



Medicaid – Family Planning Services Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Family Planning Services

<https://hcpf.colorado.gov/family-planning-services>

What are family planning services?

Family planning services are services that can help women and men choose if, or when, to become pregnant or to become a parent. Family planning services include different kinds of birth control, like birth control pills or intrauterine devices (IUDs), and office visits to talk about family planning and how to make healthy decisions about reproduction.

What kinds of birth control are covered?

All common kinds of birth control are covered by Health First Colorado (Colorado's Medicaid program), such as:

- Birth control pills
- Patches (like OrthoEvra Patch)
- Vaginal rings (like NuvaRing)
- Injections (like the Depo shot)
- Implants (like Nexplanon)
- Intrauterine devices (IUDs - like Liletta, Mirena or Paragard)
- Emergency birth control (the morning-after pill)
- Diaphragms
- Condoms
- Surgical sterilization for clients 21 years old and older (like vasectomies or tubal ligations, including the Essure procedure)

What do family planning services cost?

There is no cost for family planning services, including office visits and drugs/devices. You do not have to pay a co-payment for family planning services.

Where can you go for family planning services?

You can go to any Health First Colorado provider who offers family planning services, such as:

- An ob/gyn or gynecologist
- A certified nurse-midwife
- A nurse practitioner or other advanced practice nurse
- A family planning clinic
- Your regular doctor or primary care provider

You do not need a referral from your primary care provider in order to get family planning services. You can choose to see any Health First Colorado family planning provider even if you are in a managed care plan and the provider you want to see is out-of-network. For help finding a family planning provider, please see the [Find a Doctor](#) page or search here: <https://cdphe.colorado.gov/fpp/clinics-and-services/cliniclocationscounty>

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FreeBC

<https://www.freebc.org/>

- Educational resources are for everyone, but our clinical services are for those 18 and up.
- What does "free" mean?
 - Free means you won't pay for your birth control or care related to your birth control. We may ask for insurance information if you have it to stretch our resources further, but you don't need insurance to use FreeBC. If your insurance doesn't cover the full cost — or you don't have insurance — we cover the rest for a full year so that "free" truly means free for you.

bc4u

720-777-2248

<https://bc4u.org/>

- The BC4U clinic has locations in Aurora, Littleton, Wheat Ridge and Colorado Springs that provide free reproductive health evaluations, screenings and medication for patients under 25 years old.
- Offers STI/STD tests, STI treatment, birth control, emergency contraception, pregnancy tests and PrEP (pre-exposure prophylaxis) medication.

STRIDE Community Health Center

303-778-7433

<https://www.stridechc.org/>

- Birth Control Options & Family Planning Counseling
- Menstrual Health Care
- STI Testing & Treatment

Planned Parenthood

<https://www.plannedparenthood.org/health-center>

- Some services may be covered by your insurance. If you want to use your insurance, please be sure to have your insurance information at the time of your visit. If you are uninsured, you may be eligible to receive financial assistance for your procedure.
 - Birth control counseling
 - Emergency contraception pills
 - Fertility Awareness Methods (FAMs)
 - Pregnancy testing and planning

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Public Health Institute at Denver Health

303-602-3540

660 N. Bannock St., Pavilion L, 2nd Floor, Denver CO 80204

<https://www.phidenverhealth.org/clinics-services/birth-control-family-planning>

- All our clinic services are free or low-cost. If you are 18 years old or younger, all clinic services are free. If you are 19 and older, the clinic has a low-cost sliding fee scale. We also accept most insurance plans.
- Birth Control options include:
 - Emergency Contraception with Plan B or Ella*
 - Oral contraceptive pills*
 - Hormonal vaginal ring*
 - Depo-Provera (contraceptive injection)
 - Long-acting methods of contraception:
 - Hormonal intrauterine device (IUD) – Skyla, Liletta
 - Copper IUD – Paragard
 - Progestin-only implant - Nexplanon
 - If you are interested in sterilization (vasectomy and tubal ligation, we can refer you for those services as well.
- Services For People Who Can Get Someone Pregnant
 - You will be provided with family planning counseling with emphasis on your role in communicating with your partners about contraceptive decisions. If you and your partner are trying to conceive, we also offer information on how to have a healthy pregnancy.
- These family planning services include:
 - How to be involved in pregnancy planning and prevention
 - Provide accurate information on available methods, the benefits of spacing children, and pregnancy/delivery
 - Preconception counseling
 - Contraception: offer condoms; information about other birth control methods for your partners
 - Emergency contraception: A pill that can be used to prevent pregnancy when taken within five days of unprotected intercourse
 - Referrals for vasectomies