

HCBS, LTC, and Home Care Services

# **Navigation Services**



### Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

#### What is HCBS?

Home Community Based Services (HCBS) is available for people needing help to pay for services in their home or an assisted care facility. HCBS' philosophy is to keep people independent in their home. HCBS provides support at home such as medication management, light housekeeping, personal hygiene and grocery shopping. HCBS determines the appropriate service on a case-by-case basis.

#### What is LTC?

Long Term Care is a type of Medicaid available that pays for people to live in a nursing home or an assisted living center so that the people can receive services 24 hours a day as needed.

#### What is Home Care Services?

Home Care Assistance is a cash benefit that pays money to someone who provides home care services to those needing help with some or all of their daily self-care. The application process for this benefit is the same as for LTC and HCBS.

#### LTC and HCBS both come with Medicaid benefits. Home Care Services does not come with Medicaid.

Who is Eligible for These Services? Since HCBS, LTC and HCA is awarded based on medical and/or mental health disability, as well as an income criteria. People have to meet a medical and/or mental health standard of need at a nursing home or assisted living level of care. The county will determine if someone meets the medical and/or mental health criteria for HCBS services.

Financial Limits: <u>https://www.jeffco.us/2626/Long-Term-Care</u>

- Individuals:
  - o Gross Monthly Income Limit: \$2,901
  - o Income from a Trust Limit: \$2,901
  - Resources Limit: \$2,000
- Married Individuals (one person applying):
  - o Gross Monthly Income Limit for the applicant: \$2,901
  - Resources Limit: \$157,920
    - This only applies if the other individual is not applying for benefits and is not institutionalized.
- Married Individuals (both individuals applying):
  - o Gross Monthly Income Limit: Set higher for married individuals when both are applying.
  - Resource Limit:
    - \$3,000 for couples who are applying for long term care benefits and will be living in separate rooms in a nursing facility
    - \$4,000 for couples who will share the same nursing home room

2

## Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org How to Apply:

 You must complete a referral for Assistance: <u>Application</u> The completed application can be submitted to: Jefferson Center Human Services – LTC 900 Jefferson County Parkway

> Golden, CO 80401 Phone: 303-271-1388 | Fax: 303-271-4207

For individuals residing in Jefferson County, this form can be completed online at: <u>Jeffco Initial</u> <u>Application</u>. Individuals can also call Single Point Entry at 303-271-4216 or 303-271-1388 option 1 to complete a referral.

- 2. Individuals who are not currently recipients of Social Security will need to complete an additional application (Disability Application and Medical Records Form).
  - If over the age of 65, this step is not needed.
- 3. Once the referral has been submitted, you will be contacted to set up a functional assessment.
  - During the functional assessment, a caseworker with Jefferson County will assess your daily living skills and disability.
  - You will also need your medical or mental health provider to complete Medical Professional information form. This can be requested through Human Services or online: <u>Medical Provider</u> <u>Form</u>.
- 4. You will also need to complete a Financial Application on PEAK or a paper application can be requested if you do not currently receive Colorado Medicaid Benefits.
  - Documentation required for the financial application:
    - Birth certificate (can also use a passport or immigration papers)
    - Social Security card
    - Colorado ID or Driver's License
    - Checking and Savings Account Bank Statements for the last six months (all accounts)
  - Additional Documentation Required if Applicable:
    - Social Security Income Benefit Statement for the past year
    - Rent receipt or mortgage statement
    - Documentation of Life insurance or Burial Policies
    - Paystub from any current employer
    - Automobile Registration or Title

# *If you have questions about the application paperwork and/or the application process, call the Navigation team at 303.432.5130*