



Dementia Caregiver Support Groups

Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

The following is a list of caregiver support groups in Jeffco & the surrounding area. If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Arvada

Arvada United Methodist Church
6750 Carr St
Arvada, CO 80004

- This group meets the 4th Friday of every month from 9 to 10:30 a.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900

Standley Lake Library
8485 Kipling St.
Arvada, CO 80005

- This support group meets the 2nd Monday of every month from 6:00 to 7:30 p.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

Broomfield

Broomfield Community Center: Bronze Room
280 Spader Way
Broomfield, CO 80020

- This support group meets on the 3rd Tuesday of every month from 10:00 to 11:30 a.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

Evergreen

Mt Evans Home Health Care & Hospice
3081 Bergen Peak Dr.
Evergreen, CO 80439

- This support group meets on the 3rd Monday of every month from 4:00 to 6:00 p.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

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Lakewood

Village at Belmar (Caregiver Support Group)

7825 W. Alameda Ave.

Lakewood, CO 80226

- 2nd Monday of every month at 6:00 p.m.
- 4th Monday of every month at 4:00 p.m.
- Hosted by Village at Belmar, facilitated by Licensed Professional Counselors.
- No Cost but RSVP Required by Monday noon: 303-351-5455 or TakeMyHandJourney@gmail.com

Village at Belmar (Parkinson Support Group)

Village at Belmar

7825 W. Alameda Ave.

Lakewood, CO 80226

- 1st Tuesday of the month at 1:00 p.m., RSVP to 303-351-5455
- Patients, Care Partners, and Families welcome

Littleton

Heritage United Methodist Church

7077 S Simms St

Littleton, CO 80127

- This support group meets on the 3rd Thursday of every month from 7:00 to 8:30 p.m.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

Westminster

Covenant Village: Westminster

9153 Yarrow St

Westminster, CO 80021

- This support group meets on the 3rd Thursday of every month from 10:00 to 11:30 a.m.
- Supervised care available during group.
- Facilitated by the Alzheimer's Association. Registration preferred but not required. For more information, contact 800-272-3900.

Wheat Ridge

St. James Episcopal Church

8235 W 44th Ave.

Wheat Ridge, CO 80033

- Group meets the 1st Wednesday of the month from 1:00 to 2:30 p.m.
- Facilitated by Senior Reach. For more information, call 866-217-5808.

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Seniors' Resource Center

3227 Chase Street

Denver, CO 80212

- Group meets the Third Thursday of each month from 10:00 to 11:30 a.m.
- Hosted by Seniors' Resource Center. RSVP required, contact 303-235-6961

General (not dementia-specific) caregiver support group

Lutheran Hospice: Collier Hospice Center

3210 Lutheran Parkway

Wheat Ridge, CO 80033

- 1st and 3rd Wednesday of each month from 12:00 to 1:30 p.m.
- Call 720-745-1522 for more information.