

# At-Risk Youth Programs

**Navigation Services** 



## Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

#### **Girls Incorporated of Metro Denver**

303-893-4363 1499 Julian St., Denver, CO 80204 www.girlsincdenver.org

- Our center-based programs focus on serving girls ages 6 to 20 every day after school during the school year and all day in the summer. These programs provide a safe place for girls where they can learn tools to express themselves with originality and enthusiasm, accept who they are, take healthy risks, and strive to be responsible and self-sufficient community members.
- Programs may require a nominal membership fee. *Fees are based on a sliding scale* no girl is ever turned away because of inability to pay.

## Colorado UpLift

303-830-6615 400 W 48<sup>th</sup> Ave #250 Denver Co 80216 https://coloradouplift.org

- FREE
- Elementary-High School for youth in various schools Check Website to see which schools are served (all in Denver)
- Provides long-term support to youth. Those who complete the program, apply for college scholarships.

#### **City Wild**

303-227-6862 1620 E. 36<sup>th</sup> Ave., Denver, CO 80205 www.citywild.org

- Ages 11-18
- Offers various programs that provide experiential and environmental education program using outdoor activities, including rock climbing, rafting and hiking
- Provides youth workforce programs and leadership development
- Intensive and crisis services available for eligible youth and families

## Colorado HAWKS (Hard at Work Kids)

720-297-1154

1305 Krameria St., Unit 200, Denver, CO 80220 www.COHAWKS.com

- Provides and fosters the discipline necessary for at-risk, disadvantaged youth to achieve a college education through basketball scholarships.
- The program provides a year-round, culturally diverse, educational basketball program for boys and girls aged 8-17 years.
- Provides food assistance for families in the program

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#### **Urban Peak**

Shelter Hotline: 303-974-2908 | Main Number: 303-974-2900 | Drop-In Center: 303-974-2656 Drop-In Center and Overnight Shelter: 2100 Stout St., Denver, CO 80205

Drop-In Center Hours: Weekdays 8am – 8pm | Weekends 10am – 8pm | Closed Wednesdays 12pm – 5pm www.urbanpeak.org/

- Overnight shelter and drop-in center for homeless and runaway youth
  - Call for shelter availability, best to call earlier in the day
  - Overnight shelter for youth ages 15-20
  - Services at the shelter: three meals a day, showers, counseling, case management, vaccinations, HIV and pregnancy testing, health screening, clothing, hygiene products, case management, and resource referrals
  - Services at Urban Peak's Drop-In Center: showers, a hot breakfast Monday through Friday, lockers, laundry services, computer access, music studio, and case management
  - Owns and operates three transitional housing apartment complexes which offer supportive services through individualized case management services.
- Education Program
  - Offers GED classes
  - Assistance with enrolling in high school and/or College/ Trade School
  - Employment and Training
    - Job Readiness Training

## **Big City Mountaineers**

303-271-9200 5394 Marshall St., #200, Arvada, CO 80002 www.bigcitymountaineers.org

- Single-Day Programs offered in local parks, including hiking, mountain biking, canoeing, snowshoeing and climbing. Used both before and after weeklong expeditions to begin and continue relationships between youth and adult mentors.
- Overnight Programs Provide wilderness mentoring opportunities to under-resourced urban youth 8-12 years improve teen self-awareness and personal responsibility, promote group developmental and effective communication, and deliver safe wilderness expeditions.
- Week-long expeditions For youth 13-18 with 1-to-1 student-to-adult ratio
- Peer Leader Program Alumni can assist adult mentors in the field, while gaining leadership and facilitation training; scholarships available for more intensive wilderness experiences through NOLS or Outward Bound
- Program guidelines require staff from the referring agency participate in the backpacking trip with the youth being referred. Contact organization for more details.

## **Environmental Learning for Kids (ELK)**

303-291-7553 PO Box 21679, Denver, CO 80221 www.elkkids.org

- ELK is an inclusive non-profit organization that develops inspired and responsible leaders through science education and outdoor experiences underserved urban youth ages 5-25
- Serves youth in Arapahoe, Adams and Denver counties
- Call or visit online to enroll: <u>http://www.elkkids.org/content/enroll-your-child</u>

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## Community Resources, Inc. (CRI)

720-423-1222 1651 S Dahlia St, Denver, CO 80222

## www.communityresourcesinc.org

- Works with community volunteers to provide thousands of classroom programs, family involvement events, mentorships, and special events for at-risk students in Denver.
  - Academic Mentors matches motivated students 5<sup>th</sup> 12<sup>th</sup> grade with professionals from the community to study and topic/career in depth.
  - Classroom Speakers a curriculum enhancement opportunity that brings knowledgeable community members into the classroom to share their passion and help learning come alive.
  - Family Nights an innovative evening program that creates fun family learning events that engage parents and kids (including: family reading, science, art, health and wellness, etc.)
  - Customized Events programs and events custom-designed to meet the needs of individual schools (including: career and science fairs, Colorado History Day, health fairs, etc.)
- All costs depend on specific details. Contact CRI for more information.

## **GRASP (Gang Rescue and Support Project)**

303-777-3117 1625 E. 35<sup>th</sup> Ave

## www.graspyouth.org

- A peer-run, intervention program that works with youth who are at-risk of gang involvement or are presently
  active in gangs, helps with families of gang victims, and serves as a youth advocate. Primarily run by exgang members who turned their lives around.
- For male/female ages 14-24 who are gang-involved (ranked in or associated with gang members, and/or family history of gang involvement), have substance abuse issues, history of juvenile justice involvement, family dysfunction or family involvement in any of the above.
- Services offered:
  - Support/Healing circles | Hospital Based At-Risk Intervention Mentoring (AIM) | EI Joven Nobel Indigenous-based youth leadership and development program | Xinachtli Female Rites of Passage Program | GRASP Enterprises for Job Readiness Training | Targeted Presentations | Tattoo Removal Program | Barrio Unity Mural Project |
  - Open Support Circle
    - Meets every Thursday 6:00 8:00pm (no RSVP/referral necessary) 303 W. Colfax Ave, Denver, CO 80204, 9<sup>th</sup> floor
    - The group is of no cost to participants.

#### **Colorado Circles for Change – formerly VORP of Denver** 303-534-6167

430 W 9<sup>th</sup> Ave, Denver, CO 80204 – through the green door in the back https://ccfcdenver.org

- Programs include: Youth Leadership Institute and Restorative and Transformative Justice Programs
  - Restorative Justice Programs include:
    - RESTORE: a 10 hour group process with other youth and families to focus on relationships, community, accountability, and social harmony.
    - Community Group Circles
    - Face to Face Healing Circle
      - Restorative justice healing circles are when the person who committed the wrong doing is brought ace to face with the person they harmed.
      - Families and supportive folks are included in the process.

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## **HCP-Jefferson County Public Health**

303-239-7006

http://jeffco.us/public-health/home-visitations/healthcare-program-for-special-needs-children/

- HCP: Heath Care Program for Children with Special Needs
  - Provides in-depth, one-on-one care coordination for families of children (birth to 21 years) who have, or are at risk for, physical, developmental, behavioral or emotional conditions. Examples of care coordination include: assistance with identifying local services, insurance or other financial resources, and supporting important transitions such as from hospital to home or from child to adult care. Care coordinators work with the family to advocate for the child, identify and prioritize needs, and develop a plan to achieve goals.
  - HCP program administers newborn hearing screenings for babies that are home birthed, or are born at a birthing center.
  - If referred by a health care provider or community agency, referral can be faxed to: 303-239-7008 or scan and email to <u>publichealthhomevisitation@jeffco.us</u>.

#### Mentoring Programs

#### Save Our Youth

303-455-1126 3443 W 23<sup>rd</sup> Ave, Denver, CO 80211 https://saveouryouth.org (referral form online)

- Eligibility: child must be ages 10-17, be able to express why they want a mentor, be experiencing of the following risk factors listed on the referral form
- Save Our Youth is not available to provide mentors to youth with the following:
  - Involved with gang activity
  - Struggling with drugs or alcohol (requiring professional addictions counseling)
  - Experiencing severe mental or behavioral health issues

#### **Metro Denver Partners**

303-777-7000 1625 E 35<sup>th</sup> St, Denver, CO 80205 www.metrodenverpartners.org

- Provides mentoring programs to youth ages 8-17 years.
- Youth must be referred by human service professionals (ie., school counselors, social workers, or juvenile justice officials)

## **Big Brothers Big Sisters of Colorado**

303-433-6002 750 W Hampden Ave Suite 450, Englewood, CO 80110 www.biglittlecolorado.org

- One-on-one mentoring program serving children in many Jefferson County locations (Arvada, Westminster, Lakewood, and Wheat Ridge) call for more details.
- To enroll, children must be:
  - Between the ages of 9-17 years old (but can *stay* in the program until out of high school)
  - Priority are children from a single-parent household, kinship care, or from a nontraditional household
  - Receive free or reduced lunch at school (exceptions can be made)
  - To refer a child: Call the number above or visit their website to fill out an online application.

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## **Friends for Youth**

303-756-9285 28101 E Quincy Ave, Watkins, CO 80137 www.friendsforyouth.com

- Open to all youth ages 10 17, including youth in the highest levels of risk
- Programs: One-to-one Community Mentoring | Success Journey Program for currently incarcerated youth | Success Journey EDU for youth with truancy and behavioral challenges for school success | Group Mentoring Activities
- Provides faith-based one-on-one and group mentoring for children and youth in the Juvenile Justice and Child Welfare systems in the 5 county Denver Metro area (including Jefferson county). Also provides mentors for youth who have a parent that is incarcerated, low income or homeless youth and teen moms.

## Ready to Achieve Mentoring Program – Employment Works

RAMP Coordinator, Amber Galusha: 303-691-9339 x1105 RAMP Coordinator, Jordon Orona: 303-505-9265 801 Yosemite St., Denver, CO 80230 (Ability Connection Colorado) https://iel.org/Ramp-ACCO

- A high tech career-focused mentoring program for youth 13-25 with disabilities involved with or at risk of becoming involved with the juvenile justice system.
- Focuses on goal setting and career exploration in Science, Technology, Engineering, and Math.
- Incorporates group, peer, and one-on-one mentoring to promote the successful transition of youth to employment, continued learning opportunities, and independent living

#### Mentor Colorado

303-653-1679 5618 S. Fenton St., Denver, CO 80123 https://comentoring.org

- Helps connect youth to a quality mentoring relationship throughout Colorado
- Visit website to complete mentor request form