



# About Jefferson Center

Jefferson Center is more than just a nonprofit mental health care provider; we're a vital source of hope and support for individuals and families navigating mental health challenges. Our commitment to serving our community is at the core of everything we do.

We collaborate with community organizations every day to deliver compassionate care, provide education on mental health realities, and tailor our services to meet the unique needs of the people we serve.

By fostering partnerships, prioritizing prevention, and delivering effective treatment, we contribute to building a healthier, stronger community where everyone can thrive.

Jefferson Center  
continues to grow,  
and today, serves nearly  
**27,000 people a year**  
**at over 100 locations**  
throughout Jefferson,  
Clear Creek, and Gilpin  
counties



## PROGRAMS & SERVICES

24-hour emergency and crisis

Individual, group, and family  
outpatient counseling

Housing and homeless services

Senior services, outreach,  
and peer counseling

Psychiatric and medication services

Early childhood services

Peer services

Vocational and skills training

Transitional and supported employment

School-based services

Case management

Advocacy and benefits

Residential programs

Substance use treatment

Suicide prevention

Wellness services

Mental Health First Aid

Withdrawal management

Day treatment

Integrated care services –  
medical & specialty

Co-responder services

A personal message from  
Jefferson Center CEO,  
**Dr. Kiara S. Kuenzler**

**OUR VISION**

A community  
where mental health  
matters and care is  
accessible to all



**OUR MISSION**

To inspire hope, improve  
lives, and strengthen our  
community by providing  
mental health and related  
solutions for individuals  
and families

**WE VALUE**

People first  
Empathy with excellence  
Working together to  
make life better  
Leading the way  
Strengthening community  
Dignity for all

Dear Community,

As I reflect on the past five years of serving as Jefferson Center's CEO, I'm filled with profound gratitude and pride. This year is particularly special, not just as a professional milestone for me, but also as Jefferson Center commemorates 65 years of unwavering dedication to our community. Together, we've achieved remarkable milestones and experienced transformative growth.

As we celebrate our successes and look ahead, our focus remains on our vision of creating a community where mental health matters and care is accessible to all. Five years ago, when I joined Jefferson Center, I was driven by a deep sense of purpose and belief in the transformative power of community mental health. Along the way, I've been continually inspired by the resilience of those we serve, the dedication of our team, and the strength of our community partnerships.

In November 2023, we proudly announced our intention to merge with WellPower, a respected community mental health center serving Denver County. Through the merger, set for July 1, 2024, we aim to expand our reach and enhance our services, offering greater resources and expertise across more than 50 locations. With a combined team of more than 2,000 professionals, we're poised to improve access to care for the people we serve across our Clear Creek, Denver, Gilpin, and Jefferson County communities.

As we navigate the ever-evolving landscape of behavioral health, our commitment remains steadfast. We envision a future where seeking help is met with understanding, where quality care is readily available, and where every person's basic needs are met. Jefferson Center is dedicated to evolving to meet these goals, nurturing a strong workforce, building meaningful partnerships, and ensuring stability for generations to come.

The past five years have been an incredible journey of growth and progress, and it's been an honor to share it with you. I look forward to celebrating the exciting new chapter ahead as we merge into our new organization. Thank you for your unwavering dedication, support, and recognition of the integral role behavioral health plays in our lives. Together, we'll continue to make a meaningful difference in our community.

Sincerely,

Kiara S. Kuenzler, Psy.D., Licensed Psychologist  
President and CEO



# Safe Housing is the Key to Recovery

The lack of safe and affordable housing stands as one of the most challenging barriers in Colorado. For people who are struggling with mental health and substance use disorders, these barriers are amplified.

For more than three decades, Jefferson Center has focused on empowering people on their path to recovery with access to stable housing, transitional housing, and essential community services. Rooted in the Housing First philosophy, we recognize that addressing mental health care, physical health issues, employment needs, and other challenges is only possible after securing basic necessities like shelter and food.

Supportive housing serves as a proven solution, not only ending homelessness but also enhancing public health outcomes and reducing the cost of publicly funded crisis services — such as shelters, hospitals, psychiatric centers, and correctional facilities—all while fostering community well-being.



Each year, Jefferson Center sees the expansion of our continuum of housing options; each new offering serving to bridge vital gaps in housing recovery.

## Hotel Master Lease

Leaving inpatient care is a major step, involving not only managing clinical recovery but also reconnecting with friends, family, and getting back to daily routines like school or work. Having a safe place to start this journey is crucial for its success.

In 2023, Jefferson Center secured \$765,565 in funding from the State of Colorado's Behavioral Health Transition Support Grant for a Hotel Master Lease program. The grant funds 10 rooms each month to help with short-term needs of those who are leaving inpatient care and beginning reintegration into a community. The program includes a Navigator providing personalized support, guiding residents through the process of securing permanent stable housing, accessing essential resources and benefits, and establishing consistent mental health care support.

## Jefferson Center's Housing Continuum

- **415 households** supported through vouchers, embedded care management, and onsite support
- **1 Residential Treatment** program with eight beds. A co-ed transitional housing program with 24-hour staff supervision. The average length of stay is three to six months and focuses on helping people stabilize and develop skills to live independently.
- **2 Alternative Care Programs** offering long-term housing, staffed 24 hours per day.
- **1 Women's Recovery House** offering a stable, supportive, and drug/alcohol-free environment for women in early recovery from substance use disorders.
- **6 Apartment Buildings Offering 89 Units for Independent Living** available to both people receiving care through Jefferson Center and community members via open application.
- **10 Permanent Supportive Housing** units funded by the Division of Housing. Residents are people facing persistent homelessness with high behavioral health needs and are provided mental health services and support onsite.



### Solid Ground

Scheduled to open its doors in May 2024, this 40-unit permanent supportive housing facility integrates affordable permanent housing with comprehensive support services and community-based care.

**71%**

of people experiencing homelessness have a mental health disorder.

**59%**

are struggling with long-term substance use disorder.

**#1**

Affordable housing is the primary reason for homelessness in Colorado.

### Supportive Housing Results

- **57%** reduction in emergency room visits.
- **85%** reduction in emergency detox services.
- **50%** increase in earned income of residents.
- **Increase in** the number of people who receive clinical behavioral healthcare.
- **90%** of Permanent Supportive Housing residents stay housed past one year.

# A New Kind of Care



Jefferson Center continually seeks new ways to support the people we serve, developing innovative approaches and redefining traditional processes. Building on a successful pilot, the Center officially launched Collaborative Care Clinics in September 2022. The Clinics provide a comprehensive, team-based approach to care, offering a one-stop shop for integrated mental health and substance use care.

- **ADULT SERVICES CLINIC**  
serving individuals 18 and older
- **MOUNTAIN SERVICES CLINIC**  
serving Jefferson, Gilpin, and Clear Creek counties
- **RECOVERY SERVICES CLINIC**  
focusing on substance use treatment

Within each clinic, a diverse team of experts collaborate with individuals to create personalized treatment plans that meet their needs. This approach embodies a commitment to person-centered care, helping the people we serve thrive.

Care is individualized offering increased support when necessary and scaling back when it's not. Unlike traditional appointments clinic participants have the flexibility to access care—virtually or in-person—on days and times that fit their schedules. This flexibility provides convenience and connection with care team members each visit, expediting progress through different phases of care and ultimately leading to greater satisfaction.



## CARE WITH YOU AT THE CENTER

"I love this program. I like that it has flexibility... [The clinic is] not confining, and [I] appreciate the resources on hand...[I'm] recommending [the clinic] to other family members and think it should be used by more people."

Team collaboration is essential to the success of both the people we serve and the support team members receive within the clinic. This can include:

- Care Coordinators enhancing communication among team members, addressing employment, housing, healthcare, and other needs of participants.
- Nurses working with people that do not need prescriber support.
- Peer Specialists using their lived experiences to provide a more comprehensive and holistic approach to care.
- In the Collaborative Care Clinics, every interaction is therapeutic, fostering an environment of support and healing.

Care Teams also benefit through problem-solving with the collective expertise and shared caseloads. This leads to empowerment and readiness to address the needs of the people we serve. Teams have reported higher job satisfaction because of the collaboration and positive outcomes.



**The Collaborative Care Clinics have been a success, ensuring everyone has access to care, support, and services when they need it.**



**816**

People served

**Decreased**

wait times

**5,222**

Services provided

43% in-person | 57% virtual

**91%**

report a good experience  
with the clinic



# Certified Community Behavioral Health Clinic



In 2022, Jefferson Center reached a significant milestone by securing a \$4 million Certified Community Behavioral Health Clinic (CCBHC) four-year planning grant from SAMHSA.

This grant represents far more than just financial support; it empowers the center to expand crucial services, reach underserved communities, improve intake and screening programs, and integrate new technologies that were previously beyond the scope of existing funding. Often, these innovations are limited by financial constraints, making them unattainable within tight budgets and reimbursement structures. The CCBHC model offers the resources and the flexibility for clinics to transform the experience of accessing care for the people and communities we serve.

Across the country, CCBHC's serve everyone who walks through their doors ensuring that everyone receives the same high-quality, comprehensive care regardless of ability to pay. Sites collect uniform data that is focused on outcomes and allows for comparisons across facilities and states. All are required to provide a federally defined array of services, either directly or through collaborations with designated partnering organizations.

Additionally, Jefferson Center has committed to growing our impact in the following ways:

- Enhancing access to behavioral health services for active-duty service members, veterans, and their families.
- Expanding availability of culturally responsive care and enhancing engagement for individuals within the LGBTQIA+ community.
- Increasing access to culturally sensitive care and broadening services to reach more individuals within the Latinx community.

In the first year, this new targeted outreach prioritized strengthening our community partnerships by expanding existing relationships and forging new ones. Through community engagement efforts, we connected with different communities, fostering trust and elevating awareness of our services and mission.

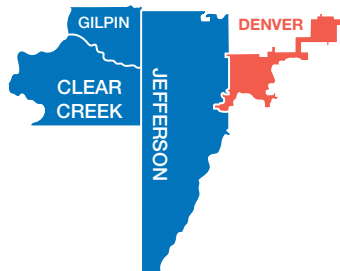
**5,230 people**  
reached through expanded  
outreach to LGBTQIA+,  
Latinx and Veteran communities.

**87%**  
of Jefferson Center's clinical  
staff were trained in gender  
inclusivity and proper  
pronoun usage.

**52 new intakes**  
through a new Bilingual Intake  
Clinician in first five months.



# Jefferson Center and WellPower are Merging!



We are excited to announce the merger of Jefferson Center and WellPower, two community mental health centers that are locally and nationally recognized for their excellence. Set for July 1, 2024, this merger marks the creation of a unified nonprofit community mental health center dedicated to serving the Clear Creek, Denver, Gilpin, and Jefferson County communities. By combining the strengths of our two organizations, we aim to revolutionize behavioral health services in Colorado.

Both Jefferson Center and WellPower bring extensive expertise and leadership in behavioral health to the table, making us unparalleled in our field. Our merger positions us as the largest and most innovative behavioral health provider in Colorado, equipped with an extensive range of services to address the diverse needs of our communities.

## Why Are We Merging?

The demand for behavioral health services has never been higher, with one in four Coloradans facing mental health or substance use challenges. Together, we are better prepared to address this growing demand by offering a comprehensive array of services, expertise, locations, and programs tailored to meet the unique needs of the people we serve.

Our focus is people first, with the clear goal to maximize our impact on the communities and people we serve and maintain our reputation as an employer of choice for our dedicated teams.

## Leadership Transition

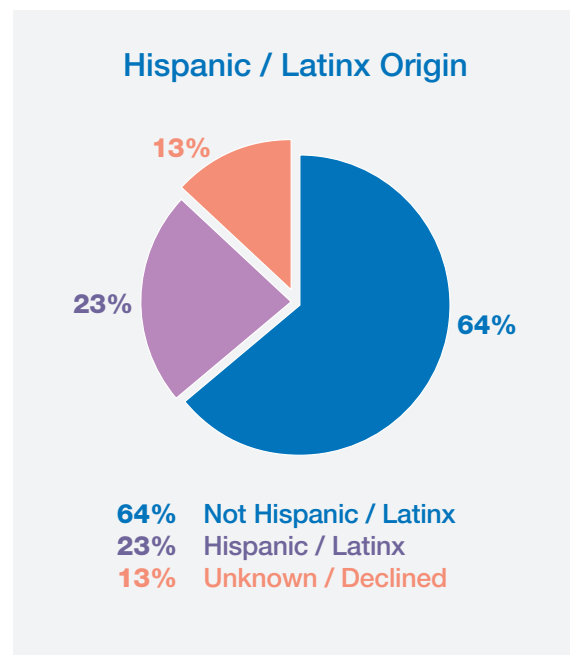
Our leadership transition plan underscores our commitment to a smooth integration process. Dr. Carl Clark, CEO of WellPower, will serve as CEO initially, with Dr. Kiara Kuenzler, CEO of Jefferson Center, assuming the role of President. Upon Dr. Clark's retirement in early 2025, Dr. Kuenzler will take on the combined role of President and CEO. This shared leadership approach will facilitate the integration of our organizations, seamlessly bringing together our teams, community partnerships, and stakeholders.

We are committed to preserving and enhancing the partnerships we have cultivated over the past 65 years. As we move forward, our focus will be on ensuring continuity of care and maintaining the trust of our communities.

**We are excited about the possibilities this merger brings and look forward to serving our communities with even greater impact and effectiveness.**

**For updates and information, visit: [jcmh.org/mergerinfo](https://jcmh.org/mergerinfo)**

## FY 2023 Fiscal Responsibilities & Demographics



## Audited Revenues & Expenses

### 2023 Revenue

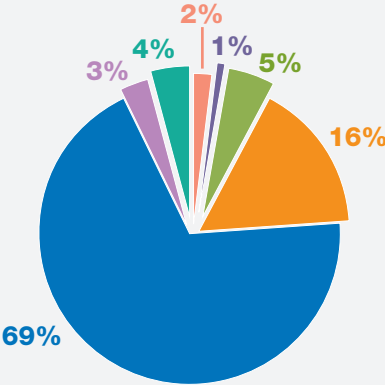
|                              |                     |
|------------------------------|---------------------|
| Medicaid                     | \$52,822,705        |
| Private Insurance & Self Pay | \$2,834,960         |
| Medicare                     | \$326,281           |
| State of Colorado            | \$7,774,041         |
| County / Municipals          | \$1,023,517         |
| Pharmacy Revenue             | \$11,277,148        |
| Contracts & Grants           | \$8,792,860         |
| Rent Revenue                 | \$1,418,629         |
| Philanthropy                 | \$200,000           |
| Other Income                 | \$3,289,801         |
| <b>Total Revenue</b>         | <b>\$89,759,942</b> |

### 2023 Expenses

|  |                     |
|--|---------------------|
| Personnel  | \$53,894,126        |
| Pharmacy   | \$10,402,352        |
| Operating  | \$5,676,662         |
| Client Related                                       | \$710,194           |
| Occupancy  | \$4,213,250         |
| Other Expenses                                       | \$1,368,886         |
| Professional Fees                                    | \$3,056,870         |
| <b>Total Expenses</b>                                | <b>\$79,322,340</b> |
| Operating Income                                     | \$10,437,602        |
| Net gain (loss) on investment<br>in equity investees | \$(2,133,566)       |
| Investment Gain                                      | \$1,211,695         |
| Net Gain (loss)                                      | \$9,515,731         |

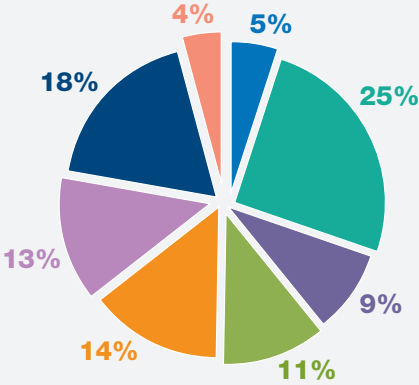
Race

- 2% American Indian
- 1% Asian / Pacific Islander
- 5% Other
- 16% Unknown/Declined
- 69% White
- 3% Black/African-American
- 4% More Than One Race



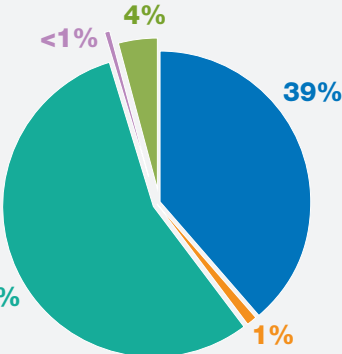
Age

- 5% Less than 10
- 25% 10 to 19
- 9% 20 to 29
- 11% 30 to 39
- 14% 40 to 49
- 13% 50 to 59
- 18% 60 to 69
- 4% 70 and over



Gender

- 39% Cisgender Man
- 1% Transgender Man
- 56% Cisgender Woman
- <1% Transgender Woman
- 4% Nonbinary



Diagnosis

- 26% Depressive disorder, recurrent or episodic
- 22% PTSD / Reaction to Severe Stress
- 15% Other anxiety disorders
- 10% Bipolar Disorder
- 8% All other diagnoses
- 6% Schizophrenia / Schizoaffective disorders
- 5% Attention-deficit hyperactivity disorders
- 6% Alcohol / Substance use / dependence
- 2% Persistent mood disorders







Our Spring Gala was an enchanting evening commemorating 65 years of serving our community. Our Sapphire Anniversary Gala brought together over 300 donors, community partners, staff, and people we serve in championing mental health awareness and celebrating the journey of recovery from mental health and substance use challenges. The event raised a remarkable \$62,000, dedicated to supporting our New Vistas Crisis Stabilization Unit for children and adolescents. We extend our heartfelt gratitude to everyone who contributed to the success of this event.



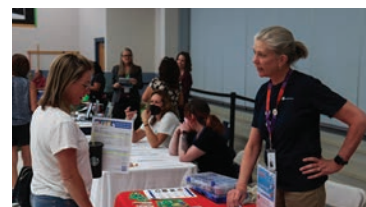
## Legislative BBQ



Jefferson Center, in partnership with DDRC, Seniors' Resource Center, and Family Tree, proudly hosted our 22nd annual Legislative Barbecue on September 7. Following two years of virtual gatherings, we returned to an in-person event, attracting over 200 attendees, including elected officials and candidates for federal, state, and local elections. The event serves as an important platform to raise awareness about behavioral health, the needs of older adults, individuals with disabilities, victims of domestic violence, and those experiencing homelessness. Moreover, it facilitated meaningful conversations between the nonprofits and our elected officials.

## Helping Kids Thrive

This year we celebrated our 33rd annual Helping Kids Thrive parent conference, and our commitment to supporting families. With over 150 parents, caregivers, community partners, volunteers, and presenters in attendance, the conference buzzed with gratitude and excitement for the invaluable information, connections, and resources shared. A diverse 15 topics were covered in sessions, along with 18 resource tables offering support. It was an extraordinary evening brimming with idea-sharing, learning, and meaningful connections.



# Thank You Sponsors!

Without the financial support of our community, many of the mental health and substance use treatment programs and services we provide would not be available to the people who truly need them. We would like to thank the following community sponsors and funders for supporting Jefferson Center this year. Their donations were critical in allowing us to reach record numbers of people and remain on the cutting edge of mental health and substance use treatment innovation.

## 2023 Community Sponsors and Funders

|   |  |   |
|---|--|---|
| A&B Builders  | Colorado Gives Foundation                  | Medtronics Foundation                                     |
| Affordable American Insurance                         | Colorado Home Realty                       | Mile High United Way                                      |
| AllHealth Network                                     | Community Shares of Colorado               | MSU Denver  |
| Alpha & Omega Landscapers                             | Conexus Insurance Partners                 | NAMI Jeffco   |
| Amazon Smile  | Connect for Health Colorado                | National Council on Aging                                 |
| American Endowment Foundation                         | Consolidated Investment Group              | Netsmart Technologies                                     |
| American Family Mutual Insurance                      | Corebridge Financial                       | Network for Good  |
| Auptimal  | DaVita                                     | Professional Assist Foundation                            |
| Bayaud Enterprises, Inc.                              | Decade2Connect                             | Progressive Insurance Foundation                          |
| Behavioral Health Administration                      | Denver Regional Council of Governments     | Rheinlander Bakery  |
| Bill Ackerman Estate                                  | Developmental Disabilities Resource Center | Rotary Club of Golden                                     |
| Blue Spruce Kiwanis                                   | Dreambent Studios LLC                      | Schlessman Family Foundation                              |
| Boulder Associates                                    | Elevance Health                            | SCL Health  |
| Buell Foundation                                      | FirstBank                                  | SCU Community Foundation                                  |
| Footers Catering                                      | Foothills Regional Housing                 | Security Central, Inc.                                    |
| Charles Schwab  | Forvis                                     | Seniors' Resource Center                                  |
| Chevron   | The Foundation at Rolling Hills            | Signal Behavioral Health Network                          |
| Cigna Foundation                                      | Frank A. O'Neil Family Foundation          | Southwest Lock & Safe                                     |
| City of Arvada  | GHX  | SS&C   ALPS   |
| City of Westminster                                   | Gilpin County                              | Substance Abuse and Mental Health Services Administration |
| City of Wheat Ridge                                   | Greiner Electric                           | The Applewood Community Foundation                        |
| Citywide Banks  | IMA Financial Group                        | The Colorado Health Foundation                            |
| Colorado Access                                       | Innovest Portfolio Solutions               | The Colorado Trust  |
| Colorado Community Health Alliance                    | Invest in Kids                             | The IMA Foundation  |
| Colorado Department of Health Care Policy & Financing | Jefferson County                           | Tolin Mechanical  |
| Colorado Department of Human Services                 | Jones & Keller, P.C.                       | Wheat Ridge Police Department                             |
| Colorado Department of Local Affairs                  | Kaiser Permanente                          | Whole Foods Market Community Giving Program               |
| Colorado Department of Public Health & Environment    | Karuna Care Services                       | Zivaro, Inc.  |
|   | King Soopers Community Rewards             |   |

## Want to get involved?

- Donate** As a nonprofit organization, Jefferson Center relies on the financial support of our community to remain innovative and responsive to emerging mental health needs. Give a tax-deductible gift to Jefferson Center today and help support behavioral health services for community members who are uninsured or lack adequate coverage for treatment. **Visit [www.jcmh.org](http://www.jcmh.org) or contact Kelsey Parker at [KelseyP@jcmh.org](mailto:KelseyP@jcmh.org).**
- Volunteer** Many of our programs benefit from the commitment and contribution of our volunteers. Make a difference in the lives of others with a gift of your time and talent. For more information on ways to get involved, or to talk about your goals for supporting Jefferson Center, contact **Julie DiTullio at 303-432-5644 or [JulieD@jcmh.org](mailto:JulieD@jcmh.org).**
- Host a Presentation** As a part of our commitment to mental health education and outreach, Jefferson Center provides free presentations designed to raise awareness and decrease stigma that surrounds mental health and substance use disorders. Tailored to the specific needs of organizations and other audiences alike, our clinicians provide engaging presentations on a variety of mental health topics. If you're interested in hosting a presentation for your business, school, church, or community group, contact **Christy Boland at [ChristinaBo@jcmh.org](mailto:ChristinaBo@jcmh.org).**

## Our Leadership at Jefferson Center

| Executive Management Team 2022-2023  | Jefferson Center Board of Directors 2022-2023 |   |
|--|---|---|
| Kiara Kuenzler, PsyD, LP<br><i>President and CEO</i>   | Lynn Oliver<br><i>Chair</i>                   | Sandy Hollingsworth<br><i>Gilpin County Commissioner</i>  |
| Lenya Robinson, MA, LPC<br><i>Chief Operating Officer</i>  | Elisabeth Suarez<br><i>Vice Chair</i>         | Chad Holtzman   |
| David Goff, MBA<br><i>VP, Administration, and CFO</i>  | Meera Rosser<br><i>Secretary</i>              | Tracy Kraft-Tharp<br><i>Jefferson County Commissioner</i> |
| Don Bechtold, MD, DLFAPA, DFAACAP<br><i>VP, Healthcare and Integration, and Medical Director</i> | Al Sahlstrom<br><i>Treasurer</i>              | Mary Berg<br><i>Alternate</i>                             |
| Brandon Ward, PsyD<br><i>Chief Innovation Officer and VP, Information Systems</i>                | Vincent Bustos                                | Shirley Thomas  |
| Jessica Dunbar, MSPH<br><i>Chief Business Development Officer</i>                                | Bonny Dahm                                    | Sean Wood<br><i>Clear Creek County Commissioner</i>       |
| Sarah Posey<br><i>Sr. Executive Assistant</i>  | Monica DeGraff                                | John Zabawa<br><i>Past Chair</i>                          |
|  | Carol Deitesfeld                              |   |
|  | Dennis Edmonds                                |   |



## Ways to Support Jefferson Center



### Stay in the Loop!

Sign up to stay up to date on the latest news from Jefferson Center.

### Donate

Give a tax-deductible gift to support mental health and substance use services at Jefferson Center.



### Host a presentation

Choose from frequent topics or let us help develop an in-person or virtual presentation for your business, school, church, or other group.



### Volunteer

Make a difference in the lives of others with a gift of your time and talent.

### Attend an Event

Show your support at an event that excites you. Join together with your community to experience the impact of Jefferson Center.



### Join the Policy Action Network

Connect with elected officials and other decision-makers to improve the lives of community members.



### Enroll in Classes

Get certified in Mental Health First Aid and learn to recognize a range of mental health and substance use disorders as well as how to help those dealing with these issues. Identify the warning signs of a suicide crisis and understand how to help with our Question, Persuade, Refer (QPR) classes.

**Your support can help us ensure a vibrant, sustainable, and resilient community. To find out more about how to get involved, contact Kelsey Parker at [KelseyP@jcmh.org](mailto:KelseyP@jcmh.org).**

## LOCATIONS



**Many Convenient Locations, One Convenient 24-Hour Phone Number.**

**Local: 303-425-0300 • Toll Free: 1-800-201-5264**

**Crisis & Recovery Center**

4643 Wadsworth Boulevard  
Wheat Ridge, CO 80033

**Independence Office  
and Administration**

4851 Independence Street  
Wheat Ridge, CO 80033

**Alameda Office**

5801 West Alameda Avenue  
Lakewood, CO 80226

**Zang Office**

421 Zang Street  
Lakewood, CO 80228

**Jefferson Plaza Office**

3595 South Teller Street  
Lakewood, CO 80235

**West Colfax Office**

9485 West Colfax Avenue  
Lakewood, CO 80215

**Union Square Health Plaza**

12055 West 2nd Place  
Lakewood, CO 80228

**Evergreen Mountain Office**

31207 Keats Way  
Evergreen, CO 80439

**Gilpin County Public Health**

15193 CO-119  
Black Hawk, CO 80422

**North Wadsworth Office**

7828 Vance Drive  
Arvada, CO 80003

**Mountain Resource Center**

11030 Kitty Drive  
Conifer CO 80433

**Clear Creek Health  
and Wellness Center**

1969 Miner Street  
Idaho Springs, CO 80452



**Celebrating 11 Years in a row!**