



Benefits – Food Assistance Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Food Assistance Program

(also known as Food Stamps/SNAP) offers financial help for food to income-eligible single adults and families.

Income Limits for Eligible Food Stamp Recipients (Effective 10/1/2024 – 9/30/2025)

Household Size	Maximum Gross Monthly Income*
1	\$2,510
2	\$3,406
3	\$4,303
4	\$5,200
5	\$6,096

*Income can be alimony, child support, earned income, unearned income, Social Security, etc.

*Effective October 1, 2023, the resource limit for households that do contain a member who is aged sixty (60) and older and/or a person with a disability is \$4,250. The resource limit for households that do not contain a member who is aged sixty (60) and older and/or a person with a disability is \$2,750. Money in savings and other investments count.

How Much Aid Could I Receive?

The table below shows current maximum monthly SNAP allotments, based on household size. Note: The values below have been updated to reflect SNAP increases on Oct. 1, 2024.

Household size	Maximum monthly allotment
1	\$292
2	\$536
3	\$768
4	\$975
5	\$1,158

What Documents Do I Need to Apply?

Proof of income

- 30 days of earned income (pay stubs, employer statement that includes pay per hour and hours per week, etc.)
- Self-employment bookkeeping records (if self-employed)
- Agency letter showing unearned income (Social Security Retirement or Disability income, Supplemental Security Income (SSI), Veterans Affairs (VA) pension or disability benefits, Unemployment, child support, alimony, private retirement, pension, etc.)

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Proof of identity (any of the items below)

- Driver's license or state-issued identification card
- Birth certificate or Social Security card
- Work or school identification card
- Voter registration card

Proof of medical expenses (ONLY if over 60 or disabled)

- Billing statements or repayment agreements
- Medicare card, indicating Part B
- Mileage or transportation costs to/from medical appointments
- Itemized receipts for medical expenses (prescription drugs, medical supplies, etc.)

Other possible documents

- Immigration or naturalization papers (ONLY if these documents apply to you. For example, NOT required if you are only applying for your children who were born in the United States)
- Child care expenses (if appropriate)

Application Information

► **The Navigation Team can screen and assist individuals with applying for Food Assistance onsite at one of our office locations.** Please contact us at 303-432-5130.

► **Apply at your county of residence human services department.** For Jefferson County Department of Human Services, you can walk in and apply in person at:

900 Jefferson County Parkway - Room 110
Golden, CO 80401
Phone: 303-271-1388

► **To apply online:** Visit the PEAK website at https://peak.my.site.com/peak/s/peak-landing-page?language=en_US

► **You may also apply at The Action Center** by calling and requesting an appointment for assistance with “food stamps” or “human services benefits.” They are located at:

8745 W 14th Ave.
Lakewood, CO 80215
Phone: 720-215-4850

Immediate Assistance:

► **Call the Hunger Free Hotline** at 720-382-2920 or 1-855-855-4626 to receive food resources and referrals to additional locations where people can receive assistance to apply for food stamps. Ask Navigation for separate food resources.