The current list provides information on facilities that offer sober living programs for both males and females. Please call each facility for more information on a specific addiction you are looking for.

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.
Female facilities
- 11900 W Alameda Ave, Lakewood, CO 80228 – 303-658-0930
- 6615 S. Apache Drive, Littleton, CO 80210 – 720-583-0885
- 1488 S Kenton St, Aurora, CO 80012 – 720-535-8363
- 446 Oswego St, Aurora, CO 80010 – 720-524-3343
- 17692 E. Kenyon Drive, Aurora, CO 80013 – 303-537-4484
- 2025 S. Pitkin St., Aurora, CO. 80013– 720-542-9821

Shadow Mountain Recovery
800-764-7250 or 303-420-9430
8200 E. Bellevue Ave., Suite 400E, Greenwood Village, CO 80111 – office location
http://denver.shadowmountainrecovery.com/
- Shadow Mountain Recovery is known for beautiful, gender specific, therapeutic sober homes. Each sober home is located in a well-maintained and established neighborhood around each of our Colorado treatment centers. Sober living is an important resource for early recovery.
- Shadow Mountain Recovery homes offer spacious living quarters, quality furnishings and consistent staffing for a very comfortable and stable sober-living environment. The gender specific residence is a great resource for men and women, researching Denver sober living options (in particular), since there are limited and varied resources available in this area.
- The Shadow Mountain Recovery programs work with many insurance carriers as an out-of-network provider (Aetna, BlueCross Blue Shield, Cigna, United Behavioral Health, Magellan Health Services, First Health, Value Options, MH Net, Behavioral Health, Select Health).
  o They accept many carriers not listed above. Call to verify insurance.

Sobriety 1st Sober Living, LLC
720-339-6947 or 303-437-0044
http://www.sobriety1stsoberliving.com/About-Us.html

- Sober living environment with a mission to bridge a safe and effective sobriety transition to our clients.
- Requirements of the program:
  o Each resident is required to sign enforced requirements contract upon entering the program, be financially self-supporting, paying their own rent, providing their own clothing, personal items and purchasing their own food while in the program.
    ▪ Welcome Baskets filled with essentials are provided upon entry.
  o The residents are required to work, actively seek employment, be a student enrolled in an accredited academic or trade school, or be actively engaged in one or more volunteer programs.
    ▪ *Those who are permanently disabled and on federal, state, or local assistance are required to become involved in service to the home or the community.*
  o All residents are required to attend a minimum number of weekly 12 Step meetings, such as Alcoholics Anonymous or Narcotics Anonymous and attend weekly mandatory house meetings.
  o No prescribed narcotics are permitted in this program

- Thrives on hosting fun and exciting special sobriety events for tenants and their families.
- Admission and program fees (prices may be subject to change):
  o $155 Non-Refundable Intake Fee
  o $25 House Supply Fee
  o $200 Weekly Rent
Sobriety House, Inc.
General Information: 303-722-5746, Intake Line: 720-381-4337
121 Acoma St., Denver, CO 80223
www.sobrietyhouse.org
- Halfway house, residential long-term treatment, independent living and outpatient treatment
- Residential treatment program involves 3 phases:
  - Phase I – Intensive Residential Treatment (28 day program)
  - Phase II – Transitional Residential Treatment (Halfway House)
  - Phase III – Independent Living
- Only accepts self-payment and Kaiser Insurance.
  - Self-Payment: $5,280/28 days (max 28 days) for Phase I, $1,850/30 days for Phase II (max 180 days) for Phase II.
  - A sliding scale is available to those with no means to pay the regular fees and who live in one of the following counties: Adams, Arapahoe, Douglas, Denver, Clear Creek, Gilpin or Jefferson.

Gym Membership:
Phoenix Multisport | Sober Active Community
https://phoenixmultisport.org/
- Phoenix Multisport Denver is a gym in Denver that is free for those fighting addiction. Only requirement is 48 hours of continuous Sobriety.