



A Guide to Your Services

This guide provides information and answers to common questions. Please call us with any additional questions at 303-425-0300

Caring for Your Overall Health

At Jefferson Center, we understand the important relationship between mind, body and emotions. Our integrated care approach is simple: we believe that overall health means healthy minds and healthy bodies. To do this, we offer an array of individual and group therapy options, wellness classes, vocational services, on-site pharmacy services and more.

Rescheduling an Appointment

We understand schedules may change. If you need to reschedule an appointment, please call **303-425-0300**. Please try and reschedule at least 24 hours before your missed appointment whenever possible.

Contact Us

Contacting your treatment team between appointments is easy. Call our main number **303-425-0300** to reach your therapist, care coordinator or anyone else on your treatment team. If you leave a message, we will call you back within 24 hours.

Manage Your Care

PatientPORTAL is your online and mobile connection to manage your care, anytime, anywhere. Call us at **303-425-0300** to get signed up today.

Handling a Crisis

If you need to speak with someone regarding an urgent matter, please call **303-425-0300**, where Jefferson Center crisis counselors are available 24/7/365. You may also access the statewide crisis system that Jefferson Center is a partner in, Colorado Crisis Services, by calling 1-844-493-8255, texting “TALK” to 38255 or visiting coloradocrisisservices.org. The Walk in Crisis Center is located at 4643 Wadsworth Blvd. Wheat Ridge, CO 80033.

If you are experiencing a life-threatening emergency, call 911.

Filling a Prescription

Save time and money by using the Blue Spruce Pharmacy for all your medication needs. Our pharmacy has two convenient locations – our Independence and West Colfax offices. Your prescriptions can also be refilled online or via the phone app, Rx 2 Go, and delivered to any Jefferson Center location.



Want Online Support Now?

Free, easy-to-use online resources including videos and tips are available to you anytime by logging onto myStrength. We offer myStrength as extra support on your journey to mental and physical wellness. It's a free program for our clients and community, so if you like what you see, pass it on to friends and family!

Visit: myStrength.com/signup Access Code: BeWell