Jefferson Center New Vistas Crisis Stabilization: Helping Children and Youth in Crisis

At Jefferson Center, our mission is to provide compassionate care and support to children and youth facing mental health crises. We understand the importance of early intervention and work diligently to improve coping skills, enhance family communication, and ensure a smooth transition back to their home or a community setting. We are an essential part of Colorado’s Crisis System, offering crucial services through a caring and experienced team. This informational flyer will guide you through our services and approach to help those in need.

About Jefferson Center New Vistas Crisis Stabilization:
- We are the only Crisis Stabilization Unit (CSU) in the state of Colorado, providing specialized care for children and youth ages 5 to 18½, regardless of gender or sexual orientation (LGBTQIA).
- Our referrals primarily come from walk-in centers or hospital emergency departments, where a CSU level of care has been deemed appropriate for the child or youth.

The Admission Process:
- Children and youth are transported to us by a parent or caregiver from walk-in centers or via ambulance from a hospital emergency department.
- Within 24 hours of arrival, they receive a comprehensive health and clinical assessment by our nurse and clinician.
- The treatment plan is promptly formulated and updated daily through rounds involving various professionals to ensure the best care possible.

Our Team:
- Our team includes professionals such as clinicians, nurses, teachers, and teachers’ aides and is staffed so clients get individualized care.
- Our focus is to assist children and youth in developing coping skills to address issues such as depression, self-injurious behavior, homicidal behavior, or other presenting problems. Family sessions are also an essential part of our treatment approach, focusing on improving family communication and support.
- We provide trauma responsive care and safety is the priority.

Education and Support:
- Education is a vital component of a children and youth’s journey, acting as both a “work” and a diagnostic tool for their engagement in treatment.
- Jefferson Center offers a daily education program approved through the Facility School Board of the Colorado Department of Education. Licensed teachers provide instruction, and we can obtain Individualized Education Plans (IEPs) to assist in their return to the public school or the school they were attending.

Safety and Follow-Up:
- Safety planning is a crucial aspect of the discharge process, ensuring a smooth transition from our facility to the next phase of their journey.
- We arrange follow-up services and appointments before discharge, and a follow-up phone call is made within 24 hours of discharge to provide additional support.
- On average, the length of stay for children and youth at our Crisis Stabilization Unit is 5 days, during which we strive to create a nurturing and supportive environment.

If you are a parent, guardian, or community partner seeking help, don’t hesitate to reach out to us. Call us at 303-425-0300 or visit jcmh.org to learn more.