



Sober Living Resources Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

The current list provides information on facilities that offer sober living programs for both males and females. Please call each facility for more information on a specific addiction you are looking for.

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Oxford House

<http://www.oxfordhouse.org/>

- Drug and alcohol recovery houses for males and females individually run by residents.
- Decisions concerning occupancy are made as a group. Participants must be working and cooperate with house rules such as being clean, sober, and sharing chores.
- A recovering individual can live in an Oxford House for as long as they do not drink alcohol, do not use drugs, and pay an equal share of the house expenses. The average stay is about a year, but many residents stay 3+ years.
- A recovering individual must complete a standard “Application for Membership” and be interviewed by the residents of the house he or she want to live in.
- Visit website for list of current facilities. Contact each individual facility to determine availability:

Sobriety House, Inc.

General Information: 303-722-5746, Intake Line: 720-381-4337

intake@sobrietyhouse.org

121 Acoma St., Denver, CO 80223

www.sobrietyhouse.org

- Halfway house, residential long-term treatment, independent living, and outpatient treatment.
- Residential treatment program involves 3 phases:
 - Phase I – Intensive Residential Treatment (28-day program)
 - Phase II – Transitional Residential Treatment (Halfway House)
 - Phase III – Independent Living
- Fees
 - Self-Payment: \$8,700/28 days (max 28 days) for Phase I, \$4,500/30 days for Phase II (max 180 days), \$12,500/28 days (max 28 days) for Phase III.
 - If you need treatment but do not feel you can afford it, please call to speak with an Intake Coordinator about alternative and lower cost funding.

Just Living Recovery

720-408-8702

connect@justlivingrecovery.org

Residence is located in Lakewood near Simms St and Colfax Ave.

<https://www.justlivingrecovery.org/>

- Provides a sober living community for individuals who are 18+ and recovering from substance abuse.

jcmh.org | 303-425-0300

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- Aims to support LGBTQIA+ and BIPOC communities.
- Provides fully furnished rooms that can accommodate two residents at a time with a shared bathroom.
 - Some bedding and household supplies are provided.
 - Residents supply their own food and prepare their own meals.
- Requirements:
 - Residents must help with household chores.
 - Residents must maintain employment and engage in a recovery program.
- Cost:
 - Program costs \$600 a month. There is a \$40 application fee.

Zen Mountain

720-515-3299

<https://www.zenmountainhouse.com/>

- Sober living facilities for women located in Centennial and Aurora.
- Most household expenses are included in the monthly fee except for food, clothing, and personal hygiene products
- Monthly rent varies per location. Visit website for more details.
 - New clients are charged a \$150 admission fee upon move in along with first month's program fees.
 - Aurora houses, Allison, and Tribe are \$945/month.
 - Centennial houses, Denver Tech Center house, Charles, Philips, and Jamison are \$1075/month.

Tribe Recovery Homes

720-608-7423

intake@triberecoveryhomes.com

<https://www.triberecoveryhomes.com/>

- Men's sober living facilities located in Denver, Aurora, and Glendale.
- The program supports individuals struggling with addiction, mental health, and judicial system involvement.
 - Offers a variety of clinical and therapeutic services specific to the individual and their recovery.
- Please call for pricing.

Transitions Sober Living

303-501-6500

www.tslcolorado.com

- Level II Certified Men's recovery residence located in Aurora.
- Clients are required to participate in their choice of daily recovery meetings and to formulate a plan to transition into a safe, independent, self-sufficient living environment.
- Please call for pricing.

Gym Membership:

Phoenix Multisport | Sober Active Community

<https://thephoenix.org/about-us/>

- Phoenix Multisport Denver is a gym that is free for those fighting addiction.

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- Aims to create a supportive, physically active community to help individuals develop and maintain the emotional support they need to stay sober.
- The only requirement is 48 hours of continuous sobriety.
- Offers a variety of free activities.