Jefferson Center’s School-based Services…

Children, teens and their families face many tough challenges in today’s world. This can lead to behavioral and emotional issues that show up both at school and at home. In partnership with Jefferson, Clear Creek and Gilpin County Public Schools and MCPN, we provide mental health support, therapy, education, prevention and awareness to help children succeed in life.
School-based Counseling

Aggressive or impulsive behavior…grief and sadness due to loss…difficulty coping with parental divorce or separation…these types of behavioral problems and/or emotional issues can often show up in school as well as at home. The School-based Counseling Program is a partnership between Jefferson Center and the school districts in Jefferson, Clear Creek and Gilpin Counties to help children and their families resolve tough problems.

Providing therapeutic services to students at school reduces the need for transportation or childcare. Behavioral health treatment can improve a child’s attention span and ability to learn, and reduce discipline problems. Jefferson Center’s School-based Counselors are mental health professionals experienced in family therapy and the treatment of children. They attend parent/teacher conferences, Back to School Night and other community events.

School-based counseling services include:
- Group, family and individual counseling
- Parent support groups and education
- Case management
- Community information
- Referral and consultation with teachers and administrators
- Psychiatric care
- Emergency services

School-based Prevention Services

At additional schools, Prevention Services are provided to promote critical thinking, healthy communication and problem-solving skills. Prevention Specialists utilize education in the classroom to improve students’ self-esteem, teach emotional regulation techniques, and help children identify and appropriately express their feelings. This is achieved by using research-based curriculum, actively practicing the skills in role-plays as well as using discussion and problem-solving.

The Prevention Specialists also outreach to the community by attending PTA meetings, Back to School Night, parent/teacher conferences and other school activities. They share information about Jefferson Center services and the referral process, common childhood mental health development and healthy parenting tips.

For more information, please contact our School Services Manager at 303-425-0300.

School-based Health Clinics

Jefferson Center’s School-based Health Clinics, in collaboration with MCPN and Jefferson County Public Schools (at Stein Elementary and Alameda High School), provide coordinated physical and behavioral healthcare for children up to 18 years old. Students have free access to counseling services to help cope with behavioral and emotional stressors.

In addition to behavioral healthcare, services include:
- Immunizations
- Preventive medical care
- Sports physicals
- Substance use counseling
- Violence prevention counseling
- Asthma treatment
- Tobacco cessation and prevention programs
- Acute medical care

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