Seniors – Adult Day Care and Respite Programs

Navigation Services

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Day Programs

Senior Hub
303-426-4408
2360 W 90th Ave, Federal Heights, CO 80260
https://seniorhub.org/adultday/
- Provides day program options for adults with Alzheimer’s Disease, dementia, chronic illnesses, and other problems that increase their needs of care.

Alpine Adult Day Care
303-755-8002
1985 S. Havana St, Aurora, CO 80014
http://www.alpineadultdaycare.com/

Senior Resource Center
303-238-8151
3227 Chase St, Wheat Ridge, CO 80212
www.srcaging.org
- A wide variety of services for individuals 60 years of age or older.
- Services available include: Adult Day Center Programs that provide socialization opportunities, housekeep services including meal preparation, bathing or hygiene, shopping, cleaning, and yard work.
- Respite care may also be available and additional support for caregivers.

Absolute Adult Day Care
303-534-0321
12500 W 58th Ave., Unit 105, Arvada, CO 80002

Easter Seals – Explorers Adult Day Program
303-233-1666
5755 W Alameda Ave, Lakewood, CO 80226
https://www.easterseals.com/co/our-programs/live/adult-day-programs/explorers/
- Provides day programs for individuals 18 years and older who have intellectual or physical disabilities.

Prima 2 Adult Day Care
303-420-7201
5370 Carr Street, Arvada, CO 80002
http://prima2adc.com/

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Aspen Adult Day Care
720-377-9000
8810 E Hampden Ave Suite 100, Denver, CO 80231
http://aspencomplete.com/adult_daycare.html

Worldwide Adult Day Care
303-815-6285
10890 E Dartmouth Ave. Unit H-1, Denver, CO 80014
• Care for seniors and disabled adults

Adult Day Program at Clermont Park
720-974-7275
2479 S Clermont St. Denver, CO 80222
https://www.clermontpark.org/living-options/adult-day-services/

Prestige Senior Social Club Adult Day Care
720-476-3898
2680 S Havana St. #C Aurora, CO 80014

Respite Care

Allison Care Center
303-232-7177
1660 Allison St. Lakewood, CO 80214
https://vivage.com/communities/allison/
• Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.

Arborview Senior Living
303-403-3100
7991 W 71st Ave. Arvada, CO 80004
https://vivage.com/communities/arbor-view/
• Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.

Gold Leaf Home Care
720-763-9039
7500 E Arapahoe Rd. Suite 105, Centennial CO 80112
www.goldleafcare.com
• Provides in-home medical and non-medical services for seniors, including companion care, mobile care, personal care, and homemaker services

Caring Senior Service
720-204-3093
720 Kipling St. #15, Lakewood, CO 80215
https://www.caringseniorservice.com/lakewood
• Provides respite services for caregivers
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Veterans

Colorado Division of Veteran Affairs – Caregiver Support, Respite, and Healthcare Options
720-723-3013
www.caregiver.va.gov
• Provides respite options (day programs and in home care) for caregivers who are caring for veterans who are eligible for VA healthcare.

Other Resources:

DRCOG Area Agency on Aging – Network of Care
303-480-6700 or 1(866) 959-3017
https://drcog.org/programs/area-agency-aging
• Populations served: Older adults (60+) and adults 18+ living with a disability.
• Services provided: Extensive referral information and assistance, as well as options counseling regarding long-term services and supports in the community
• Additional notes:
  o Please be prepared to leave a message with your name and contact information, and an Options Counselor will call you back.
  o You may also search for resources online at:
    http://denverregion.co.networkofcare.org/aging/services/index.aspx

National Eldercare Locator
1-800-677-1116
https://eldercare.acl.gov
• Populations served: Older adults and their caregivers
• Services provided: Information and referral
• Hours of Operation: Monday – Friday, 7:00am – 6:00pm
• Additional notes:
  o Services may be available in Spanish, and Language interpretation service for 150 languages is also available during business hours.