 and 18.
- To join, simply visit any of our branches and complete a membership application form. This form must be signed by a parent or legal guardian.
- Activities include sports, fitness programs, arts, health and life skills, technology programs, education and career programs, character and leadership development.
- Cost: \$2/year



Foothills Parks and Recreation

303-409-2100

6612 South Ward Street, Littleton, CO 80127

www.foothills.org

- Martial Arts, Cheerleading, Gymnastics, Swimming, Ice Skating, Dance, Arts/Crafts, Climbing Wall, Drama, Babysitting Classes, Sports

FusBoxe Mixed Martial Arts

303-875-4281

9975 Wadsworth Pkwy Westminster 80021

www.fusboxe.com

- May be able to offer limited scholarship
- Will offer one week free trial at the Westminster location

Cub & Boy Scouts

303-455-5522

10455 West 6th Avenue, Suite 100 Denver, CO 80215

www.denverboyscouts.org

- Cub Scouts: Must be 7 years old or in 1st Grade to join, up to age 10.
- Boy Scouts: Ages 11-17
- Programs available
 - Venturing Program: For boys and girls ages 14 (who have completed 8th grade) up to 20 years of age. There are several troops throughout the area.
 - Explorer Program: A worksite based program designed to give male and female students ages 14 to 20 years old hands on opportunities to explore career interests
 - Special Needs Program: Supports inclusion of youth (male and female) with disabilities in all Boy Scouts programming.
- Troops throughout Colorado, call or go to website for more information

Girl Scouts

303-778-8774 or 1-866-827-7033

400 S. Broadway, PO Box 9470, Denver, CO 80209

www.girlscoutsofcolorado.org

- Available for girls ages 5-17. Membership dues are \$12 and some troops require an additional fee.
- Contact the Denver Service Center at numbers above for information about how to join.

Girls Incorporated of Metro Denver

303-893-4363

1499 Julian St., Denver, CO 80204

www.girlsincdenver.org

- Our center-based programs focus on serving girls ages 6 to 18 every day after school during the school year and all day in the summer. These programs provide a safe place for girls where they can learn tools to express themselves with originality and enthusiasm, accept who they are, take healthy risks, and strive to be responsible and self-sufficient community members.
- Programs may require a nominal membership fee. *Fees are based on a sliding scale - no girl is ever turned away because of inability to pay.*
- The summer program starts June 10th, Registration begins April 16th.



Colorado UpLift

303-830-6615

400 W 48th Ave #250 Denver Co 80216www.coloradoupplift.org

- FREE/Elementary-High School for youth in various schools – Check Website to see which schools are served (all in Denver)
- Provides long-term support to youth. Those who complete the program, apply for college scholarships.
- Cultural and Recreational Activities; Tim Tebow supported.

City Wild

303-227-6862

1620 E. 36th Ave., Denver, CO 80205www.citywild.org

- FREE/Ages 11-14
- Offers various programs that provide experiential and environmental education program using outdoor activities...rock climbing, rafting.

National Sports Center for the Disabled

303-293-5711

1801 Mile High Stadium Suite 1500, Denver, CO 80204

www.nscd.org

- Provides a variety of outdoor and sports activities including skiing, soccer, rock climbing, etc., for children, youth and adults with disabilities (physical, cognitive, emotional or behavioral challenges).
- Programs: After School, Arts & Education, Community Events, Fitness Classes, Martial Arts & Dance, Sports & Leagues, Swimming & Pool



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Navigation Services
303-432-5130 • navigation@jcmh.org