



NEWS FOR IMMEDIATE RELEASE:
December 14, 2017

CONTACT:
Jeanne Oliver
Public Information Officer
303-432-5174
Jeanne@jcmh.org

Jefferson Center for Mental Health Celebrates its 12th Annual Art of Hope Calendar!

WHEAT RIDGE – Jefferson Center for Mental Health is pleased to share its 2018 Art of Hope calendar! This is the 12th year that we proudly present this calendar to our friends and community as we strive to continue to increase awareness and reduce the stigma often associated with mental illness and substance use. When stigma fades, more people will seek care.

Each client whose artwork is featured in this calendar has their own story to tell... stories of recovery, resilience, and strength. More than 160 works of art were submitted this year from 51 artists of all ages. Their passion, creativity and hope shine through.

Behavioral health disorders are more common than cancer, diabetes and heart disease. Over the course of their lives, one in five people will experience a mental health issue.

At Jefferson Center for Mental Health, through our broad array of services and programs, we help nearly 1,000 new clients each month who come to our doors facing some of life's toughest challenges...people with severe mental illness or those with one-time emotional issues, in times of crisis and on an ongoing basis, for families and individuals of all ages. We help them find hope. Last year we served more than 30,000 people!

We appreciate all of the members in our community who support the work we do and carry the message that mental health services are vital to the health of our community. If you would like a copy of this year's calendar, please contact Melissa at 303-432-5156 or MelissaS@jcmh.org.

About Jefferson Center for Mental Health

Celebrating its 60th year, Jefferson Center for Mental Health helps to bring hope for a brighter future to thousands of community members who struggle with mental health challenges. As the community's nonprofit mental health center, Jefferson Center serves people throughout Jefferson, Gilpin and Clear Creek counties at over 23 locations, as well as in schools, nursing homes, senior centers and other community settings. Last year Jefferson Center served more than 30,000 people in need. Center staff has expertise in numerous areas including children and family issues, adults with serious mental illness, suicide prevention, early intervention, juvenile justice, and trauma treatment. For more information about Jefferson Center, visit www.jcmh.org.

###