We envision a community in which there is no stigma, no lack of resources and no barriers to mental health care, where recovery from mental illness is not only possible but highly probable, and individuals with mental health problems live satisfying, hopeful, and contributing lives.

Dedicated to Serving All in Need...

At Jefferson Center for Mental Health, we help bring hope for a brighter future to thousands of community members who struggle with mental health disorders... individuals whose daily lives have been disrupted, whose mental health problems are leading to difficulties at work or school, hospitalization, homelessness, or even involvement with the juvenile or criminal justice system.

TO ACCESS SERVICES

New clients may access Jefferson Center’s services through a central number:

303-425-0300 24-hour number
800-201-5264 Toll free
303-432-5540 TTY hearing impaired

Jefferson Center for Mental Health
How to Find Us

- Access & Emergency, 4643 Wadsworth Blvd., Wheat Ridge, CO
- Alameda Office, 5801 West Alameda Avenue, Lakewood, CO
- Blue Spruce Pharmacy, 9485 West Colfax Avenue, 2nd Floor, Lakewood, CO
- Blue Spruce Pharmacy, 4851 Independence Street, 1st Floor, Wheat Ridge, CO
- Clear Creek Office, 1531 Colorado Boulevard, Idaho Springs, CO
- Crisis & Recovery Center, 4643 Wadsworth Blvd., Wheat Ridge, CO
- Evergreen Office, 31207 Keats Way, Suite 202, Evergreen, CO
- Gilpin Office, 101 Norton Drive, Black Hawk, CO
- Independence Corner, 9595 W. 49th Avenue, Wheat Ridge, CO
- Independence Office, 4851 Independence Street, 1st Floor, Wheat Ridge, CO
- Jeffco Family Health Services, 7495 West 29th Avenue, Wheat Ridge, CO
- Jefferson Plaza Family Health Home, 3595 S. Teller St., Lakewood, CO
- Mountain Resource Center, 11030 Kitty Drive, Conifer CO
- North Wadsworth Office, 7828 Vance Drive, Arvada, CO
- South Office, 9200 West Cross Drive, Ste., 421, Littleton, CO
- The ROAD, 5220 W. Ohio Avenue, Lakewood, CO
- Union Square Health Plaza, 12055 West 2nd Place, Lakewood, CO
- Vocational Services, 4045 Wadsworth Blvd, Suite 70, Wheat Ridge, CO
- West Colfax Office, 9485 West Colfax Avenue, Lakewood, CO

Jefferson Center
With you in mind

Programs & Services
Building Hope
Changing Lives
Strengthening Community
Jefferson Center’s programs and services foster recovery and resilience in children, adults and families struggling with mental health problems. As the community’s mental health center, we serve more than 28,700 people each year in Jefferson, Gilpin and Clear Creek counties.

**ADULT SERVICES** offers a host of individual, group and family services designed to support client strengths and independence, and encourage family involvement, including:
- Peer specialist support services, provided by those who have personal experience with the mental health system
- Individual, group and family therapy
- Evidenced-based programs – Cognitive Behavioral Therapy (CBT) and Dialectical Behavioral Therapy (DBT)
- Co-occurring treatment for substance abuse and mental illness
- Medication evaluation and monitoring

**FAMILY SERVICES** includes a comprehensive array of services and treatment options, both in-home and office-based, to meet the individual needs of children, youth and their families, such as:
- Parenting classes and family advocacy
- Early intervention and school-based services
- Family, individual and group treatment
- Programs for at-risk youth and those with a substance abuse issue and/or involved in juvenile justice systems
- Suicide prevention
- Evidence-based programs – Functional Family Therapy (FFT), Families Together and Dialectical Behavioral Therapy (DBT) for Adolescents
- Drop-in center for teens and young adults

**ACCESS AND EMERGENCY SERVICES** schedules first-time appointments through the Center’s main number, 303-425-0300
- Monday through Friday, 8:30 a.m. to 5:00 p.m.
- In most cases, a new consumer can access a same-day/next day appointment
- An emergency clinician is available 7 days a week, 24 hours a day

**SENIOR SERVICES** offers a continuum of services designed to meet the needs of older adults including:
- Community-based services for vulnerable older adults who may need emotional or physical support
- Help with Medicare and private insurance applications
- Outpatient individual, group and family therapy
- Senior peer counseling (in-home or community-based)
- Nursing home outreach, evaluation and screening

**NAVIGATION SERVICES** helps clients access mental health services and links clients to resources at Jefferson Center and in the community, including:
- Assessing eligibility and applying for public benefits, including Medicare, Medicaid, Social Security programs, food and rent assistance programs
- Linking to Jefferson Center programs and services
- Making referrals to community resources

**WELLNESS SERVICES** offers a variety of classes, activities, and coaching. Our programs teach clients how to play a more active role in their overall health by making positive lifestyle changes, including:
- Health screenings and exercise programs
- Individualized coaching
- Brief therapy sessions
- Free group classes that promote health and well-being. Visit www.wellnessnow.org

**SPECIALIZED PROGRAMS** provide a variety of programs to address the unique needs of each client. These programs provide confidential counseling and community-based support services to help people live, work and thrive in their own communities, with services like:
- Criminal Justice Mental Health Programs
- Housing and Residential Services
- Employment Related Services such as job readiness and coaching, supported and independent employment and transitional employment programs
- Vocational Services
- Veterans Services
- Suicide Prevention
- Bilingual, community-based services at Centro Dones de Nuestra Comunidad