



Resources for Unplanned Pregnancy Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Pregnancy Options Counseling

Planned Parenthood

1-800-230-PLAN (7526) or Text PPNOW to 774636
7735 N. Wadsworth Blvd. Arvada, CO 80003; 303-425-6624
921 E. 14th Ave. Denver, CO 80218; 303-832-5069

<https://www.plannedparenthood.org/>

- Offers pregnancy testing, counseling to help expectant parents understand their options, and abortion referrals or services.
 - Check website or call to learn about particular services at a location.

Jefferson County Public Health

303-232-6301
645 Parfet St. Lakewood, CO 80215

<https://www.jeffco.us/public-health>

- Provides pregnancy tests, birth control and emergency contraceptives, women's health exams, and STI testing and treatment.

Ariel Clinical Services

303-703-9351
4660 Wadsworth Blvd. Wheat Ridge, CO 80033

<https://www.arielcpa.org/>

- Provides counseling to help expectant parents know their options, including making an adoption plan or terminating pregnancy.

All-Options

1-888-493-0092

<https://www.all-options.org/>

- Provides peer counseling and support around pregnancy options, abortion, adoption, parenting, pregnancy loss, infertility, and other reproductive decisions and experiences.
 - Hotline available Monday – Friday 10 am – 1 pm; Saturday – Sunday 10 am – 6 pm
- **Faith Aloud** clergy counseling provides support from trained clergy and religious leaders of diverse faith backgrounds. Call 1-888-717-5010 for more information.

Catholic Charities

720-799-9520
6240 Smith Rd. Denver, CO 80216

<https://ccdenvr.org/familyservices/adoption-services/>

- Offers pregnancy counseling services to individuals and families of all backgrounds, religions, ethnicities, and socioeconomic status.
 - Services are also available in Spanish.

There are many agencies in the area that offer counseling, support, education and resources to those experiencing an unplanned pregnancy. These agencies can assist someone in making a decision about the pregnancy and can provide resources to support whatever decision is made.

Always use your best judgment when choosing a clinic. It might be helpful to contact a couple different organizations to discuss your options.

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Adoption Services

Adoption Options

303-695-1601 or 1-800-878-1601

1355 S. Colorado Blvd. Unit #501 Denver, CO 80222

<https://adoption-options.com/>

- Provides free, non-judgmental, confidential support as expecting mothers consider adoption. Provides information on birthfather rights, programs for adoptive parents, relinquishment counseling, and adult adoptee services. Also offers access to profiles of families wanting to adopt.
 - Services are available through face-to-face meetings, call, text, and email.

Lutheran Family Services Rocky Mountains

720-838-5689 or 1-800-579-9496

1035 Osage Street, Suite 700, Denver, CO 80204

<https://www.lfsrcm.org/pregnancyoptionscolorado/>

- Offers pregnancy counseling and adoption services to individuals and families of all backgrounds, religions, ethnicities, and socioeconomic status.
- **Pregnancy Options Colorado** provides free counseling to individuals and couples experiencing an unplanned pregnancy. Visit <https://www.lfsrcm.org/pregnancyoptionscolorado/> for more information.

Alternatives Pregnancy Center

303-295-2288 (24 hour hotline)

Arvada Office: 8270 W. 80th Ave Unit 13, Suite A, Arvada CO 80005

Denver Office: 1391 Speer Blvd, Suite 250 Denver CO 80204

Inverness/Englewood Office: 23 Inverness Way East, Suite 132, Englewood CO 80112

Aurora Office: 14221 East 4th Ave, Building 2, Suite 330, Aurora CO 80011

<https://youhavealternatives.org/>

- Offers pregnancy testing, options counseling, adoption resources, and ongoing support. Center does not provide abortion referrals.
- Individual and group counseling sessions are available after abortion for women and men.

Bethany Christian Services

303-221-0734 or 1-800-238-4269

2821 S. Parker Rd. Suite 425 Aurora, CO 80014

<https://impregnant.org/options>

- Offers pregnancy counseling and adoption assistance. Support is available over the phone, text, email, or chat. Does not provide abortion referrals.

Life's Options Pregnancy Center

303-674-5881

3721 Evergreen Pkwy. Suite 12 Evergreen, CO 80439

<https://www.lifesoptionspc.org/>

- Offers pregnancy testing, counseling, referrals, and support. Center does not provide abortion referrals.

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Child Welfare Information Gateway

1-800-349-3366

<https://www.childwelfare.gov/topics/adoption/>

- Provides information and resources on legal and emotional considerations when thinking about adoption. Includes information for adoption professionals, adopted adults, expectant parents considering adoption, birth parents and relatives, and prospective and adoptive parents on a broad range of adoption topics.

Adoption Services, Inc.

1-800-943-0400 (24 hour hotline)

<https://www.adoptionservices.org/>

- Provides pregnancy counseling and adoption services. Offers information on types of adoptions, types of adoption agencies, assistance programs, and more.

Abortion Services

*Abortion is legal in the state of Colorado. Some insurance plans cover elective abortions, but many do not. In Colorado, Medicaid will not pay for an abortion unless the patient's health is in danger.

Planned Parenthood

1-800-230-PLAN (7526) or Text PPNOW to 774636

Office locations on page 1 of this document

<https://www.plannedparenthood.org/>

- Offers abortion referrals and procedures at some locations.
 - Ask about financial assistance through the Justice Fund when requesting services.
- Services available in Spanish.

Healthy Futures

303-991-7700

1634 N Downing St. Denver CO 80218

<https://healthyfuturesabortion.com/>

- Hours: Monday – Friday, 8AM – 5PM
- Provides surgical and medication abortion, comprehensive health care after pregnancy, birth control, and vasectomies.
 - Ask about financial assistance when requesting services.
- Services available in Spanish.

Comprehensive Women's Health Center

303-724-8576

<https://cwhccolorado.com/>

- Hours: Monday – Friday, 8AM – 4PM
- Provides full spectrum of family planning services, including surgical and medication abortion, comprehensive health care after pregnancy, and birth control.
 - Ask about financial assistance when requesting services.
- Services available in Spanish.

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Boulder Valley Health Center

303-442-5160

2855 Valmont Rd. Boulder, CO 80301

<https://bouldervalleyhealth.org/>

- Provides pre- and post-abortion counseling, surgical and medication abortion, and birth control.
 - Ask about financial assistance when requesting services.
- Services available in Spanish.

Abortion on Demand

<https://abortionondemand.org/>

- Telemedicine clinic providing medication abortion to patients in Colorado. Pills are mailed via overnight shipping to eligible patients.
 - Patients must be 18 years of age or older, be less than 8 weeks since last period, have a photo ID, and have a positive pregnancy test.

National Abortion Federation

1-800-772-9100

<http://prochoice.org/>

- Provides unbiased information about abortion, pregnancy options, and other resources, including financial assistance.
 - Includes a find a provider tool at <https://prochoice.org/think-youre-pregnant/find-a-provider/>

Exhale

text 617-749-2948 or email info@exhaleprovoice.org

<https://exhaleprovoice.org/>

- Provides emotional support, resources, and information to women who have had abortions, as well as partners, friends, and families.
 - Services are also available in Spanish.

Connect and Breathe

1-866-647-1764

<https://www.connectandbreathe.org/>

- Provides unbiased support and encouragement to women who have had abortions, as well as partners, friends, and families.

INeedAnA.com

<https://www.ineedana.com/>

- Search engine providing up to date information regarding in-person and virtual abortion services near you.