



Couples Therapy

Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Psychology Today

www.psychologytoday.com

- Individuals are able to search for therapists and medication providers and narrow searches by location, insurance type, services offered, and provider specialties.

Through the Door Counseling

720-330-0750

950 Wadsworth Blvd, Suite 306-307, Lakewood, CO 80214

Throughthedorcounseling.com

- Accepts some private insurances and Medicaid.

Denver Affordable Counseling

720-485-3756

777 S Wadsworth Blvd Unit 2-103A, Lakewood, CO 80226

www.denveraffordablecounseling.com

- Accepts Cigna, Medicaid, and offer sliding scale fee.

Westside Behavioral Care

720-927-9493

Locations through the Metro Area

www.westsidebehavioralcare.com

- Accepts a variety of private insurances, Medicaid, and offer sliding scale fee.

Center for Valued Living

720-347-8559

2620 S Parker Rd, Suite 185, Aurora, CO 80014

www.centerforvalueliving.com

- Offer telehealth and in person services
- Accepts: Medicare, Medicaid, and a variety of private insurances and EAPs

LifeStance Health

970-310-3406

Multiple locations through the Metro area

<https://heartcenteredcounselors.com/>

- Provides services to individuals of all ages, available in-person or telehealth.
- Services include: telehealth, group therapy, medication management, couples therapy, individual therapy, EMDR and more.
- Accepts most insurances including but not limited to: Aetna, Blue Cross Blue Shield, Cigna, Medicaid, Medicare, Tricare, United Healthcare