



Inpatient Hospitalization - Seniors Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

This list includes information for inpatient hospitalization programs, partial hospitalization programs (PHP) and intensive outpatient programs (IOP). If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Please keep in mind that most of these programs require admission directly from an emergency department. Admissions are usually coordinated through hospital emergency departments through an admissions triage process.

Need Help Now?

24/7 Emergency Assistance 1-844-493-8255

Jefferson Center for Mental Health
The Crisis & Recovery Center
4643 Wadsworth Blvd. Wheat Ridge, CO 80033

Highlands Behavioral Health

720-348-2800

8565 South Poplar Way
Littleton, CO 80130

<https://highlandsbhs.com/programs-and-services/adult-programs/>

Offers treatment programs to treat depression, anxiety, bipolar symptoms, hallucinations and delusions, suicidal and homicidal ideation and co-occurring substance abuse issues. Individuals age 65 and older may participate in programming if they can manage their activities of daily living, are medically stable and can benefit from our therapeutic services.

- Acute Stabilization (Inpatient Hospitalization)
 - Provides crisis stabilization and helps patients and families develop healthy coping skills needed to navigate life challenges. Through the discharge planning process from all levels of care, the treatment team helps patients find external care providers for continued recovery after discharge.
- Partial Hospitalization Program (PHP)
 - This program is for adults and serves individuals dealing with mental and emotional disorders. It may be an alternate option when conventional outpatient therapy is not sufficient or for those transitioning out of inpatient care. Ascent allows patients to receive structured treatment during the day through several hours of therapy and skill building groups. Treatment includes cognitive-behavioral therapy and development of coping strategies in a supportive recovery environment.
- Intensive Outpatient Program (IOP)
 - Elevate is Highlands Behavioral Health System's intensive outpatient program (IOP) for adults who struggle with their mental and emotional health. The program is designed for individuals that need more support than conventional outpatient therapy but are higher functioning and able to maintain their daily activities.

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The Medical Center of Aurora

844-556-2012

700 Potomac Street

Aurora, CO 80011

<https://www.healthonecares.com/locations/healthone-mental-health-and-wellness-center/specialties/mental-health-and-wellness/senior-mental-health>

- At HealthONE's Mental Health and Wellness Center in Aurora, we offer a comprehensive, inpatient program for senior adults 65 years old and older.
- Intensive outpatient program (IOP)
 - Our IOP is designed to support and maintain mental and emotional health while providing our patients with the necessary tools to achieve mental well-being in an outpatient setting. IOP empowers you in a group setting by participating in treatment during the day and returning home each afternoon.
- Psychiatric outpatient clinic
 - Psychiatrists at our outpatient psychiatric clinic can help develop a medication plan that works best for your life.

Porter Adventist Hospital

303-715-2300

2465 S Downing St

Denver, Colorado 80210

<https://www.adventhealth.com/hospital/adventhealth-porter/our-services/behavioral-medicine>

Porter Senior Psychiatric unit is dedicated to providing psychiatric hospitalization to those over 60 years of age.

- Patients can be treated for any one of a number of acute or chronic psychiatric conditions, including but not limited to: severe depression/suicidality, anxiety, psychosis, and bi-polar disorder.
- Knowing that many of our older patients will have chronic, and at times complex, medical problems, Porter Adventist Hospital's medical staff will provide initial admitting history and physical admission and concurrent medical coverage, as needed, during the hospital stay.

West Pines

888-697-2703

11455 Huron Street

Westminster, CO 80234

<https://www.westpinesbehavioral.com/>

- Offers inpatient programming tailored specifically for senior adults age 65 and older. In this program, senior adults receive customized, age-appropriate care that is designed to meet them where they are in their healing journey.
- The average length of stay in the senior adult inpatient program is 15-20 days; however, the actual length of time a person stays in our Westminster inpatient hospital may be shorter or longer depending on their specific needs.