



## Animal Assisted Therapy Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

### **Animal Assisted Counseling of Colorado**

720-933-3910

499 Vaughn Street, Aurora, CO 80011

[www.aacoc.net](http://www.aacoc.net)

- Services include individual, family, couples, and group sessions that utilize animal assisted counseling and evidence-based practices. Services may be beneficial for people who have found traditional "talk" therapy to be ineffective. Emotional Support Animal (ESA) evaluations are available for those already engaged in counseling or mental health support elsewhere.
- AACC accepts clients who have Denver County and Arapahoe County Medicaid , CHP+, Aetna, Cigna, United Healthcare, Oxford, and Oscar Health. Also accept private pay starting at \$125.

### **Animal Assisted Therapy of the Mountain Communities**

303-670-6552

28000 Meadow Drive Evergreen, CO 80439 Suite 203

<https://www.animalassistedtherapyofthemountaincommunities.com/>

- Offers equine therapy and other animal assisted therapy
- Accepts Medicaid. Private pay begins at \$175

### **Animal Assisted Therapy Programs**

720-266-4444

7275 Kipling Street, Arvada, CO 80005

<https://www.animalassistedtherapyprograms.org/>

- Offers group and individual therapy for children and adults, couples therapy, and family therapy.
- Accepts Medicaid, CHP+, UMR/United Healthcare, Jefferson County Victim's Compensation, Tricare West, Aetna, Cigna, Medicare and provides some low-cost services.

### **Finding Hiawatha: Animal Assisted Therapy Ranch**

720-663-0846

1255 Lee Street, Lakewood, CO 80215

<https://www.findinghiawathatherapy.com>

- Provides animal assisted therapy, including opportunities to work with cats, dogs, goats, rabbits, horses and rats.
- Also offers Gestalt Therapy, EMDR, Mindfulness, Attachment, and Synergistic Play Therapy
- Accepts Medicaid, Aetna, Cigna, and United. Also accept private pay starting at \$200.

### **Hope Farms Project**

720-217-2959

47695 Foxwood Dr, Elizabeth, CO 80107

<https://hopefarmsproject.org/>

- Provides individual therapy sessions utilizing equine assisted therapy, emus, rabbits, dogs, cats, horses, goats, chickens, ducks, pigs, and more.
- Also offers mindfulness and meditation classes, workshops, and retreats.

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## **Mustard Seed Ranch**

844-840-2232

Locations Throughout Colorado – call for more details

<https://mustardseedranch.org>

- Equine assisted therapy, specializing in trauma work in youth

## **Pathways to Connection Counseling (Formerly Courage to Connect Counseling)**

720-307-7565

[pathways2connection.com](https://pathways2connection.com)

8370 W Coal Mine Ave Ste 104, Littleton, CO 80123

- Offers animal and equine specific assisted therapy, play therapy, and nature-based therapy
- Can support those who are seeking a faith-based approach, but also can support non-religious individuals of all age groups.
- Offers sliding scale services.

## **Rocky Mountain Equine Assisted Psychotherapy**

[info@rockymountaineap.com](mailto:info@rockymountaineap.com) | Contact form available on website

<http://www.rockymountaineap.com/home.html>

- Provides individual, family, and group equine assisted therapy.
- Services are self/private pay, sliding scale fee available.

## **Working Together Pet Programs, LLC**

720-883-4477

<https://workingtogetherpetprograms.com>

- Provides ESA evaluations, pet training, pet assisted tutoring, pet-assisted trauma therapy, anger management, doula work, social skills and crisis relief—all assisted by animals.

## **Zumas Rescue Ranch**

303-346-7493

7745 N Moore Rd, Littleton, CO 80125

<https://www.zumasrescueranch.com>

- Offers life skills coaching, group therapy programs, family therapy, veteran services, and private therapy sessions.
- Offers sliding scale services and accepts Medicaid.