

Internship Descriptions - Fall 2018



Access Team (Wheat Ridge and Lakewood):

Our mission is to welcome people to services and to address their needs to the best of our ability. We professionally evaluate consumers' mental health needs and provide same-day linkage and direct referral to other services such as Navigation, Wellness, PAP programs, and benefits acquisition. Our goal is to provide entry to multiple services during the initial visit. Consumers are seen by appointment or on a walk-in basis. We offer routine, urgent and emergency services. *This internship will focus on learning assessments, diagnosing, and intakes.* Interns will also have a case load of clients for ongoing therapy. If interested, there may also be the option to work with the Emergency/Crisis Team.

There are three placements available with this team. One placement is supervised by Danielle Korosec, an LPC with 12+ years of post-master's experience. Two placements are supervised by Kathy Baur, a Licensed Psychologist with 20+ years of experience. Priority will be given to doctoral extern/practicum students for placement with Kathy Baur.

Access and Emergency/Crisis Teams (Wheat Ridge - 4643 Wadsworth Blvd):

Interns in this placement will work with both the Access Team and the Emergency/Crisis Team. Both teams welcome people to services, professionally evaluate consumers' mental health needs, and provide same-day linkage and direct referral to other services. Consumers are seen by appointment or on a walk-in basis. We offer routine, urgent and emergency services. For more information please see individual "Access Team" and "Emergency/Crisis Team" descriptions. *This internship will focus on crisis counseling and intervention, intakes, and outreach.*

There are two placements available with these teams. One placement is supervised by Tom Olbrich, an LCSW with 20+ years of post-master's experience. Tom is specifically seeking a student from DU's International Disaster Psychology program. One additional placement is co-supervised by Annemie Van Linden, an LPC with 4+ years of post-master's experience and Robert Worth, an LCSW with 20+ years of post-master's experience.

Alternative Care Facility/ Nursing Home Intensive Services (Lakewood - 5801 W. Alameda Ave):

This internship works with adults with Severe and Persistent Mental Illness (SPMI) who reside in long-term care facilities. Clients range in age from 18 and up, and often have co-occurring medical, substance abuse or intellectual disabilities. Treatment goals often focus on symptom management, relapse prevention, and increasing independence. Primary work includes case management, therapy, psychoeducation, and group/activity facilitation. This internship provides an opportunity to experience a truly integrated team approach that consists of care provider, psychiatrist, case manager/ therapist, facility social workers, state oversight of clients certified for treatment, and medical personnel. The ideal intern will be a skilled communicator, interested in working with the SPMI population, and comfortable being fairly autonomous as most clinical work is completed off-site. **This placement is supervised by Dylan Mackie-Hernandez, an LPC with 2+ years of post-master's experience.**

Emergency/Crisis Team – Walk-In Center (Wheat Ridge - 4643 Wadsworth Blvd):

Jefferson Center provides crisis services for our community 24 hours a day, 7 days a week, 365 days a year. Anyone experiencing a behavioral health crisis is welcome to come to our Walk-In Crisis Center (WIC) at any time of day. We are staffed with master's level clinicians, a peer specialist, and registered nurses 24 hours a day. We also have 24/7 uniformed security on-site to ensure a sense of safety for both clients and staff. Clinicians work with the individual and family to resolve crises. Clinicians are trained in de-escalation techniques, crisis intervention, and safety planning. The goal is always to resolve the crisis in the least restrictive setting needed to ensure individual, family, and community

safety. Ideal applicants will be able to work some non-traditional hours including weekends and/or evenings to be present with the intern supervisor. *This internship will focus on crisis counseling and intervention.* **This placement is supervised by Amber Chambless, an LPC with 9 years of post-master's experience.**

Family Services Outpatient (Lakewood - 3595 S. Teller St):

We are a fast paced, high volume outpatient program. We work with children ages 5-18 and their families. We conduct family, individual and group therapy with a population that is largely lower income families. You will be exposed to a variety of diagnoses, backgrounds, and presenting problems. FSOP is looking for interns who are willing to take initiative, work well on a team, and who are looking for a broad spectrum experience working with youth and their families. The diverse nature of this population (including culture, age, SES, and diagnosis) requires an intern to be versatile in the work that they do. Community Mental Health is a fantastic way to get 'hands on' experience, and it also holds many challenges. It's our hope that an intern would be eager to immerse her/himself in the fast paced world of stringent paperwork requirements, working with a myriad of clients, and establishing collaborative partnerships with colleagues, families, and outside systems. **This placement is supervised by Mandi Merica, an LPC with 3 years of post-master's experience.**

Navigation Benefits/Resources (Wheat Ridge: 4851 Independence St):

This internship is best suited for first year social work students. Navigation offers assessment, resource information & referrals, benefits screening, short-term clinical decision-making, and care management services, as appropriate. Navigation Clinicians are community resource experts with organizing, updating, and connecting our customers to whatever is needed within Jefferson Center and in the community. Interns will use a team-oriented approach to provide real-time services by phone, e-mail, appointment, and walk-in for Jefferson Center clients and staff members. Specific duties for this internship would include:

- Assessing client needs via phone and in person and referring to the appropriate resources, benefits, and/or programs and services within the center and in the community
- Providing support/assistance for benefits applications, including Social Security, Supplemental Security Income, Food Stamps, Medicaid, Medicare, Social Services, Medicaid Waivers (HCBS; HCBS-MI), LEAP, and others
- Researching community resources and updating our extensive resource lists
- Outreaching clients to assess progress and engage in treatment
- Educating clients, families and Jefferson Center staff of eligibility process for various programs.
- Compile and circulate required information to Jefferson Center staff, consumers and families.
- Other duties/projects to be determined in collaboration with intern supervisor

This placement is co-supervised by Kelli Garton, an LPC with 8 years of post-master's experience and Diane Jensen-Valvano, an LCSW with 18 years of post-master's experience.

Red Rocks Community College (Lakewood - 13300 W 6th Ave):

Jefferson Center has a co-located therapist at Red Rocks Community college offering on-campus services to students, which includes individual and group therapy, assistance in accessing resources, student outreach and educational services, and coordination with the administration at the school to identify campus counseling needs. **This placement is supervised by Katey Parsons, an LPC with 13 years of post-master's experience.**

School-Based at McLain Community High School (Lakewood - 13600 W 2nd Pl):

This internship is supervised by a Jefferson Center clinician who is co-located at McLain Community High School. Most of the intern's work will consist of individual sessions with students; coordination of

treatment with family, teachers and administrators; and crisis intervention. **This placement is supervised by Lorraine Zoma, an LPC with 2+ years of post-master's experience.**

School-Based at Molholm Elementary (Lakewood - 6000 W 9th Ave):

Jefferson Center has a co-located therapist at Molholm Elementary School. Most of the intern's work will consist of individual sessions with students; classroom interventions; coordination of treatment with family, teachers and administrators; and crisis intervention. **This placement is supervised by Chelsea Pearson, an LPC with 4 years of post-master's experience.**

School-Based at Stevens Elementary (Wheat Ridge - 7101 W 38th Ave):

Jefferson Center has a co-located therapist at Stevens Elementary School. Most of the intern's work will consist of individual sessions with students; classroom interventions; coordination of treatment with family, teachers and administrators; and crisis intervention. **This placement is supervised by Kathryn Wickman, an LPC with 3 years of post-master's experience.**

Senior Reach (Arvada – 7828 Vance Drive):

This team works with older adults who live in the community and have been identified as needing behavioral health or care management support. Clients are adults age 60+ and often have not engaged in behavioral health services before. Primary work includes home-based case management and therapy as well as community education and outreach. This internship provides diverse experiences with opportunities to work with other aging services providers, learn community resources, deliver presentations, and provide care management and clinical services. **This internship will be supervised by Amy Miller, an LCSW with 8 years of post-master's experience.**

Trauma Services Team (Lakewood - 9485 W Colfax Ave):

The intern position for the Trauma Services Team will provide individual and group trauma treatment to adults and some adolescents according to the principles of trauma informed care. Training in evidence based treatments for trauma including CPT and TF-CBT will be provided. Intakes and trauma and resiliency assessments may be conducted. Occasional psychoeducational presentations on trauma informed care or other trauma related topics are required. Other job duties as assigned. We are a small, tight knit team who support one another, work hard, and are passionate about reducing the impact of trauma on the lives of our clients. **This placement is supervised by Heather Trish, an LPC with 15+ years of post-master's experience.**

Wellness and Integrated Care Teams (Lakewood -12055 W. 2nd Ave):

This internship will work under the Wellness Team and the Integrated Care Team. Both teams focus on whole-person health care with a variety of holistic treatment options for clients, their families, and community members. This internship will allow the student to learn vital skills for the changing healthcare landscape including: creating whole-health psycho-educational groups, leading these groups for integrated care and wellness clients, learning advanced motivational interviewing techniques to offer health coaching, and carrying a small caseload of clients. Some examples of these groups are: Taming the Anxious Mind, Self-Management of Chronic Pain, Parenting, Mindfulness Meditation, etc. Additionally, interns will have the opportunity to shadow multi-disciplinary staff in an integrated care clinic to learn more about the provision and application of health psychology. An interest in integrated care/health psychology/holistic healthcare is encouraged. (Some travel required. Interns can be reimbursed for mileage.) **There are two placements available with these teams. Both placements are co-supervised by Molly Pike, an LPC with 3 years of post-master's experience and Megan Swenson, an LPC, LAC with 6 years of post-master's experience.**