

## Colorado Department of Labor & Employment:

303-318-8000, [www.colorado.gov/cdle](http://www.colorado.gov/cdle)  
633 17th Street, Ste. 200, Denver, CO 80202-3660

- Office Hours: 8:30am-4:30pm, Monday-Friday (for prescheduled appointments)
- Call Center Hours: Mon/Wed/Fri 8:30am-4:30pm, Tue/Thurs 8:30am-12:30pm
- Information includes: worker's compensation information (forms & filing a claim), file a written complaint or wages due claim, file an unemployment claim, child labor issues, labor standards, certain union issues, minimum wage (state issue unless the employer has gross revenues over \$500,000, then refer to US Dept of Labor, Wage and Hour), overtime pay (state law says over 12 hours per day, OR 40 hours per week).

## Colorado Workforce Center: <https://www.colorado.gov/pacific/cdle/wfc>

- Find a workforce center by city or county/region, job search, and file a claim for unemployment insurance.

## Colorado Division of Workers' Compensation: 303-318-8700

- Administers state laws regarding workers' compensation; can assist employers and employees regarding claims for benefits for on-the-job injuries.
- Assistance in Spanish is available.

## Colorado Bar Association/Denver Bar Association Court Mediation Services:

303-322-6750;  
[www.cobar.org](http://www.cobar.org)

Denver County Court, City and County Building, 1437 Bannock St, Denver CO 80202

- CMS provides mediation services at the Denver County Civil and Small Claims Courts with the express approval and assistance of the County Court judges and magistrates under the guidance of the presiding judge.
- No legal advice is given and there is a nominal fee based on a sliding scale.

## National Labor Relations Board, Denver Regional Office: 303-844-3551;

[www.nlr.gov](http://www.nlr.gov)

Byron Rogers Federal Office Building, 1961 Stout St, Suite 13-103, Denver, CO 80294

- Hours: 8:30am-5pm
- Information regarding union organizing, collective bargaining, and unfair labor practices.
- Resource for employers, employees, and union personnel.

## U.S. Department of Labor: 866-487-2365, 877-889-5627 TTY; [www.dol.gov](http://www.dol.gov)

200 Constitution Avenue, NW, Washington D.C. 20210

- Provides information regarding Fair Labor Standards Act, Family Medical Leave Act, and other federal employment and labor laws.

**Some legal resources listed may have income or other specific guidelines.** Please call the phone numbers listed to check for eligibility.

Often, you have to leave a message prior to speaking to a clinician. These clinicians are usually not barred attorneys and should not replace nor supersede a lawyer's advice. Due to the volume of calls received, your call may not be returned promptly for an emergency matter. Please contact an attorney in the event of an emergency. **Completing a phone interview is not an agreement of representation.**

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.



**Discrimination**

**American Civil Liberties Union:** 303-777-5482; [www.aclu-co.org](http://www.aclu-co.org) (go to Need Legal Help? tab for specific instructions and what to include in any requests for legal help)

303 E 17<sup>th</sup> Ave Suite 350, Denver CO 80203

- Hours: 9am-5pm, Monday-Friday (telephone only)
- Provides representation exclusively in the civil rights/civil liberties, constitutional law arenas.
- All requests must be made in writing and must include information specified on ACLU website. ACLU does not review requests for legal assistance via phone or in person. Requests may be submitted by letter, by email at [intake@aclu-co.org](mailto:intake@aclu-co.org), or faxed in to 303-777-1773.

**Boulder Human Rights Office:** 303-441-3141, [www.bouldercolorado.gov](http://www.bouldercolorado.gov), (On the web site, click on A to Z tab, choose H, and scroll down to find Human Rights)

2160 Spruce St, Boulder, CO 80302

- Enforces the Boulder Human Rights Ordinance which protects individuals against discrimination in employment on the bases of ancestry, color, creed, gender variance, genetic characteristics, marital status, mental disability, national origin, physical disability, race, religion, sex, sexual orientation, age, parenthood, pregnancy, and custody of a minor child. Jurisdiction is limited to the City of Boulder.
- Offers mediation when a discrimination complaint is filed.

**Colorado Civil Rights Division:** 303-894-2997; 800-262-4845; [www.dora.state.co.us/civil-rights](http://www.dora.state.co.us/civil-rights)

1560 Broadway, Ste. 1050, Denver, CO 80202-5143

- Hours: 8am-5pm, Monday-Friday
- Jurisdiction over claims of discrimination on the bases of: color, race, ancestry, national origin, age, sex, religion/creed, physical or mental disability, pregnancy, retaliation, marriage to a co-worker, sexual orientation, & gender identity.
- Party must file within 6 months of alleged employment discrimination.
- Assistance in Spanish is available via phone only – no facilities currently available for other languages.

**Colorado Legal Services:** 303-837-1313; [www.coloradolegalservices.org](http://www.coloradolegalservices.org)

- Wage claims & unemployment denial

**Denver Anti-Discrimination Office:** 720-913-8458, 720-913-8475 TTY;

[www.denvergov.org/antidiscrimination](http://www.denvergov.org/antidiscrimination)

201 W. Colfax, Dept 1102, 2<sup>nd</sup> Fl, Denver, CO 80202

- Office hours 8am-5pm, Monday-Friday
- Protects individuals in the City and County of Denver by eliminating discrimination by reason of race, color, national origin, religion, age, gender, sexual orientation, gender variance, marital status, military status, and physical and/or mental disability in employment.
- See website for fact sheet and information on how to file a claim of discrimination

**Disability Law Colorado (formerly The Legal Center for People with Disabilities and Older People):**

303-722-0300, 800-288-1376 Voice /TTY, 303-722-3619 TDD; <https://www.disabilitylawco.org>

455 Sherman Street, Ste. 130, Denver, CO 80203

- Hours: 8:30am-5pm, Monday-Friday
- Assists with claims of discrimination and abuse based on disability and developmental disabilities.



- Can assist with obtaining services from the Colorado Division of Vocational Rehabilitation, obtaining assistive technology in the workplace, and protecting the legal and human rights of people with disabilities, including the right to be free from discrimination in the workplace.

**Metro Volunteer Lawyers:** 303-837-1313; [www.metrovolunteerlawyers.org](http://www.metrovolunteerlawyers.org)

1905 Sherman Street, 4th Floor, Denver, CO 80203

- Hours: 8:30-11am Monday, Wednesday, and Friday
- Serves individuals who live and work in Adams, Broomfield, Arapahoe, Denver, Elbert, Douglas, and Jefferson Counties.
- Wage claims & unemployment denial.
- Potential client must first go through intake with Colorado Legal Services

**U.S. Equal Employment Opportunity Commission, Denver Field Office:** 303-866-1300, 800-669-4000, 800-669-6820 TTY; [www.eeoc.gov](http://www.eeoc.gov)

303 E. 17th Avenue, Ste. 410, Denver, CO 80203

- Hours: 8am-4:30pm, Monday-Friday
- Individuals may file a charge of discrimination with the EEOC for alleged discrimination by an employer, labor union, or employment agency when applying for a job or while on the job on the basis of race, color, sex, religion, national origin, age, disability, and/or retaliation that occurred in Colorado or Wyoming.
- Call 800-669-4000 to file a charge with another EEOC office.
- Call to schedule an appointment; allow 1 ½ hours for processing job related discrimination charges and bring any evidence in support, if any. Charge receipt interviews must begin prior to 3 pm.
- Appointments and assistance in Spanish and other languages available upon request and prior arrangement.

