



Spanish Speaking Services Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Education/Support Services:

National Literacy Directory

<https://www.nld.org/>

- Search for ESL classes, citizenship assistance, and courses for technology/literacy

Literacy Coalition of Colorado

<https://literacycolorado.org/>

- ESL classes, citizenship test preparation

Denver Public Library – English Learning Resource Directory

<https://www.denverlibrary.org/content/learn-english>

- Resources and ESL practice options

Denver Public Library – Plaza Immigrant Resources

720-865-2362

<https://www.denverlibrary.org/plaza>

- ESL, citizenship classes, immigrant resources, English conversation groups, and legal assistance

Jeffco Public Library – Spanish Services

<https://jeffcolibrary.org/services-in-spanish/>

- Resources, classes, and events in Spanish

Jeffco Public Schools - Adult ESL and Literacy Programs

Marina Constantatos, 720-813-6983 (text)

Ann Leonard, 303-549-7873 (text)

5280 W. Ohio Ave., Lakewood 80226

<https://www.jeffcopublicschools.org/services/family-community-partnerships/adult-literacy>

- Online and In-person, classes are free for ORR-eligible adults (refugees, asylees, special immigrant visa holders, Cuban/Haitian entrants)
- Register any time

Jeffco Public Schools - Home Instruction for Parents of Preschool Youngsters (HIPPY)

303-982-0014 or JeffcoHIPPY@jeffco.k12.co.us

https://www.jeffcopublicschools.org/academics/early_learning/HIPPY

- Free program for families with 2, 3, or 4 year old children. Home visitation program available in English and Spanish that will help parents prepare their children for success in school.
- Offers free books and reading activities in both English and Spanish

The following is a list of resources that are offered to those who speak Spanish. *This list is also available in Spanish (español).*

- [Education/Support Services](#) – p.1
- [Physical and Mental Health Services](#) – p.3
- [Translation and Interpretation](#) – p.5

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

The Learning Source

720-837-1123

<https://www.thelearningsource.org/>

- Offers six levels of ESL classes with a focus on the skills needed for living and working in an English-speaking society. Classes include practice with reading, speaking, listening and writing.

Centro San Juan Diego

303-295-9470

2830 Lawrence St. Denver, CO 80205

www.centrosanjuandiego.org

- Adult Education Services
- GED preparation, ESL classes, computer skills training, financial education, bible classes and citizenship prep.
- Life Skills Education and Training
- Legal clinic, citizenship workshop, tax help and referrals to community partners.

Mi Casa Resource Center

303-573-1302

345 S Grove St., Denver, CO 80219

<https://micasaresourcecenter.org/>

- This program offers business classes, ESL classes, and career development classes for men and women including job search resources and resume help.

Centro de los Trabajadores Colorado

303-292-4115

<https://centrodelostrabajadores.org/>

- This organization asks for a membership fee of \$20/yr.
- **Community Economic Development Program**
 - Employment opportunities, workforce development, and education
- **Community Worker Care Program**
 - El Centro addresses barriers immigrant and low-wage workers face in the spectrum of mental health. The goals are to strengthen the culture and systems of the organization that reflect trauma-informed practices, promote wellness to reduce mental health stigma, and create access to wrap-around services and resources.
- **Organizing Institute**
 - Offers our working class families a venue and space to develop their leadership skills to find solutions to the pressures affecting their communities by working collectively and organizing with institutions that impact their everyday life.
- **Bienvenidos A Denver – Integration Program**
 - In response to the influx of migrants in Colorado, El Centro created this program to support newcomers to integrate and navigate their new community through education, resources, and labor training opportunities.
- **Labor Rights Program**

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Spring Institute

303-863-0188

1373 Grant St. Denver, CO 80203

<https://springinstitute.org/adult-education/>

- Collaborates with other community providers in the metro area to provide ESL and GED preparation courses.
- Calendar of events available on website.

Cultural Development & Wellness Center – Aurora Mental Health

303-923-6320

<https://www.auroramhr.org/cultural-development-wellness-center/adult-education/>

- Adult Education registration is in-person only at our Alton location, 1537 Alton St., Aurora, CO 80010
- Helps immigrants, refugees, non-native English speakers, and others to gain the skills and knowledge they need to be self-sufficient in their community.
- Adult Education services help adult students to learn English (ESL), pass the General Education Development (GED) test, apply for citizenship, adjust to the workforce, and more.
- AMHR Adult Education can only serve learners living in the following counties: Adams, Arapahoe, Douglas, Denver, and Weld.

Physical/Mental Health Services

STRIDE Community Health Center

720-778-7433

<https://stridechc.org/>

- Clinics throughout the Denver Metro area
- Primary care, pediatric care, behavioral health care, dental care, and infectious diseases clinic
- STRIDE serves patients with Medicaid, Medicare, CHP+ and sliding scale

Tepeyac Community Health Center

303-458-5302

2101 E. 48th Ave, Denver, CO 80216

<https://www.tepeyachealth.org/>

- Primary care, pediatric care, pharmacy, dental care, and behavioral health care
- Clinic serves working families throughout the Metro Denver Area
- Accepts Medicare, Medicaid, and sliding scale to qualifying patients

Sheridan Health Services

303-315-6150

Family Clinic: 3525 W Oxford Ave, Unit G1, Denver, CO 80236

Youth Clinic: 4107B S Federal Blvd, Englewood, CO 80110

<https://nursing.cuanschutz.edu/patient-care/sheridan-health-services>

- Family Clinic:
 - Offers adult primary care, behavioral health, case management, dental care, maternity care, pediatric primary care, and pharmacy services
- Youth Clinic:
 - Child and teen primary care, behavioral health, dental hygiene care

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Clinica Family Health Services

303-650-4460

Locations in Adams and Boulder/Broomfield counties

www.clinica.org

- Provides medical and mental wellness services on a sliding scale to residents of Western Adams, Broomfield, and Southern Boulder counties.

Servicios de la Raza

303-458-5851

3131 W. 14th Ave, Denver, CO 80204

www.serviciosdelaraza.org

- This program offers bilingual services on a sliding scale including the following:
 - Mental Health
 - Provides a range of mental health services including outpatient psychiatric services.
 - Victim Support Services
 - Domestic violence services including counseling, support groups and a 24hour crisis line: 303-953-5930
 - Re-Entry Services
 - Offers supportive services and mentoring to adult men and women who are reintegrating into society after incarceration
 - Healthcare Access
 - Aids clients in enrollment with Medicaid, CHP+, private insurance through Connect for Health Colorado and Food Assistance.
 - Career Development
 - Offer resume building, job search, application assistance, career development and more.
 - Food and clothing distribution
 - Youth Leadership Initiatives

Denver Health – Community Health Services

303-436-6000,

777 Bannock Street, Denver, CO 80204

www.denverhealth.org

- Offers a Denver Health Financial Assistance (DFAP) program to help pay for health services provided by Denver Health providers.
- DFAP is a discount program that helps lower the cost of health care.
 - Information on fees: <https://www.denverhealth.org/patients-visitors/billing-insurance/financial-assistance/denver-health-financial-assistance-program>
- Dental care services are also available to Denver County residents participating in this program.

El Centro – WellPower

303-504-7900 (Intake) | 303-504-1900 (El Centro)

3401 Eudora St., Denver, CO 80207

<https://www.wellpower.org/el-centro-english/>

- Provides bilingual mental health services including individual, family, group therapies and psychiatry services.

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Tu Futuro Denver, PLLC

<https://tufuturodenver.com/>

- Provides individual, couples, and family therapy to Spanish speaking individuals
- Accepts Colorado Access Medicaid and self-pay

Spanish Clinic

303-934-3040

4200 Morrison Rd, Unit 8, Denver, CO 80219

<http://www.spanish-clinic.com/>

- Provides services primarily in the Spanish language for substance use and mental health treatment.

La Cocina

970-232-0740

<https://www.lacocinahome.org/>

- Treatment and prevention services program for Latine or Hispanic-identified children ages zero to six years old
- Spanish-language neurodevelopmental assessment in Larimer County
- Circle of Security (COS) parent education and support groups
- Doula support services

Mental Health America: En Español

<https://mhanational.org/resources/recursos/>

- Offers factsheets in Spanish on various mental health topics.

National Institute of Mental Health: En Español

www.nimh.nih.gov/health/publications/espanol/spanish-listing.shtml

- Offers brochures in Spanish on various mental health topics

SAMHSA: Substance Abuse Information & Referrals

1-866-662-4357

<https://www.samhsa.gov/mental-health/que-es-la-salud-mental>

- Can search for treatment and substance abuse information in Spanish.
- National Suicide prevention hotline: 1-800-273-8255

Translation and Interpretation Services

Translation & Interpreting Center (Denver Center for Crime Victims)

303-996-0976 (English), 303-996-0975 (Español)

www.ticenterdenver.com

- All services are confidential and provided at no cost for the victim and at a discounted fee for anyone else. Over 40 languages and dialects
- Interpreting and Translating Services – Education, Legal, Medical, Counseling, interviews and business negotiations