The early years of a child’s life are important in shaping their mental health and well-being for years to come.

Jefferson Center offers a full range of services and resources to support the mental health of children and families.

We give your child the skills, strategies, and support they need to perform their best, by delivering services in a way that promotes safety, dignity, privacy and participation.

Services include:

- Behavior assessment
- In-office or in-home counseling
- Parent education and coaching
- Consultations for families and early learning providers

Our evidence based approach includes treatments like:

- Play Therapy
- Child Parent Psychotherapy
- Family Therapy
- Parenting Groups

Special thanks to our funders:

For questions about our Early Childhood Family Services program, call 303-425-0300