



Dementia Caregiver Support Groups

## Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

**If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.**

Please be aware that group dates, times and availability are subject to change. Please call each resource for their most updated offerings.

### Arvada

#### **Arvada United Methodist Church**

6750 Carr St., Arvada, CO 80004

800-272-3900 or 303-813-1669

- This group meets on the 4th Friday of every month from 9 to 10:30 am, except November and December (call to confirm meeting times for these months due to the holidays)
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900 or 303-813-1669

#### **Standley Lake Library**

[Standley Lake Memory Café](#) | Jefferson County Public Library | BiblioCommons

8485 Kipling St., Arvada, CO 80005

800-272-3900

- This support group meets on the 1 Friday each month from 1:00 to 2:00 p.m.
- Standley Lake Library's Memory Café is a welcoming place for people living with memory loss and their caregivers.
- This ongoing series invites you to gather to relax and socialize with others while enjoying a cup of coffee, a fun activity, or a brief presentation.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

### Broomfield

#### **Broomfield Community Center: Bronze Room**

280 Spader Way, Broomfield, CO 80020

800-272-390

- This support group meets on the 3rd Tuesday of every month from 10:00 to 11:30 a.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-390
- No registration is required. For additional information, call Meghan Donahue at 303-813-1669, ext. 9642.

### Lakewood

#### **Dementia Caregiver Support Group in Lakewood**

Village at Belmar

7825 W. Alameda Ave, Lakewood, CO 80226

RSVP: 303-351-5455 or [TakeMyHandJourney@gmail.com](mailto:TakeMyHandJourney@gmail.com)

- This support group meets on the 2nd Monday of the month at 6 pm.

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## Dementia Caregiver Support Group in Lakewood

Village at Belmar

7825 W. Alameda Ave, Lakewood, CO 80226

RSVP: 303-351-5455 or [TakeMyHandJourney@gmail.com](mailto:TakeMyHandJourney@gmail.com)

- This support group meets on the 4th Monday of the month at 4 pm.

## Westminster

### Covenant Village: Westminster

9153 Yarrow St Westminster, CO 80021

800-272-390

- This support group meets on the 3rd Thursday of every month from 10:00 to 11:30 a.m.
- Supervised care available during group.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

## Additional Support Groups

Please visit the [Alzheimer's Association](#) website and call to find support groups near you. You can also join the [ALZConnect](#), which is designed for people living with dementia and those who care for them. Members can post questions about dementia-related issues, offer support, and create public and private groups around specific topics.

To find an easy to access list of local support groups for those living in the Denver Metro area, please visit the [Visiting Angels Senior Caregivers Support Group page](#). Follow the link for a list of local support groups.