



## Adult Education Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

### **English as a Second Language Classes:**

#### **Emily Griffith Technical College – 2 different programs offered**

720-423-4700 ~ 1860 Lincoln St, Denver, CO 80203

<https://www.emilygriffith.edu/programs/english-programs/>

- Career Readiness ESL (CRESL)
  - Classes for those who have refugee or SIV status, have been granted final asylum approvals, have Humanitarian Parolee status from Afghanistan or Ukraine AND have been in the US for less than 5 years.
- CTE Prep for English Language Learners
  - Free class for level 4 and 5 English Language learners with interests in entering a Career and Technical Education (CTE) program at Emily Griffith Technical College.

#### **Contents:**

[English as a Second Language](#)  
– p.1

[GED, Computers, Testing and Continuing Education](#) – p. 2

[College and College Prep](#) – p. 5

[Financial Aid Websites](#) – p. 6

[Total/Permanent Disability Student Loan Forgiveness](#) – p.7

#### **Jeffco Public Schools – Adult ESL**

720-813-6983 ~ 5280 W. Ohio Ave. Lakewood, CO 80226

[AdultESL@jeffco.k12.co.us](mailto:AdultESL@jeffco.k12.co.us)

<https://www.jeffcopublicschools.org/learning/english-as-a-second-language/adult-literacy>

#### **Adult ESL Program Types**

Literacy and ESL for Refugees)

- Pre-literacy, Basic literacy, Basic ESL, and Beginning ESL classes for new refugees.
- Students learn English literacy skills and participate in community activities.
- This program is funded by the Colorado Refugee Services Program (CRSP)
- Cost is free for Office of Refugee Resettlement-eligible people
- Times are mornings (9:30-11:30 AM) and evenings (6-8 PM)
- Classes are available to valid refugee, asylee or special immigrant visa holder status. We enroll students each month

Community and Workforce ESL)

- Please look for information regarding the fall term coming soon

#### **The Learning Source**

(720) 837-1123

<https://www.thelearningsource.org/>

- Offers free ESL and GED courses through the Metro area and some online
- English as a Second Language (ESL) classes are available at our partner library location in Arapahoe County.
  - They offer 6 levels of ESL classes with a focus on the skills needed for living and working in an English-speaking society. Classes include practice with reading, speaking, listening and writing.
  - Registration is by appointment only as space is limited. The classes are FREE for adults 17 1/2 years and up.

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- Childcare is not provided.
- The library also brings in guest speakers, gives tours and teaches students how to use the library - including how to access online and community resources as well as other helpful “how to” tutorials to help students navigate American culture.

## **The Cultural Development & Wellness Center - Asian Pacific Development Center**

303-617-2300 ~ 1537 Alton St., Aurora, CO 80010

<https://www.auroramhr.org/cultural-development-wellness-center/adult-education/>

Behavioral Health, Victim Assistance, Adult Education, Youth Leadership Academy™ (YLA), and Colorado Language Connection (CLC).

- We have helped countless adult students to learn English, pass the General Education Development (GED) test, apply for citizenship, and more. We have a welcoming school community for all adult learners, regardless of their language, educational background, or immigration status
- Visit the website for more locations that offer classes.

## **Denver Public Library – New Americans Program**

720-865-2362 ~ Various locations throughout Denver

[plaza@denverlibrary.org](mailto:plaza@denverlibrary.org)

<https://www.denverlibrary.org/services-immigrants>

- ESL, immigrant resources, and citizenship classes
- Visit website or call for an updated calendar of class dates and times

## **UC Denver ESL Academy**

303-315-2383 ~ 1100 Lawrence St. #014, Denver, CO 80204

<https://clas.ucdenver.edu/esl/about>

- ESL classes for current CU Denver students
- Integrates English learning into academic course work
- There are 5 terms/year.
- Each term is 8 weeks.

## **Focus Points Family Resource Center – ESL Program**

303-292-0770 ~

For inquiries or registration assistance, please email [wildflower@focuspoints.org](mailto:wildflower@focuspoints.org) or text 720-722-2878

<https://www.focuspoints.org/family-services/adult-education/>

## **Wildflower English for Newcomers Program**

We offer both virtual and in-person classes for ORR-eligible adult refugees. Our classes are designed to meet a variety of learning needs, from pre-literate to advanced levels, and include enrichment options like Computer Skills and Grammar Skills.

- 100% Free Classes
- Year-Round Enrollment
- Class Levels from Pre-Literate to Advanced
- To enroll in our program, you should be associated with a Colorado Resettlement Agency. Please ask your case manager to refer you to Focus Points for English classes. Upon referral, we will contact you for registration at one of our locations:
- Focus Points Location: 2501 E. 48th Ave, Denver, CO 80216
- Mango House Location: 10180 E Colfax Ave, Aurora, CO 80010

Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

### Spring Institute

They offer in-person, online, and hybrid classes. Formats vary by class offering.

For information about class schedules and locations, send the contact form at the bottom of the linked page or email them at: [adulted@springinstitute.org](mailto:adulted@springinstitute.org)

<https://springinstitute.org/adult-education/>

English (ESL) Classes: We offer ESL Classes for all skill levels.

- Beginning Literacy for Refugees (online), Beginning ESL & Digital Skills (in person)
- Intermediate ESL & Digital Skills (hybrid)
- Advanced ESL & Digital Skills (online)

Workplace English (ESL) Classes

- English for Early Childhood Education (ECE) Careers (online)
- ESL for Workplace Essentials (online)

Classes for Older Adults (Ages 50+)

- Citizenship for Older Adults (in person)
- Beginning Literacy for Older Adults (in person)
- Beginning ESL for Older Adults (hybrid)
- Intermediate/Advanced ESL for Older Adults (hybrid)

Career Pathways

- Spring Institute offers free career coaching services and employment readiness workshops to assist immigrants and refugees with achieving their career goals. The program primarily serves internationally trained healthcare and education professionals as they reclaim their careers in Colorado. Our trained coaches provide 1-1 human-centered career coaching to assist participants in navigating licensure, creating goals, developing employment readiness skills, and exploring alternative career pathways.

### GED, Computers, Testing and Continuing Education

#### Jeffco Public Schools – Adult Education

[https://www.jeffcopublicschools.org/programs/adult\\_education](https://www.jeffcopublicschools.org/programs/adult_education)

- Jeffco offers adult education, GED and GED Plus programs that provide students with academic and workplace skills in addition to GED prep and testing.
- McLain Community High School GED and Adult Education Programming
  - 13600 West 2nd Place, Lakewood, 80228
  - 303- 982-1217 or 303-982-7627
- Next Arvada GED Program
  - 5400 Miller Street, Arvada, CO 80002
  - 303-495-8296
- Next Littleton GED Program
  - 1907 W. Powers Ave, Littleton, CO 80210
  - 720-357-5595

#### The Learning Source

(720) 837-1123

[info@thelearningsource.org](mailto:info@thelearningsource.org)

<https://thelearningsource.org/digital-navigation-classes/>

- Offers foreign language classes and digital literacy classes
- We have partnered with the Colorado Department of Labor and Employment and AmeriCorps to offer FREE digital navigation and literacy services at more than 30 sites in Denver, Lakewood, Boulder, Lafayette, Longmont, Salida and Pueblo.

Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

- Our team of digital navigators is trained to help community members with basic computer, phone, internet and email skills. Help is available in English and Spanish and other languages upon request. All sessions and services are FREE.
- Call or visit the website to enroll!

### **The Cultural Development & Wellness Center - Asian Pacific Development Center**

303-617-2300 ~ 1537 Alton St., Aurora, CO 80010

<https://www.auroramhr.org/cultural-development-wellness-center/adult-education/>

Helps immigrants, refugees, non-native English speakers, and others to gain the skills and knowledge they need to be self-sufficient in their community.

- Help with General Education Development (GED) test, applying for citizenship, adjusting to the workforce, and more.
- Aurora Mental Health & Recovery's Adult Education Program also provides learning opportunities through workforce training, tutoring, and more! Students can receive support from our Wraparound Services Program, Victim Assistance Department, and Behavioral Healthcare Clinic.

AMHR Adult Education services Adams, Arapahoe/Douglas, Denver, and Weld Counties.

Classes are provided at the following locations:

- Cultural Development & Wellness Center at Alton St. Center, [1537 Alton St., Aurora, CO 80010](#)
- Martin Luther King Jr. Library, [9898 E. Colfax Ave., Aurora, CO 80010](#)
- PCs for People, [6035 E 38th Ave, Denver, CO 80207](#)
- Arapahoe/Douglas Works! Aurora Workforce Center, [15400 E 14th Pl, Aurora, CO 80011](#)

### **Denver Public Library – New Americans Program**

720-865-2362 ~ Various locations throughout Denver

[plaza@denverlibrary.org](mailto:plaza@denverlibrary.org)

<https://www.denverlibrary.org/services-immigrants>

- Resources, and citizenship classes
- Visit website or call for an updated calendar of class dates and times
- Offers technology courses

### **Front Range Community College**

[www.frontrange.edu/programs-and-courses/ged-testing](http://www.frontrange.edu/programs-and-courses/ged-testing)

If you're a Colorado resident, 17 or older, and never got your high school diploma, Front Range Community College can help you get your High School Equivalency (HSE) diploma. 16-year-olds can apply for an [age waiver](#).

FRCC offers two High School Equivalency (HSE) exams:

- GED (Boulder County, Larimer and Westminster Testing Centers)
- [HiSET](#) (Larimer Testing Center only)

For the 2024-2025 academic year, Next Larimer County will offer an in-person drop-in site for the Next Online program and will be enrolling 17-20 year olds. Here are some of the supports you can receive:

- Free GED testing
- Academic support and preparation for the GED via synchronous online classes, asynchronous courses and in-person support
- Flexible scheduling
- Literacy education
- Job-seeking support
- Transition to FRCC certificate programs or further education
- Support and services are available in English and Spanish.

Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

- If you are interested in GED preparation through Next GED, please contact Lauren Pellow via text or call to [720-660-1092](tel:720-660-1092)

### Colorado Department of Education

[www.cde.state.co.us/postsecondary/ged](http://www.cde.state.co.us/postsecondary/ged)

A High School Equivalency (HSE) diploma is equivalent to a traditional high school diploma for the purpose of obtaining education or employment in Colorado. The two State Board of Education-approved HSE tests in Colorado are:

- GED® (General Educational Development) Test, provided by GED Testing Service (GEDTS®); and
- HiSET® (High School Equivalency Test), provided by PSI Services.
  - Find a testing center and order records via the link above

### GED® official website

<https://www.ged.com/>

- Your online GED® account is your one-stop shop for passing the GED® test. It's free to set up, and you'll find study materials, tips, and classes. You can also learn more about the test subjects and schedule your test.

### Employment Navigation Center

303-271-4755 ~ 3500 Illinois St, Suite 1600, Golden, CO 80401

<https://www.jeffco.us/1773/Employment-Navigation-Center>

Whether you are currently unemployed, under-employed or looking to change jobs, attending these workshops will help you to become fully prepared to secure and advance your career. You can access these workshops via your phone, smart phone, laptop, or desktop. Training is free, but space is limited. [Register](#) for any of our free workshops now. Be sure to register for an upcoming class at least 24 hours in advance.

Help is also provided in:

- assisting you in determining the direction you would like to take in your career
- helping you to evaluate whether you need a survival job, conventional employment, a entirely new career, or something in between
- developing a career or job search plan
- preparing for employment with job search tips, resume feedback, interviewing techniques and more

Our coaches are well versed in a variety of techniques to assist job seekers in marketing their experience and skills to meet the demand and needs of employers.

### Center for Work Education and Employment (CWEE)

303-892-8444 ~ 1175 Osage St., Suite 300, Denver (80204)

[www.cwee.org](http://www.cwee.org)

CWEE's program provides essential supports for low-income, career seeking parents through three holistic program elements: Foundational, Wellness, and Employment and Education programming

- Job readiness, digital literacy, HSE, Adult Basic Education and vocation training, soft skills training

### Emily Griffith Technical College

720-423-4700 ~ 1860 Lincoln St, Denver, CO 80203

[www.emilygriffith.edu](http://www.emilygriffith.edu) (click on *Programs*)

- Various technical degrees offered and GED preparation
- Evening Online Classes – Students meet in an online class format during scheduled class time. Students also work independently using the Aztec learning platform and meet with their instructors individually for support.



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

- Saturday In-Person Classes – Students meet at Emily Griffith Technical College’s Main Campus at 1860 Lincoln Street, Denver, CO 80203. Instructors work with students in groups and individually during scheduled class time.
- Tuition varies by class selection and ranges from \$200.00 to \$350.00 per class. Students may apply for a scholarship although it is not guaranteed.
- Registration Times: Students can apply online at any time. Registration opens 3 weeks prior to term start dates. Go to [emilygriffith.edu](https://emilygriffith.edu)

### Community College of Aurora

303-340-7797 or 303-360-4700 ~ 9202 East Severn Place Denver, CO 80230

<https://ccaurora.edu/event/sign-up-for-esl-ged-and-citizenship-classes/2024-02-26/>

- ESL, GED AND Citizenship classes
- Fill out an interest form online or call for more information

### Community College of Denver

303-556-2600 ~ 1111 W. Colfax Ave. Denver, CO 80204

<https://www.ccd.edu/pathways/adult-education>

- ESL classes are offered that cover reading, writing, listening and speaking English (7 levels). We also provide customized corporate English language classes for employees at your organization.
- We offer digital skills, financial education, resume, career exploration, and more! Or choose an 8-week high school equivalency (GED) preparation class.

### Gathering Place

303-321-4198 ~ 1535 High Street, Denver, CO 80218

[www.tgpdenver.org/what-we-do/programs-services.html](http://www.tgpdenver.org/what-we-do/programs-services.html) (choose *Forster Personal Growth*)

- HSE preparation, job readiness, computer lab, and case management
- Children who are not yet school age can have supervised play in the family area at no cost while participants are testing and in class.
- Call or visit website for up to date class schedule

### Jefferson County Public Library

303-235-5275 ~ 10200 W. 20th Ave Lakewood, CO 80215

<http://jefferson.lib.co.us> (click on *Events> Technology Classes*)

- Locations throughout Jefferson County
- Free computer basics classes. Space is limited.

### Senior Planet

Registration for Summer courses is now open! To register for courses come to our center in Lowry or call 888-713-3495

<https://seniorplanet.org/locations/colorado/courses/>

### Tech Pals

1-844-832-4725

<https://thetechpals.org/>

- Device Set Up
- Technology Training

Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

- 1:1 in Person and Groups
- Books, Games, Zoom, Facebook
- Virtual Reality

## **Job Corps**

800-733-5627

[www.jobcorps.gov](http://www.jobcorps.gov)

- Various sites
- HSE or high school diploma residential job training program
- Programs for single parents
- Career transition services upon graduation
- Open to youth 16-24 who are US citizens and meet the program's income requirement

## **Metro State University of Denver – Family Literacy Program**

303-615-1163 ~ 4440 Navajo St., Quigg Newton Community Center, Denver 80211

<https://www.msudenver.edu/flp/>

- Provides adult education and training, ESL, early childhood education and parents as teachers programs

## **Metro State University of Denver – Veteran's Upward Bound**

303-615-0044 ~ 900 Auraria Parkway Denver Room 215, CO 80204

[www.msudenver.edu/veterans/](http://www.msudenver.edu/veterans/)

- VA education benefits help Veterans, service members, and their qualified family members with needs like paying college tuition, finding the right school or training program, and getting career counseling.
- Contact: [veterans@msudenver.edu](mailto:veterans@msudenver.edu)

## **Mountain Resource Center**

303-838-7552 ~ 11030 Kitty Dr., Conifer 80433

<https://www.mrcco.org>

- Their Job Training Program offers part-time, temporary employment with MRC while providing coaching, networking, and continuing education.
- Roundtable discussions are held regularly and built around topics that are participant-driven with a focus on development/strengthening of soft skills and computer skills. Participants also engage in weekly one-on-one meetings with the program coordinator. The duration is 24 weeks.
- Veteran support is also available

## **College/ College Prep**

### **My Colorado Journey**

303-862-3001

<https://www.mycoloradojourney.com/journey>

- Clear Pathways to Success: Access detailed information on 16 industries with published pathways.
- Real-World Data: Explore annual salaries, in-depth job descriptions, required skills, and relevant education and training programs.
- Tailored for You: Whether you're just starting out or looking to advance, these pathways provide clear steps for a brighter professional future in Colorado's most in-demand industries.

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- Support for Continuous Learning: Discover resources that foster ongoing skill development and career growth.
- Bridging the Gap: These pathways aim to address the growing demand for skilled professionals, strengthen career development, and increase public awareness of exciting opportunities.

## **Educational Opportunity Center:**

303-352-8746 ~ 1111 W Colfax Ave, Cherry Creek Building Suite 137, Denver CO 80204

[www.ccd.edu/org/educational-opportunity-center](http://www.ccd.edu/org/educational-opportunity-center)

- Offers services to help you succeed, including educational planning and counseling, career exploration counseling, student financial aid advising, financial literacy information, and assistance with scholarship searches. Also offers college preparation workshops throughout the year.
- Services are free and available to individuals who meet the following criteria:
- U.S. citizen or eligible non-citizen
- Interested in pursuing a GED, vocational training, certificate program, or four-year college
- Do not yet have a bachelor's degree
- 

## **Minds Matter Colorado**

[www.mindsmatterco.org](http://www.mindsmatterco.org)

- Students must be willing to make a three year commitment through 10<sup>th</sup> – 12<sup>th</sup> grades.
  - Students receive dedicated mentorship from volunteers who provide academic, college, and personal guidance.
  - Weekly college-prep sessions covering topics like SAT preparation, essay writing, and financial aid applications.
  - Students participate in summer programs at college campuses, providing them with a taste of the college experience
- Benefits
  - Weekly mentoring
  - Paid tuition for summer programs
  - 40-50 hours of SAT prep
  - Individualized support applying to at least 6 colleges and 30 scholarships
- Eligibility
  - Student is in 9<sup>th</sup> grade with a 3.25 GPA or higher.
  - Student must maintain a 3.25 GPA or higher while enrolled in Minds Matter (10<sup>th</sup>-12<sup>th</sup> grade)
  - Qualify for free/reduced lunch
- How to Apply:
  - Complete an application online
  - Have a teacher fill out an online recommendation
  - Have a counselor or adult fill out the online nomination form
  - Have a parent or guardian fill out the parent/guardian application form

## **Financial Aid**

**Free Application For Federal Student Aid (FAFSA):** [www.fafsa.ed.gov](http://www.fafsa.ed.gov)

- Official website for applying for financial aid. Calculates your need.
- Once you have applied for aid here, FAFSA will send the results to your school(s) of choice. Then you can contact your school's financial aid office to find out what loans and grants may be available to you.

**FINAID!:** <https://finaid.org>



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

- Info about types of financial aid available
- Scholarship and grant search engines
- Calculators and financial planning resources

**The College Opportunity Fund:** <https://cof.college-assist.org>

- Information about applying for this fund that pays a stipend for qualifying individuals attending undergraduate programs in CO.
- Info about types of financial aid available for all ages
- Scholarship and grant search engines

### **Student Loan Forgiveness**

**Total and Permanent Disability (TPD) Discharge**

1-888-303-7818 (M-F 8 AM – 8 PM)

[DisabilityInformation@Nelnet.net](mailto:DisabilityInformation@Nelnet.net)

<https://studentaid.gov/manage-loans/forgiveness-cancellation/disability-discharge>

- Student loans may be forgiven in the following circumstances.
  - You are a veteran who has been determined by the VA to be unemployable due to a service connected disability, and you provide documentation from the VA of that determination
  - You have received an SSA notice of award for SSDI or SSI stating that your next scheduled disability review will be 5-7 years or more from the date of your last SSA disability determination, and you provide a copy of that SSA notice of award.
  - You provide a certification from a physician in Section 4 of this discharge application that you are unable to engage in any substantial gainful activity by reason of a medically determinable physical or mental impairment that
    - Can be expected to result in death
    - Has lasted for a continuous period of not less than 60 months
    - Can be expected to last for a continuous period of not less than 60 months.
- Call number above or go online to apply.