If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

**What is a food bank?**
- Food banks are often non-profit, charitable organizations that distribute food to those in need.
- Some food banks will only serve those living within a certain area, such as a city or county. Other food banks have no residency requirements. Many, but not all, food banks require an ID, and some require other documentation, such as a piece of mailing.
- *It is important to call before showing up to verify that the information has not changed.*

**Hunger Free Colorado**  
720-328-1284 or 1-855-855-4626  
1355 S Colorado Blvd  
Suite 201  
Denver CO, 80222  
[www.hungerfreecolorado.org](http://www.hungerfreecolorado.org)  
- Referrals to food resources and information  
- Spanish speaking available  
- Monday through Friday 8:00 am – 4:30 pm

**Arvada**

**Community Table**  
303-424-6685  
8555 W 57th Ave, Arvada, CO 80002  
[www.cotable.org](http://www.cotable.org)  
- Offers emergency food assistance to individuals living within the following catchment area: 26th St on the South, 120th Ave on the North, Sheridan Blvd on the East, and Hwy 93 on the West  
- Individuals and families are eligible for this program 12 times per year.  
- Walk in Hours:  
  - Must bring ID and proof of address post-marked within the last 30 days.  
  - Income guidelines: [https://cotable.org/get-help/tefap/](https://cotable.org/get-help/tefap/)  
  - Pantry hours:
    - Monday, Tuesday, Friday from 12:00 pm to 3:45 pm  
    - Wednesday from 12:00 pm to 5:45 pm (closed the 2nd Wednesday of every month)  
    - Thursday from 10:00 am to 3:45 pm  
    - Pantry may close early due to high client volume

**Contents:**
The resources in this document are grouped as follows:
- Arvada  
- Lakewood  
- Wheat Ridge  
- Golden  
- Littleton  
- Mountain Communities  
- Denver County  
- Other Counties  
- Homebound Resources  
- Meal Resources  
- Youth
Food Resources

Agape Life Church
303-431-6481
5970 W 60th Ave, Arvada, CO 80003
https://agapelifefoodpantry.org/
- Provides emergency food assistance (TEFAP) and food pantry assistance.
- Walk in services for TEFAP and an appointment must be made for food pantry assistance.
- Call church office Tuesday-Friday to schedule pick-up for Tuesdays between 1-2pm
- Must be a resident of Colorado and fall within income guidelines

The New Apostolic Church Food Pantry
720-722-3663
5290 Vance St., Arvada CO 80002
http://www.nac-denver.org/foodpantry.html
- Food pantry available to walk-ins, no restrictions apply.
- Available Wednesdays, 9:00am-11:00am in the rear entrance

Ralston Creek Church
303-421-1373
8270 W 80th Ave
Arvada, CO 80003
www.ralstoncreekchurch.com
- Food pantry and donation site
- Food pantry open Saturdays 9:45am, no restrictions apply.

Lakewood

Mean Street Ministry
303-232-2500
1380 Ammons St, Lakewood, CO 80214
https://www.meanstreetministry.org/services
- Food Café Monday-Thursday 8:30-12pm
- Food bank available Tuesday and Thursday 8:30-12:30pm

Bank of the Rockies – Mobile Food Pantry
303-371-9250
13300 West 6th Avenue Golden Colorado 80401
www.foodbankrockies.org
- 1st Saturday of every month 2-4pm
- Walk up service, first come first serve
- There are no eligibility requirements.
- Individuals are encouraged to bring their own boxes or bags to take food home in.
- Located in the parking lot at Arbutus and 6th Ave service road.

David Clifton Ministries
303-893-8363
1533 Glen Ayr Drive, Lakewood, CO 80215
www.theworldforjesus.net
- Offers food boxes Fridays at 6:30pm
Food Resources

Action Center
303-237-7704 (Appointments for Food Bank)
8745 W 14th Ave, Lakewood, CO 80215
www.theactioncenterco.org
• Self-Select Grocery – Available once every 14 days – Appointments available starting at 9am and last appointment is at 3:45pm on Monday, Tuesday, Thursday, and Friday
  o Walk-up food bags are pre-packaged and provided as needed. No appointment needed.
• Eligibility:
  o Must reside in Jefferson County
  o Must provide a photo ID and proof of Jefferson County address (exception for individuals who are homeless) and birth certificates for children.

River Church – Shepherd’s Pantry
303-548-9077
220 S. Yarrow St, Lakewood, CO 80226
https://riverchurchmovement.org/ministries
• Open every 3rd Saturday of the month from 9am to 11am. Need proof of residence and ID.
• Breakfast provided.

Belmar Baptist Church
303-986-5500
460 S. Kipling, Lakewood, CO 80226
https://www.belmarchurch.com/foodbank
• Food bank is open each Thursday from 6:30pm–8:30pm. (Doors open at 5:30)
• Photo ID requested (not required)
• All services are FREE

Grace Covenant Church – Grace’s Grocery
303-988-7505
10101 W. Mississippi Avenue, Lakewood CO, 80226 South Building
https://www.gcclakewood.org/ministry/graces-grocery
• 3rd Thursday of each month from 6pm – 7:30pm

St. Paul’s Episcopal Church
303-233-4991
9200 W. 10th Ave, Lakewood 80215
https://www.stpaulslakewood.org
• Free food boxes
  o Food Bank of the Rockies mobile pantry | 1st and 3rd Wednesday of every month | 9am-11am
  o St. Paul’s Eiber Eats curbside pickup | 2nd and 4th Wednesday of every month | 5:15pm-6:15pm

Wheat Ridge
The Hub
303-982-2198
Stevens Elementary 7101 West 38th Ave., Wheat Ridge, CO 80033
https://sites.google.com/jeffcoschools.us/the-hub/home
• **Only available to families with a child enrolled in Wheat Ridge schools**
• Monday through Wednesday 8:00 am – 9:00 am and 3:00 – 3:45 pm

jcmh.org | 303-425-0300

Updated: April 2023
Golden

Christian Action Guild
303-279-5674
1401 Ford St, Golden, CO 80401
https://www.goldencag.org/
- Provides food for individuals and families living in Golden (Zip codes: 80401 and 80403)
  - Must complete a CAG application (on website)
- Documentation Requirements:
  - Must have valid photo ID
  - Proof of custody of any minors being claimed on the application
  - Current of proof address.

Christ the Answer Church - His Provision
303-279-3663
705 Ulysses St., Golden, CO 80401
http://www.goldencares3c.org/organizations/name/his-provisions/
- Weekly food bank pick-up
- Call for more information

Calvary Church Golden
303-279-2188
1320 Arapahoe St, Golden, CO 80401
https://www.calvarygolden.net/need-help
- Offers resources to individuals and families residing in the 80401 and 80403 zip codes
- Has a food bank (Calvary Food Shelf) that can be visited once a week. Also provides $10 gift cards to Safeway or King Soopers.
  - Must bring ID and a piece of mail with their name and current address as proof of residency.
- Golden Rescue Fund
  - Offers assistance with gas cards, bus tickets, travel bags of food, and emergency prescriptions

Littleton

Mosaic Church
303-936-1712
12472 W Belleview Ave, Littleton, CO 80127
https://www.welcometomosaic.com/
- Food bank is open Mondays 5:00pm-7:00pm, Wednesdays from 10:00 am to 12:00 pm and Thursdays from 2:30 pm to 4:30 pm.
  - Call to inquire about eligibility requirements
Mountain Communities

Mountain Resource Center
303-838-7552
11030 W Kitty Drive, Conifer, CO 80433
www.mrcco.org

- Free groceries once a week
- Food pantry hours:
  - Monday – Thursday 1:00pm – 3:45pm
- Mobile food distribution
  - Monday, 12:00 PM to 1:00 PM
    - Green Ridge Meadow Apartments, 31250 John Wallace Rd#108, Evergreen, CO 80239
  - Monday, 1:30 PM to 2:30 PM
    - El Rancho Apartments, 1055 El Rancho Rd, Golden, CO 80439
  - Monday, 3:00 PM to 4:00 PM
    - Eudaimonia (Parking Lot), 4471 Parmalee Gulch Road Indian Hills, CO 80454
  - Wednesday, 12:00 PM to 1:00 PM
    - Rainbow Roundup Trout Ranch, 32234 Fishpond Way, Pine CO 80470 (Near Shaffer’s Crossing)
  - Wednesday, 1:30 PM to 2:30 PM
    - Bailey Community Center, 83 Main Bailey, CO 80421
  - Wednesday, 3:00 PM to 4:15 PM
    - Aspen Ridge Church, 27154 N. Turkey Creek Road, Evergreen, CO 80439

Food Bank of the Rockies – Mobile Food Pantry
303-371-9250
440 Powder Run Drive, Central City, CO 80427 (Gold Mountain Village)
www.foodbankrockies.org

- Hours: 3rd Tuesday of the month, starting at 11:00 am
- Walk up service, first come first serve
- There are no eligibility requirements.
- Individuals are encouraged to bring their own boxes or bags to take food home in.

Gilpin County Department of Human Services
720-432-6120
101 Norton Dr Black Hawk, CO 80422
http://gilpincounty.colorado.gov/departments-offices/human-services

- Food bank available to Gilpin County residents on Thursdays from 1:30 pm to 3:45 pm.

Loaves and Fishes
303-567-4450
545 Hwy 103/Chicago Creek Rd Idaho Springs, CO 80452
www.loavesandfishesco.net

- Thursdays 11:00 am to 4:00 pm and Fridays 11:00 am to 4:00 pm.
- Serves Gilpin & Clear Creek Counties
Evergreen Christian Outreach
303-670-1796
27888 Meadow Dr Evergreen, CO 80439
[https://evergreenchristianoutreach.org/](https://evergreenchristianoutreach.org/)
- Hours:
  - Monday: 10 am – 6:00 pm
  - Tuesday – Thursday: 10:00 am – 4:00 pm
- Serves Evergreen, Conifer, Kittridge, Idledale, Morrison, Bailey, Lookout Mtn, Indian Hills, North side of Shaffer’s Crossing.
- Call for an appointment.

Denver County

Senior Support Services
303-832-1622
846 E 18th Ave, Denver, CO 80218
- Provides food assistance and emergency food banks along with other services to homeless seniors ages 55 and older.
- Meals provided Monday-Friday 11-1pm

FISH of East Denver
303-234-5283
- Call Monday/Wednesday/Friday from 8-11am to schedule free food delivery
- Delivers to the same household no more than once every 30 days
- Live in east Denver. We deliver to most locations in east Denver, including: – All of these ZIP codes: 80202, 80203, 80205, 80206, 80207, 80209, 80210, 80218, 80220, 80222, 80224, 80230, and 80246. – Part of these ZIP codes: 80216, 80231, 80238, and 80247. Our delivery boundaries are East of Broadway, South of I-70, West of Yosemite, and North of Hampden.
- Delivery service only.

The Gathering Place – Drop in Center
303-321-4198
1535 High St, Denver, CO 80218
[www.tgpdenver.org](http://www.tgpdenver.org)
- Provides daily meals, and emergency food along with other resources.

Salvation Army
303-295-3366
Various locations
[www.imsalvationarmy.org](http://www.imsalvationarmy.org)
- Provides a three-day food box once every 30 days to individuals in their service area
  - Call to confirm if you’re within their service area.
Jewish Family Services
303-597-5000
3201 S Tamarac Drive, Denver, CO 80231
www.jewishfamilyservice.org
- Hours: Tuesday, Wednesday, Friday: 10:00 am to 1:00 pm
- Registration required at first visit – can visit two times a month
- Clients must provide ID, proof of address and proof of income.
- Mobile Pantry schedule available online
- Income guidelines: 200% Federal Poverty Level
  - The Emergency Food Assistance Program - Income Limits

Metro Caring
303-860-7200
1100 E 18th Ave, Denver, CO 80218
www.metrocaring.org
- Fresh Food Market can be used once per month
  - Appointments must be made for food shopping
  - To make an appointment, call 303-860-7200 or create an account on the website to make an appointment.
- Don’t have an appointment? Walk in during open market hours to receive a prepackaged emergency bag, up to twice per month.

Community Ministry of SW Denver
303-935-3428
1755 S. Zuni St. Denver (South of Florida Ave on S. Zuni)
http://www.comministry-denver.org/
- Will provide services to anyone in the Denver Metro area. However special programs are reserved for residents living in the 80204, 80219, 80223, 80236 and 80227 (Denver County) zip codes and people referred by one of our partner churches.
- Hours: (Must arrive 30 minutes prior to closing to receive services)
  - Monday, Wednesday, and Thursday from 10am to 1:00 pm, Tuesday from 1:00 pm to 4:00 pm, Wednesday from 5:30 pm to 7:30 pm
- Must bring documentation of everyone in household, ID, and piece of mail with address that is postmarked within the last 30 days to verify address.

Food Not Bombs Denver
22nd and Stout St, Denver, 80205
fnbdenver@protonmail.com
- Volunteers cook and serve free, hot food every Sunday starting at 3PM until they run out.
- They also provide harm reduction supplies, clothing, propane, and other gear to support individuals and families experiencing homelessness (supplies vary depending on donations, drives, etc.)
- No registration or documentation needed.
Other Counties

**Centennial Elementary School Mobile Food Pantry**
303-652-3663
13200 Westlake Drive, Broomfield, CO 80020
[https://communityfoodshare.org/get-food/services-we-provide/mobile-pantries/](https://communityfoodshare.org/get-food/services-we-provide/mobile-pantries/)
- For individuals and families residing in Broomfield and Boulder Counties; ID and proof address required
- Food bank is available the 2nd and 4th Wednesday of the month from 2:30 pm to 4:00 pm.
  - Please check the online calendar or call to confirm dates and times.

**Catholic Charities – Little Flower Center**
303-360-9686
11149 E 14th Ave, Aurora, Co 80110
[https://ccdenver.org/food](https://ccdenver.org/food)
- Provides emergency services include food, clothing, and referrals to other resources.
- Eligibility
  - Must be living in Aurora, Montebello, and Green Valley Ranch communities
  - Must bring photo ID of all adult members of the household, proof of address, and verification of all household members (i.e., birth certificate, school record, immunization record, etc.)
- Hours: Monday, Wednesday, and Thursday 9:30 am – 3:00 pm
  - For Seniors: Second Mondays of the month is for Senior food assistance

**Senior Hub – Emergency Food Bank**
303-426-4408
10190 Bannock Street Northglenn, CO 80260
[www.seniorhub.org](http://www.seniorhub.org)
- Offers emergency food assistance for individuals 55 years and older and reside in Adams County.
- Appointments only

**Aurora First Seventh Day Adventist Church**
720-680-2010
11400 E Mississippi Ave, Aurora, CO 80012
[https://aurorafirstco.adventistchurch.org/](https://aurorafirstco.adventistchurch.org/)
- Call to confirm that you’re living in the service area (limited to Arapahoe and Denver Counties)
- Food bank on 3rd Sunday of the month from 10:00 am to 1:00 pm. By appointment only.

**Growing Home**
303-426-0430
3489 W. 72nd Ave. #112, Westminster, CO 80033
[www.growinghome.org](http://www.growinghome.org)
- Food pantry is open every morning from 10am-12 noon Tuesday through Saturday
- Offers a three-day supply of food. Offers diapers and hygiene products when available.
Homebound Resources

FISH of East Denver
303-234-5283
http://www.fishofeastdenver.org/
- Call Monday/Wednesday/Friday from 8-11am to schedule free food delivery
- Delivers to the same household no more than once every 30 days
- Live in east Denver. We deliver to most locations in east Denver, including: – All of these ZIP codes: 80202, 80203, 80205, 80206, 80207, 80209, 80210, 80218, 80220, 80222, 80224, 80230, and 80246. – Part of these ZIP codes: 80216, 80231, 80238, and 80247. Our delivery boundaries are East of Broadway, South of I-70, West of Yosemite, and North of Hampden.
- Delivery service only.

Meals on Wheels – Volunteers of America
Jefferson, Adams, Arapahoe, Denver, Gilpin, Clear Creek, or Douglas Counties: 303-294-0111
http://www.voacolorado.org/gethelp-denvermetro-foodnutrition-mow
- Delivers meals to elderly (60+) and homebound individuals.
- There is no charge for the meals, but individuals who receive Meals on Wheels are asked to contribute what they can afford toward the cost of the meals. However, no one is denied service because of an inability to make a contribution.

Project Angel Heart
303-830-0202 or 1-800-381-5612
https://www.projectangelheart.org/
- Free, home delivered meals for persons living with life-threatening illnesses to the Metro Denver area and Colorado Springs. Meals are tailored to meet each client’s nutritional needs.
- Call for application and further information. Physician's referral needed.
- Eligibility: Life-threatening illness plus factor of limited mobility. Proof of income is required but does not impact eligibility.

Benefits in Action
720-221-8354
12157 W Cedar Dr Suite 100, Lakewood, CO 80228
https://www.benefitsinaction.org/food-delivery
- Food pantry available on-site as well as delivery options to those in the Denver Metro area. Foods available include both perishable and fresh foods.
- Please call ahead or complete their online form to register for in-person or delivery options

Meal Resources

David Clifton Ministries
303-893-8363
1533 Glen Ayr Drive, Lakewood, CO 80215
www.theworldforjesus.net
- Offers food boxes and hot meals for individuals experiencing homelessness
- Food Boxes are available on Friday night Bible Study at 6:30pm.
Bethlehem Lutheran Church – The Table
303-238-7676
2100 N Wadsworth Blvd, Lakewood, CO 80214
https://bethlehemdenver.com/thetable/
  • Provides a free hot meal on Thursday nights at 6:00pm.

The Gathering Place – Drop in Center
303-321-4198
1535 High St, Denver, CO 80218
www.tgpdenver.org
  • Provides daily meals, and emergency food along with other resources.

Same Café
720-530-6853
2023 E Colfax Ave, Denver, CO 80206
www.soallmayeat.org
  • Hours: Monday - Friday: 11:00 am to 2:30 pm
  • Individuals can pay what they can for meals or provide volunteer service in exchange for a meal.

Urban Outreach Denver
720-989-1827
608 26th Street, Denver, CO 80205
www.lovedenver.org
  • Has a free community dinner once a week, call for details

Denver Rescue Mission
303-294-0157
2222 Lawrence St, Denver, CO 80205
www.denverrescuemission.org/location/lawrence-street-community-center
  • Breakfast and lunch provided seven days a week
    o Dinner provided to men staying in the shelter
  • Individuals must be 18 or older, children may accompany an adult.
    o Must obtain a Denver Rescue Mission ID card

Christ’s Body Ministries – Drop in Shelter
303-860-1272
850 Lincoln St, Denver, CO 80203
www.christsbody.org
  • Drop in shelter that provides meals as well showers, laundry, and haircuts.
  • Food is served Tuesday – Thursday 10:00 am to 1:00 pm, Friday 8:30 am – 1:00 pm, and Saturday 7:00 pm – 8:00 pm

Volunteers of America – Lawrence Street
303-295-2165
2877 Lawrence St, Denver, CO 80205
www.voacolorado.org/gethelp-denvermetro-foodnutrition-themission
  • Provides hot meals and sack lunches to homeless individuals and families.
    o Hot Meals served Monday through Thursday Breakfast is at 8:00 am, Lunch is at 11:30 AM, Dinner is at 5:00 pm. A hot meal is also served on Fridays at 12:00 pm and Sundays at 1:00 pm
Food Resources

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Father Woody’s Haven of Hope
303 607-0855
1101 W. 7th Avenue; Denver, (Corner of 7th and Lipan)
http://www.frwoodyshavenofhope.org/
  • Hot meals and food boxes

Volunteers of America – Dining Centers
Find a Dining Center | Volunteers of America (voacolorado.org)
  • Program provides hot nutritious meals at dining centers throughout Denver Metro, Gilpin, Clear Creek and Larimer Counties. Please call 970-472-9630 for reservations

Youth – Meal Resources

Urban Peak
303-974-2900 | 24-hour hotline: 303-974-2908
2100 Stout St, Denver, CO 80205
www.urbanpeak.org
  • Provides a drop-in center for homeless youth ages 15-24 years of age.
  • Weekdays from 8am – 8pm, and weekends from 10am – 8pm. We are closed on Wednesdays from 12:00pm – 5:00pm.

Sox Place
303-296-3412
2017 Lawrence St, Denver, CO 80205
www.soxplace.com
  • A drop-in youth center that provides services from individuals ages 12 to 30 years of age who are homeless.
  • Call for details