



Seniors – Adult Day Care and Respite Programs

Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Day Programs

Senior Hub

303-426-4408

2360 W 90th Ave, Federal Heights, CO 80260

<https://seniorhub.org/adulday/>

- Provides day program options for adults with Alzheimer's Disease, dementia, chronic illnesses, and other problems that increase their needs of care.

Alpine Adult Day Care

303-755-8002

1985 S. Havana St, Aurora, CO 80014

<http://www.alpineaduldaycare.com/>

Senior Resource Center

303-238-8151

3227 Chase St, Wheat Ridge, CO 80212

www.srcaging.org

- A wide variety of services for individuals 60 years of age or older.
- Services available include: Adult Day Center Programs that provide socialization opportunities, housekeep services including meal preparation, bathing or hygiene, shopping, cleaning, and yard work.
- Respite care may also be available and additional support for caregivers.

Absolute Adult Day Care

303-534-0321

12500 W 58th Ave., Unit 105, Arvada, CO 80002

Easter Seals – Explorers Adult Day Program

303-233-1666

5755 W Alameda Ave, Lakewood, CO 80226

<https://www.easterseals.com/co/our-programs/live/adult-day-programs/explorers/>

- Provides day programs for individuals 18 years and older who have intellectual or physical disabilities.

Prima 2 Adult Day Care

303-420-7201

5370 Carr Street, Arvada, CO 80002

<http://prima2adc.com/>

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Aspen Adult Day Care

720-377-9000

8810 E Hampden Ave Suite 100, Denver, CO 80231

http://aspencomplete.com/adult_daycare.html

Worldwide Adult Day Care

303-815-6285

10890 E Darthmouth Ave. Unit H-1, Denver, CO 80014

- Care for seniors and disabled adults

Adult Day Program at Clermont Park

720-974-7275

2479 S Clermont St. Denver, CO 80222

<https://www.clermontpark.org/living-options/adult-day-services/>

Prestige Senior Social Club Adult Day Care

720-476-3898

2680 S Havana St. #C Aurora, CO 80014

Respite Care

Allison Care Center

303-232-7177

1660 Allison St. Lakewood, CO 80214

<https://vivage.com/communities/allison/>

- Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.

Arborview Senior Living

303-403-3100

7991 W 71st Ave. Arvada, CO 80004

<https://vivage.com/communities/arbor-view/>

- Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.

Gold Leaf Home Care

720-763-9039

7500 E Arapahoe Rd. Suite 105, Centennial CO 80112

www.goldleafcare.com

- Provides in-home medical and non-medical services for seniors, including companion care, mobile care, personal care, and homemaker services

Caring Senior Service

720-204-3093

720 Kipling St. #15, Lakewood, CO 80215

<https://www.caringseniorservice.com/lakewood>

- Provides respite services for caregivers

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Veterans

Colorado Division of Veteran Affairs – Caregiver Support, Respite, and Healthcare Options

720-723-3013

www.caregiver.va.gov

- Provides respite options (day programs and in home care) for caregivers who are caring for veterans who are eligible for VA healthcare.

Other Resources:

DRCOG Area Agency on Aging – Network of Care

303-480-6700 or 1(866) 959-3017

<https://drcog.org/programs/area-agency-aging>

- Populations served: Older adults (60+) and adults 18+ living with a disability.
- Services provided: Extensive referral information and assistance, as well as options counseling regarding long-term services and supports in the community
- Additional notes:
 - Please be prepared to leave a message with your name and contact information, and an Options Counselor will call you back.
 - You may also search for resources online at:
<http://denverregion.co.networkofcare.org/aging/services/index.aspx>

National Eldercare Locator

1-800-677-1116

<https://eldercare.acl.gov>

- Populations served: Older adults and their caregivers
- Services provided: Information and referral
- Hours of Operation: Monday – Friday, 7:00am – 6:00pm
- Additional notes:
 - Services may be available in Spanish, and Language interpretation service for 150 languages is also available during business hours.