



Seniors – Adult Day Care and Respite Programs

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## Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

### **Day Programs**

#### **Senior Hub**

303-426-4408  
2360 W 90<sup>th</sup> Ave, Federal Heights, CO 80260  
<https://seniorhub.org/adultday/>

- Provides day program options for adults with Alzheimer's Disease, dementia, chronic illnesses, and other problems that increase their needs of care.
- Currently suspended due to COVID-19

#### **Alpine Adult Day Care**

303-755-8002  
1985 S. Havana St, Aurora, CO 80014  
<http://www.alpineadultdaycare.com/>

#### **Summit Adult Day and Wellness Center**

720-922-0100  
5707 S Simms St., Littleton, CO 80127  
<https://www.summitadultday.com/>

#### **Absolute Adult Day Care**

303-534-0321  
12500 W 58<sup>th</sup> Ave., Unit 105, Arvada, CO 80002

#### **Easter Seals – Explorers Adult Day Program**

303-233-1666  
5755 W Alameda Ave, Lakewood, CO 80226  
<https://www.easterseals.com/co/our-programs/live/adult-day-programs/explorers/>

- Provides day programs for individuals 18 years and older who have intellectual or physical disabilities.

#### **Prima 2 Adult Day Care**

303-420-7201  
5370 Carr Street, Arvada, CO 80002  
<http://prima2adc.com/>

#### **Aspen Adult Day Care**

720-377-9000  
8810 E Hampden Ave Suite 100, Denver, CO 80231  
[http://aspencomplete.com/adult\\_daycare.html](http://aspencomplete.com/adult_daycare.html)

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## **Worldwide Adult Day Care**

303-815-6285

10890 E Darthmouth Ave. Unit H-1, Denver, CO 80014

<http://www.worldwideaduldaycare.com/>

- Care for seniors and disabled adults

## **Adult Day Program at Clermont Park**

720-961-9464

2479 S Clermont St. Denver, CO 80222

<https://www.clermontpark.org/living-options/adult-day-services/>

## **Prestige Adult Day Care**

720-476-3898

2680 S Havana St. #C Aurora, CO 80014

<https://www.prestigeadc.com/>

## **Respite Care**

### **Allison Care Center**

303-232-7177

1660 Allison St. Lakewood, CO 80214

<https://vivage.com/communities/allison/>

- Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.

### **Arborview Senior Living**

303-403-3100

7991 W 71<sup>st</sup> Ave. Arvada, CO 80004

<https://vivage.com/communities/arbor-view/>

- Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.

### **Gold Leaf Home Care**

720-763-9039

7500 E Arapahoe Rd. Suite 105, Centennial CO 80112

[www.goldleafcare.com](http://www.goldleafcare.com)

- Provides in-home medical and non-medical services for seniors, including companion care, mobile care, personal care, and homemaker services

### **Caring Senior Service**

720-204-3093

720 Kipling St. #15, Lakewood, CO 80215

<https://www.caring seniorservice.com/lakewood>

- Provides respite services for caregivers

## **Veterans**

### **Colorado Division of Veteran Affairs – Caregiver Support, Respite, and Healthcare Options**

720-723-3013

[www.caregiver.va.gov](http://www.caregiver.va.gov)

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- Provides respite options (day programs and in home care) for caregivers who are caring for veterans who are eligible for VA healthcare.

## **Other Resources:**

### **DRCOG Area Agency on Aging – Network of Care**

303-480-6700 or 1(866) 959-3017

<https://drcog.org/programs/area-agency-aging>

- Populations served: Older adults (60+) and adults 18+ living with a disability.
- Services provided: Extensive referral information and assistance, as well as options counseling regarding long-term services and supports in the community
- Additional notes:
  - Please be prepared to leave a message with your name and contact information, and an Options Counselor will call you back.
  - You may also search for resources online at:  
<http://denverregion.co.networkofcare.org/aging/services/index.aspx>

### **National Eldercare Locator**

1-800-677-1116

<https://eldercare.acl.gov>

- Populations served: Older adults and their caregivers
- Services provided: Information and referral
- Hours of Operation: Monday – Friday, 7:00am – 6:00pm
- Additional notes:
  - Services may be available in Spanish, and Language interpretation service for 150 languages is also available during business hours.