Food Resources
Navigation Services

Jefferson Center — With you in mind —

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

What is a food bank?

- Food banks are often non-profit, charitable organizations that distribute food to those in need.
- Some food banks will only serve those living within a certain area, such as a city or county. Other food banks have no residency requirements. Many, but not all, food banks require an ID, and some require other documentation, such as a piece of mailing.
- *It is important to call before showing up to verify that the information has not changed.*

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Hunger Free Colorado
720-328-1284 or 1-855-855-4626
www.hungerfreecolorado.org

- Referrals to food resources and information
- Spanish speaking available
- Monday through Friday 8:00 am – 4:30 pm

Bank of the Rockies – Mobile Food Pantries
https://www.foodbankrockies.org/find-food/

- Mobile pantries throughout Colorado
- Check website for eligibility information and locations near you

Arvada

Community Table
303-424-6685
8555 W 57th Ave., Arvada CO, 80002 (current address)
4600 West 60th Avenue Arvada, CO 80003 (new location TBD 2025)
www.cotable.org

- Emergency Food Bags for Unhoused People
- Pantry Shopping
  - You must live on the west side of 1-25 and provide Proof of Address at every visit to shop.
  - To shop, please arrive during the pantry hours listed below and bring your ID, Link2Feed card (if you have one), proof of your address, and shopping bags.
- The Emergency Food Assistance Food Program (TEFAP)
  - We partner with Food Bank of the Rockies and USDA to provide additional food to families and individuals. To receive TEFAP food, you must meet eligibility and income guidelines.

- Everyday Eats (CSFP - Commodity Supplemental Food Program)
  - We partner with Food Bank of the Rockies and the USDA to provide additional food assistance to adults aged 60+. We distribute Everyday Eats food boxes in our parking lot on the third Wednesday of each month between 9:00 and 11:00 am. You must meet income and other eligibility guidelines to participate.
- Feeding the Future
  - Provides hungry schoolchildren and homeless teens with snacks, ready-to-eat meals and weekend food to help ensure that all students are well-nourished and ready to learn. Please contact a counselor at your child's school to participate.

Agape Life Church
303-431-6481
5970 W 60th Ave, Arvada, CO 80003
https://agapelife.org/outreach/

- Free Food Outreach at 10 a.m. on the 3rd Thursday of each month.
- Must be a resident of Colorado and fall within the qualifying income guidelines.
- Emergency Food Bank is open every Thursday 10:00am – 11:00am

The New Apostolic Church Food Pantry
720-722-3663
5290 Vance St., Arvada CO 80002
http://www.nac-denver.org/foodpantry.html

- Food pantry available to walk-ins, no restrictions apply.
- Available Wednesdays, 9:00am-11:00am in the rear entrance

Ralston Creek Church
303-421-1373
6425 Wadsworth Blvd, Arvada CO 80003
www.ralstoncreekchurch.com

- Food pantry and donation site
- Tuesdays 9:30-10:30am at 6425 Wadsworth Blvd
- Saturdays 9:30-10:30am at 8270 W 80th Ave (Revive Church)
- There are no requirements or restrictions.

Lakewood

Mean Street Ministry
303-232-2500
1380 Ammons St, Lakewood, CO 80214
https://www.meanstreetministry.org/services

- Food Café Monday-Thursday 8:30-12:00pm
- Food bank available Tuesday and Thursday during operating hours

Action Center
303-237-7704
8755 W 14th Ave, Lakewood, CO 80215
https://www.theactioncenter.org/food-distribution-nutrition

- No ID or paperwork needed
- Free Food Market
  - Appointment required Schedule Appointment with The Action Center
  - If you need to visit our Food Market right away, we offer a limited number of same-day appointments through a random lottery. Here's how it works:
    - Arrive no earlier than 8:30am for morning hours or 12:30pm for afternoon hours
    - The lottery starts at 8:40am for the morning and 12:40pm for the afternoon
    - If you are chosen, you'll be able to shop in our Food Market that same day.
- Prepared Food Bags
  - If you need immediate assistance, we offer prepared food bags at our walk-up food station. You are welcome to one bag per week.

River Church – Shepherd's Pantry
303-233-3430
220 S. Yarrow St, Lakewood, CO 80226
https://riverchurchmovement.org/ministries/shepherds-pantry

- Open every 3rd Saturday of the month from 9am to 11am. Need proof of residence and ID.
- Breakfast provided.

Belmar Baptist Church
303-986-5500
460 S. Kipling, Lakewood, CO 80226
https://www.belmarchurch.com/foodbank

- Food bank is open each Thursday from 6:30pm–8:30pm.
- Photo ID requested (not required)
- All services are FREE

Grace Covenant Church – Grace's Grocery
303-988-7505
10101 W. Mississippi Avenue, Lakewood CO, 80226 South Building
https://gcclakewood.org/event-calendar/

- Community panty open the 3rd Thursday of each month from 6:00pm – 7:30pm

St. Paul's Episcopal Church
303-233-4991
9200 W. 10th Ave, Lakewood 80215
https://www.stpaulslakewood.org/servingourcommunity

- Free food boxes
- Food Bank of the Rockies mobile pantry | 1st and 3rd Wednesday of every month | 9am-11am
- St. Paul's Eiber Eats curbside pickup | 2nd and 4th Wednesday of every month | 5:15pm-6:15pm

Wheat Ridge

The Hub
303-982-2198
Stevens Elementary 7101 West 38th Ave., Wheat Ridge, CO 80033
https://sites.google.com/jeffcoschools.us/the-hub/home
****Only available to families with a child enrolled in Wheat Ridge schools****

- A Community Resource Center located in Stevens Elementary School in Wheat Ridge, Colorado. We offer a food pantry, clothing (we are "A Precious Child" boutique), school supplies, backpacks, hygiene items and some case management services.

Golden

Christian Action Guild
303-279-5674
1401 Ford St, Golden, CO 80401
https://www.goldencag.org/

- Provides food for individuals and families living in Golden (Zip codes: 80401 and 80403)
- Must complete a CAG application (on website)
- Documentation Requirements:
  - Must have valid photo ID
  - Proof of custody of any minors being claimed on the application
  - Current of proof address.

Christ the Answer Church - His Provision
303-669-3334
705 Ulysses St., Golden, CO 80401
http://ctachurch.org/

- Weekly food bank pick-up
- Call for more information

Calvary Church Golden
303-279-2188
1320 Arapahoe St, Golden, CO 80401
https://www.calvarygolden.net/need-help

- Offers resources to individuals and families residing in the 80401 and 80403 zip codes
- Has a food bank (Calvary Food Shelf) that can be visited once a week.
  - Must bring ID and a piece of mail with their name and current address as proof of residency.
- Golden Rescue Fund
  - Offers assistance with gas cards, bus tickets, travel bags of food, and emergency prescriptions

Mountain Communities

Mountain Resource Center
303-838-7552
11030 W Kitty Drive, Conifer, CO 80433
www.mrcco.org

- Free groceries once a week
- Food pantry hours:
  - Monday – Thursday 1:00pm – 3:45pm
- Mobile food distribution - weekly
  - Monday, 12:15 PM to 1:00 PM
    - Green Ridge Meadow Apartments, 31250 John Wallace Rd#108, Evergreen, CO 80239
  - Monday, 1:15 PM to 2:00 PM
    - El Rancho Apartments, 1055 El Rancho Rd, Golden, CO 80439
  - Monday, 2:15 PM to 3:00 PM
    - Eudaimonia (Parking Lot), 4471 Parmalee Gulch Road Indian Hills, CO 80454
  - Wednesday, 12:15 PM to 1:00 PM
    - Rainbow Roundup Trout Ranch, 32234 Fishpond Way, Pine CO 80470 (Near Shaffer's Crossing)
  - Wednesday, 1:15 PM to 2:00 PM
    - Bailey Community Center, 83 Main Bailey, CO 80421
  - Wednesday, 2:15PM to 3:00 PM
    - Elk Creek Elementary, 13304 US Highway 285, Pine, CO 80470

Gilpin County Department of Human Services
720-432-6120
101 Norton Dr., Black Hawk, CO 80422
https://gilpincounty.colorado.gov/departments-offices/human-services/food-pantry

- Food bank is available to Gilpin County residents on Mondays from 9:00-12:00pm and Thursdays from 12:30-5:30pm
- Each household can shop once per week.

Loaves and Fishes
303-567-4450
545 Hwy 103/Chicago Creek Rd Idaho Springs, CO 80452
www.loavesandfishesco.net

- Tuesday and Friday 11 am - 5 pm
- Serves Gilpin & Clear Creek Counties

Evergreen Christian Outreach
303-670-1796
27888 Meadow Dr Evergreen, CO 80439
https://evergreenchristianoutreach.org/food-pantry/

- Serves Bailey, Black Hawk, Buffalo Creek, Central City, Conifer, Dumont, Empire, Evergreen, Fairplay, Genessee/Golden*, Georgetown, Grant, Idaho Springs, Idledale, Indian Hills, Kittredge, Morrison (only those zip codes west of C-470), and Pine.
- Call for an appointment.

Denver County

Senior Support Services
303-832-1622
846 E 18th Ave, Denver, CO 80218
http://www.seniorsupportservices.org/

- Provides food assistance and emergency food banks along with other services to homeless seniors ages 60 and older.
- Meals provided Monday - Friday 7:00am-9:00am and 11:00am -12:00pm

The Gathering Place – Drop in Center
303-321-4198
1535 High St, Denver, CO 80218
www.tgpdenver.org

- Provides daily meals, food pantry, and other resources.

Salvation Army
Various locations
www.imsalvationarmy.org

- Provides food boxes individuals in their service area
- Call to confirm if you're within their service area.

Jewish Family Services
303-597-5000
3201 S Tamarac Drive, Denver, CO 80231
www.jewishfamilyservice.org

- The Harry and Jeanette Weinberg Food Pantry
  - You may visit the food pantry two times per month
  - Hours: Tuesday, Wednesday, Friday: 10:00 am to 1:00 pm
  - Registration required at first visit – can visit two times a month
  - Clients must provide ID, proof of address and proof of income.
- Mobile Pantry schedule available online
- Income guidelines: 200% Federal Poverty Level
  - The Emergency Food Assistance Program - Income Limits

Metro Caring
303-860-7200
1100 E 18th Ave, Denver, CO 80218
www.metrocaring.org

- Fresh Food Market can be used once per month
- Appointments must be made for food shopping
- To make an appointment, call 303-860-7200 or create an account on the website to make an appointment.

Community Ministry of SW Denver
303-935-3428
1755 S. Zuni St. Denver (South of Florida Ave on S. Zuni)
http://www.comministry-denver.org/

- Will provide services to anyone in the Denver Metro area. However special programs are reserved for residents living in the 80204, 80219, 80223, 80236 and 80227 (Denver County) zip codes and people referred by one of our partner churches.
- The food pantry is open Monday, Wednesday, and Thursday from 10:00 a.m. to 1:00 p.m., and Tuesday from 1-4:00 p.m. It is also open Wednesday evenings from 5:30 p.m. to 7:00 p.m. You must arrive 30 minutes prior to closing to receive services.
- To receive services, neighbors must provide documentation for everyone living in their household on the first visit each year. This can be a driver's license, social security card, School ID, Medical card or custody papers etc.

Food Not Bombs Denver
22nd and Stout St, Denver, 80205
Food Not Bombs Denver | Denver CO | Facebook

- Volunteers cook and serve free, hot food every Sunday starting at 3PM until they run out.
- They also provide harm reduction supplies, clothing, propane, and other gear to support individuals and families experiencing homelessness (supplies vary depending on donations, drives, etc.)
- No registration or documentation needed.

Other Counties

Community Good Share – Mobile Pantries
303-652-3663
https://communityfoodshare.org/get-food/services-we-provide/mobile-pantries/

- For individuals and families residing in Broomfield and Boulder Counties; ID and proof address required
- Please check the online calendar or call to confirm dates and times.

Catholic Charities – Little Flower Assistance Center
303-360-9686
11149 E 14th Ave, Aurora, Co 80110
https://ccdenver.org/food

- Provides emergency services include food, clothing, and referrals to other resources.
- Eligibility
    - Must be living in Aurora, Montebello, and Green Valley Ranch communities
        - Zipe codes: 80231, 80239, 80249
    - Must bring photo ID of all adult members of the household, proof of address, and verification of all household members (i.e., birth certificate, school record, immunization record, etc.)
    - Hours: Monday, Wednesday, and Thursday 9:30 am – 3:00 pm
    - For Seniors: Second Mondays of the month is for Senior food assistance

Aurora First Seventh Day Adventist Church
720-680-2010
11400 E Mississippi Ave, Aurora, CO 80012
https://aurorafirstco.adventistchurch.org/ministries/dorcas-miinistry

- Call to confirm that you're living in the service area (limited to Arapahoe and Denver Counties)
- Food bank on 3rd Sunday of the month from 10:00 am to 12:00 pm. By appointment only.

Growing Home
303-426-0430
3489 W. 72nd Ave. #112, Westminster, CO 80033
www.growinghome.org

- The food pantry is open Tuesday, Wednesday, and Friday from 10:00 AM to 12:00 PM while food supplies last.
- No Appointments Needed. Come to get food and resources.
- Please bring an ID if available.
- **Senior Fridays:** Participants aged 60 and over will now have priority service on Fridays, skipping the line and being first to receive buzzers. **Seniors are welcome any day of the week but can avoid lengthy wait times on Fridays.** A Growing Home Senior ID Card will be issued to seniors for access to Senior Fridays.
- **To-Go Bags for Unhoused Participants:** Unhoused participants (those without a physical address) will no longer need to wait in line for service. They will receive a to-go bag containing ready-to-eat or non-refrigerated food items. **Unhoused participants may pick up their to-go bag once per week.**

Volunteers of America - Market Meal Program
4915 E. 52nd Avenue, Commerce City, CO 80022
https://www.voacolorado.org/services/market-meal-program-denver-metro/

- An initiative created to feed homebound seniors who do not require daily home delivered meal visits.
- Market Meals are available for pickup once a month by a senior's family member, caregiver, friend or neighbor. Meal packages always include 10 nutritious complete frozen meals and include fresh produce, whole grain breads, low-fat dairy products and non-perishable foods.

Food Delivery

Community Table
303-424-6685
8555 W 57th Ave., Arvada CO, 80002 (current address)
4600 West 60th Avenue Arvada, CO 80003 (new location TBD 2025)
www.cotable.org

- Home Delivery: If you have mobility issues that prevent you from shopping in our pantry, you can sign up to have food boxes delivered to your home once a month. The service is free, and you can cancel at any time. The hand-packed boxes vary monthly and include fresh produce, protein, dairy products, canned goods, bread and personal care items.
- To be eligible for home delivery, you must live within a 10-mile radius of Community Table. On occasion, we may have a waitlist for service.

FISH of East Denver
303-234-5283
http://www.fishofeastdenver.org/

- Call Monday/Wednesday/Friday from 8-11am to schedule free food delivery
- Delivers to the same household no more than once every 30 days
- Live in east Denver. We deliver to most locations in east Denver, including: – All of these ZIP codes: 80202, 80203, 80205, 80206, 80207, 80209, 80210, 80218, 80220, 80222, 80224, 80230, and 80246. – Part of these ZIP codes: 80216, 80231, 80238, and 80247. Our delivery boundaries are East of Broadway, South of I-70, West of Yosemite, and North of Hampden.
- Delivery service only.

Meals on Wheels – Volunteers of America
Jefferson, Adams, Arapahoe, Denver, Gilpin, Clear Creek, or Douglas Counties: 303-294-0111
https://www.voacolorado.org/services/meals-on-wheels/

- Delivers meals to elderly (60+) and homebound individuals.
- To determine if you or someone you know is eligible for Meals on Wheels in Adams, Arapahoe, Denver, Douglas, Jefferson, Gilpin or Clear Creek County call: 303-294-0111 or email: mdeherrera@voacolorado.org.
- If you are in Larimer County call: 970-472-9630 or email: larimer@voacolorado.org.

Project Angel Heart
303-830-0202 or 1-800-381-5612
https://www.projectangelheart.org/

- Free, home delivered meals for persons living with life-threatening illnesses to the Metro Denver area and Colorado Springs. Meals are tailored to meet each client's nutritional needs.
- Call for application and further information. Physician's referral needed.
- Eligibility: Life-threatening illness plus factor of limited mobility. Proof of income is required but does not impact eligibility.

Meal Resources

Same Café
720-530-6853
2023 E Colfax Ave, Denver, CO 80206
www.soallmayeat.org

- Hours: Monday - Friday: 11:00 am to 2:30 pm
- Individuals can pay what they can for meals or provide volunteer service in exchange for a meal.

Denver Rescue Mission – Lawrence Street Community Center
303-294-0157
2222 Lawrence St, Denver, CO 80205
www.denverrescuemission.org/location/lawrence-street-community-center

- Breakfast and lunch provided seven days a week
- Dinner provided to men staying in the shelter
- Individuals must be 18 or older, children may accompany an adult.
- Must obtain a Denver Rescue Mission ID card

Christ's Body Ministries – Drop in Shelter
303-860-1272
850 Lincoln St, Denver, CO 80203
www.christsbody.org

- Drop in shelter that provides meals as well showers, laundry, and haircuts.
- Monday - Friday 7AM-9AM. Breakfast, clothing, showers, pastoral care and other community resources.

Haven of Hope (formerly Father Woody's)
303 607-0855
1101 W. 7th Ave. Denver, CO 80204
https://www.thoh.org/services-calendar

- Hot meals and food boxes

Volunteers of America – Dining Centers
https://www.voacolorado.org/services/find-a-dining-center/

- Program provides hot nutritious meals at dining centers throughout Denver Metro, Gilpin, Clear Creek and Larimer Counties. Please call 970-472-9630 for reservations

Youth – Meal Resources

Urban Peak
303-974-2928
1630 S Acoma St., Denver, CO 80223
www.urbanpeak.org

- Provides meals, laundry services, showers, and access to computers to youth ages 12-24
- Open 7 days a week 8:00am – 8:00pm

Sox Place
303-296-3412
2017 Lawrence St, Denver, CO 80205
www.soxplace.com

- A drop-in youth center that provides services from individuals ages 12 to 30 years of age who are homeless.
- Provides a hot meal and a safe place Tuesday – Friday from 11:00 am – 4:00pm and Saturday from 9:00 am – 12:00 pm