If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

**Psychology Today**
www.psychologytoday.com
- Individuals are able to search for therapists and medication providers and narrow searches by location, insurance type, services offered, and provider specialties.

**Through the Door Counseling**
720-330-0750
950 Wadsworth Blvd, Suite 306-307, Lakewood, CO 80214
Throughthedoorcounseling.com
- Accepts some private insurances and Medicaid.

**Denver Affordable Counseling**
720-485-3756
777 S Wadsworth Blvd Unit 2-103A, Lakewood, CO 80226
www.denveraffordablecounseling.com
- Accepts Cigna, Medicaid, and offer sliding scale fee.

**Westside Behavioral Care**
720-927-9493
Locations through the Metro Area
www.westsidebehavioralcare.com
- Accepts a variety of private insurances, Medicaid, and offer sliding scale fee.

**Center for Valued Living**
720-347-8559
2620 S Parker Rd, Suite 185, Aurora, CO 80014
www.centerforvalueliving.com
- Offer telehealth and in person services
- Accepts: Medicare, Medicaid, and a variety of private insurances and EAPs

**LifeStance Health**
970-310-3406
Multiple locations through the Metro area
https://heartcenteredcounselors.com/
- Provides services to individuals of all ages, available in-person or telehealth.
- Services include: telehealth, group therapy, medication management, couples therapy, individual therapy, EMDR and more.
- Accepts most insurances including but not limited to: Aetna, Blue Cross Blue Shield, Cigna, Medicaid, Medicare, Tricare, United Healthcare