

Substance Use Treatment - Adults

Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Outpatient and Intensive Outpatient Programs

Outpatient and Intensive Outpatient programs for substance use provide group and individual counseling for substance use recovery in an outpatient setting, meaning you will be able to work and go home each day. Outpatient programs are usually one day per week; IOP programs are usually 3-5 days/week for 2-5 hours per session.

Aspen Ridge Recovery

877-736-9727

900 S Kipling PKWY, Lakewood, Colorado, 80226 https://www.aspenridgerecoverycenters.com/

- Treatment programs for alcohol, heroin, cocaine, marijuana, benzodiazepine, methamphetamine, and prescription drug rehabilitation.
- Certified in treating co-occurring mental health issues.
- Each treatment program includes psychiatric services, family system stabilization, trauma therapy, optional recovery housing, and recovery support through the alumni program.
 - Partial hospitalization programs (PHP)
 - Intensive outpatient programs (IOP)
 - Evening Intensive Outpatient programs (IOP)
 - Outpatient treatment programs
- Payments accepted: all private insurance (can check own insurance on website), call for information on additional insurance coverage options.
 - Medicaid and Medicare are not accepted
- To enroll in services: Call for an assessment

Behavioral Health Group

303-629-5293 | Toll Free: 844-535-7291

5250 Leetsdale Drive Suite 220, Denver, CO 80246

https://denver-downtown.bhgrecovery.com/

- Leading provider of opioid addiction treatment services, utilizing pharmacotherapy (maintenance and detoxification) as well as counseling to treat both the biochemical and psychosocial aspects of addiction.
- Outpatient treatment centers address each patient's opioid addiction with either Methadone or Buprenorphine, in combination with counseling and skill development. This choice is usually decided by the patient in consultation with his/her physician
- Dispensing Hours: Mon-Fri 5:00 am 3;00 pm, Sat 6:00 am 9:00 am
- Hours of Operation: Mon-Fri 5:00 am 3:00 pm, Sat 6:00 am 9:00 am
- Accepting Medicare, Medicaid, Private Insurance, self-pay and sliding-scale services available

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Behavioral Medicine at Porter Adventist Hospital

303-715-2300

2465 S. Downing St., Denver

https://www.adventhealth.com/hospital/adventhealth-porter/our-services/behavioral-medicine

- Substance Use IOP Program
- 12-week program, on Mon/Wed/Thurs evenings, consists of evidence-based curricula, including the Twelve Steps, dialectical behavioral therapy (DBT) and cognitive behavioral therapy (CBT) methods.
- Accepting Medicare, Medicaid, Private Insurance, Military insurance, and self-pay.

Center for Recovery

303-694-7492

2121 Oneida #412, Denver, CO 80224

https://centerforrecovery.net/

- Serves Denver, Aurora, Greenwood Village, Englewood, Highlands Ranch, Littleton, Northglenn and all Denver Metro suburbs.
- Services provided: Assessments, adult/adolescent programs, intensive outpatient treatment, aftercare/relapse prevention program, socialization, stress reduction and coping skills, family sessions, etc.
- Contact for insurance coverage; individual and family therapy is self-pay only (\$165/session)
- Minimum Criteria for receiving treatment at Center for Recovery.
 - Minimum 2 weeks clean and sober.
 - Sufficiently emotionally stable to actively and appropriate participate in psychotherapy
 - At least 16 years of age
 - Not demonstrating life threatening withdrawal symptoms requiring acute detox
 - Not suffering medical/psychiatric symptoms that would inhibit ability to benefit from participation in treatment

О

Footprints to Recovery

720-586-4764 | Toll Free: 844-962-0461

Detox & Residential: 2602 Ensenada Way, Aurora CO 80013 PHP/IOP/Outpatient Care: 6505 S. Paris St., Centennial, CO 80111

https://footprintstorecovery.com/

- Offers: Medical Detox, Residential Program, Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), sober living, and outpatient programs.
- Provides individual, group and family therapy, trauma-informed care, dual-diagnosis treatment, MAT, experiential groups (art, music, yoga), Equine Assisted Therapy, grief and loss counseling, and EMDR
- Currently in network with UnitedHealthcare, Aetna, Anthem BCBS, Cigna, Humana, ComPsych, Tricare (PHP and IOP), and TriWest. Please contact to verify insurance coverage and costs.

jcmh.org | 303-425-0300

Veteran Affairs Substance Abuse Treatment Programs

1-800-827-1000 – VA's general information hotline Many locations throughout Colorado http://www.denver.va.gov/

- VA Eastern Colorado Health Care System (ECHCS)
 General: 303-399-8020 | Mental Health Care: 720-723-7310
 - Intensive outpatient substance abuse treatment program
- Payment: self-pay, private insurance, military insurance, Medicaid and Medicare; Sliding fee scale & payment assistance available.
- VA Medical Centers without a specific Substance Use Disorder program do offer SUD treatment; ask for the mental health clinic. Many vet centers and VA Community Based Outpatient Clinics also offer SUD treatment.

Providence Network

303-860-8404

801 Logan Street, Denver, CO 80203

https://www.providencenetwork.org/

- Faith-based, urban transformational housing organization that helps men, women, and families heal from addiction, abuse, and homelessness to become self-sufficient, productive members of the community.
- Services provided: housing and program benefits for up to 2 years, food, addiction recovery program, individual and group counseling, life and job skills training, supportive services, and spiritual mentoring.
- Recommended 1 month sober
- Payment: \$430 required per month. Call for information on payment (Can get free treatment for up to 2 years)

Meadows Outpatient Center

866-301-1177

4700 S. Syracuse Street

https://www.providencenetwork.org/

- Treats adults 18+ for addiction and mental health using CBT, DBT, internal family systems, EMDR, and brainspotting. IOP is 8 weeks/12+ hours per week (also offer Virtual IOP for all Colorado residents).
- Treats alcohol addiction and drug addictions.
- Insurance Coverage: Accepts Aetna, Anthem, Cigna, UHC, and military insurance. Call to confirm innetwork providers. Offers payment plans.

Intensive Residential Treatment and Inpatient Treatment (IRT)

Intensive Residential Treatment Programs are live-in programs for individuals in recovery from substance use and co-occurring mental health conditions. Residential programs provide a safe place to sleep, eat, and engage in individual and group therapy services. Staff members are available 24/7. These programs are typically 30-45 days long and provide a stable environment for recovery.

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Addiction Research and Treatment Services (ARTS) – Peer One University, CO Health Sciences Center

303-336-1600

3738 W. Princeton Circle, Denver, CO 80236

https://www.artstreatment.com/

- ARTS offers comprehensive drug and alcohol treatment services to individuals whose lives have become unmanageable as a result of substances.
- Programs offer residential programs for adults, outpatient services for adults and adolescents, pharmacological treatments (including methadone suboxone, and vivitrol), aftercare services, relapse prevention, individual therapy, group therapy, family counseling, art therapy, monitored UAs and BAs, etc.
 - Specialized substance use treatment for women, criminal justice clients, and HIV positive individuals.
- Payment: Most clients are expected to pay a fee based on their ability to pay. Many services are covered
 by insurance, public benefits, or grants. If a client does not have a funding source, they offer a sliding
 scale for those who cannot afford to pay.
- Hours: Monday Friday 7:30am 4:30pm

Cedar Springs Hospital

General admission: 719-633-4114 | Military program: 719-210-0534

2135 Southgate Road, Colorado Springs, CO 80906

https://cedarspringsbhs.com/treatment-services/adult-programs/inpatient-acute-care/

- Programs for adults 18+
- Programs available: Inpatient acute care and rehabilitation, partial hospitalization, IOP
- Provide individual and group therapy as well as psychiatric medication management
- Accepts most private insurance, including Medicaid, Medicare and Tricare

Harmony Foundation Inc.

(970) 340-2228

1600 Fish Hatchery Road, Estes Park, CO 80517

https://harmonyfoundationinc.com/

- Men's and women's residential treatment programs (separate), as well as young adult
- Detox & residential short-term treatment, additional services are available as well, such as specialty groups for 12 Step, Trauma, and Co-Occurring Disorders.
- Intensive outpatient program available
- Health Insurance accepts insurance coverage and many insurance policies have a benefit that may cover treatment. Benefits team will work with you and your insurance company to verify insurance benefits.
 - o Harmony Foundation does NOT accept Medicaid or Medicare

Salvation Army – Denver Harbor Light Center

(720) 305-5670

Intake Coordinator: dhl.info@usw.salvationarmy.org

2136 Champa St, Denver, CO 80205

https://denverharborlight.salvationarmy.org/denver harbor light center/

- The Harbor Light Center is a safe haven for men recovering from addiction or looking to prevent relapse.
- Each program participant is provided with a clean and healthy living environment, 3 meals a day, life skills classes, work skills programs, individual and group counseling, leisure time activities, and spiritual direction. Participants may choose to engage in the program for up to 2 years.
- Eligibility: Applicants must have successfully completed detox program.
 - o Denver Harbor Light Center does not have the medical capacity to assist with detox.
- Hours: Monday Friday 8:30am 4:30pm

Salvation Army - Denver Adult Rehabilitation Center

800-728-7825

Intake Coordinator: <u>James.Gallop@usw.salvationarmy.org</u>

4751 Broadway, Denver, CO 80216

https://denverarc.salvationarmy.org/denver adult rehabilitation center/

- An in-residence rehabilitation program with a focus on work therapy and basic necessities.
- Each program participant is provided with a clean and healthy living environment, 3 meals a day, work therapy, leisure time activities, group counseling, spiritual direction, and resources to assist each person to develop life skills and a personal relationship with God. Participants may choose to engage in the program for up to 2 years.
- Payment: Treatment at no cost to client
- Hours: Monday Friday 7:30am 4:00pm

West Pines Behavioral Hospital

877-519-3108

11455 Huron Street Westminster, CO 80234

https://www.westpinesbehavioral.com/programs/adult-inpatient/

- Services provided: Medical Detoxification, Residential Treatment, Intensive Outpatient Program (IOP),
 Addiction Aftercare, and Recovery Nurse Advocate Program (for pregnant and postpartum clients)
- Accepts Medicare, self-pay, private pay at discounted rates.
 - Medicare and Medicaid accepted for IOP, but not Residential treatment
 - Call for more information on insurance and payment options

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Stout Street Foundation

1-303-321-2533

7251 E. 49th Ave., Commerce City, CO 80022

www.stoutstreet.org

- Therapeutic Community Residential
 - o 2-3 year-long residential program for men and women (separate), 18+ years old
 - o Residents work in workforce development program at least 40 hours each week.
 - Must meet certain legal and medical criteria dictated by Serenity and the State of Colorado before acceptance can be determined
 - No up-front expenses
- Serenity Residential
 - o 28-Day Intensive Inpatient Treatment center for adult men and women, 18+ years old, suffering from substance use disorder, providing treatment to those who are ready to quit drugs and/or alcohol.
 - Each client receives five individual counseling sessions a week while they are in treatment, as well as group therapy three times a day, seven days a week. Clients also attend 12 Step meetings twice weekly.
 - Must meet certain legal and medical criteria dictated by Serenity and the State of Colorado before acceptance can be determined (no arson nor sexual offenses permitted for either program)
 - Please contact to determine insurance coverage, does not accept Medicaid—Will provide 28 days of care even if insurance benefits cut off. Offers financial plans to assist with fees.

Residential Recovery at Jefferson Center

Main: 303-432-5784 | Screening: 303-432-5130

421 Zang Street, Lakewood, CO 80228

https://www.jcmh.org/residential-recovery-

program/?gclid+EAlalQobChMludP9idnl AlV9BKtBh0Ygg8WEAAYASAAEgJIVfD BwE

- 14-45 day co-ed residential treatment program addressing co-occurring substance use and mental health concerns. serves adults 18 years of age and older who are not currently in withdrawal.
- Can be referred directly from the Jefferson Center Withdrawal Management Program (4643 Wadsworth Blvd, Wheat Ridge, CO 80033) or by calling Central Navigation (303-432-5130).

Sobriety House

Info Line: 303-722-5746 | Admissions: 720-381-4337

121 Acoma St., Denver, CO 80223

https://www.sobrietyhouse.org

- Offers residential, transitional, and outpatient treatment
 - Phase I 29 day Intensive Residential Treatment \$8700 total or \$300/day
 - Phase II Transitional Residential Treatment \$4500/month or \$150/day
 - Stepping Stone (women only) must be enrolled in phase I or II
 - Phoenix Concept (sober living, men only)
- Accepts Medicaid, Grants, Sliding scale, and Private Pay. Does not accept commercial insurance.

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Cedar Springs Hospital

General admission: 719-633-4114 | Military program: 719-210-0534

2135 Southgate Road, Colorado Springs, CO 80906

https://cedarspringsbhs.com/treatment-services/adult-programs/inpatient-acute-care/

- Programs for adults 18+
- Programs available: Inpatient acute care and rehabilitation, partial hospitalization, IOP
- Provide individual and group therapy as well as psychiatric medication management
- Accepts most private insurance, including Medicaid, Medicare and Tricare

CeDAR inpatient Addiction Treatment

24/7 Info Line: 720-848-3000

UC Health - 1693 N. Quentin St., Aurora, CO 80045

https://www.cedarcolorado.org

- 14-28 day co-ed residential treatment addressing co-occurring mental health and substance use needs
- Accepts most private insurances and Medicaid (RAEs 3, 5, and 6)

New Beginnings

720-473-7106

191 E. Orchard Rd, Suite B, Littleton, CO 80121

https://www.newbeginningsrecoverydenver.com

- Offers 45-90 day inpatient program, intensive outpatient program, and specialized outpatient programs designed around the needs of the individual
 - Accepts most private insurance and Medicaid
- Faith-Based
- Can transition to Mary's House of Hope Sober Living after treatment
 - Not covered by Medicaid

180 Ministries

https://www.180ministries.net

303-985-1776

2634 S. Broadway, Denver, CO 80210

- Comprehensive, residential drug and alcohol addiction treatment program offering services focused on the whole individual: mind, body, and spirit for both men and women
- Seven-step, faith-based program that typically continues for 1 year (length determined on case by case basis)

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• Fort Lyon Recovery Program

719-662-1100

https://www.coloradocoalition.org/fortlyonprogram

- Program for up to 2 years in order to attain sobriety, health, and stability
- The Colorado Coalition for the Homeless provides the transitional housing, stable recovery, and supportive reintegration services by combining housing with peer support, educational, vocational and employment services
- Contact to complete application or request assistance from your case manager or healthcare provider
 - o There is often a waitlist and you will learn your place on the list once application is submitted
- Additional Resources Offered
 - o Stout Street Clinic | 2100 Broadway | 303-293-2220 (Kelly Reed)
 - CCH Community Resources Center | 303-312-9679 | Monday & Wednesday sign up from 7:30-8:30am and 12:30-1pm.
 - o Saint Francis Center | 2323 Curtis Street | 303-297-1576

Center of Hope

303-935-7746

https://drugabuseandaddiction.com/

5303 W. Kentucky Ave, Lakewood, CO 80226

- 1 year long faith-based decipleship program with a 90 day black out period
- Participants will work while in the program, and all work is non-profit and non-compensatory for the sole purpose of rehabilitation, establishing work ethic, and providing vocational education
- Individuals must participate in prayer sessions, bible studies and church services

Colorado Addiction Recovery Services

(843) 350-8552

https://coloradoars.com

Aurora, CO

- · Accepts Medicaid
- 30-45 day co-ed program. Does not accept sex offenders.
- Case Management and ongoing support services after rehab

Red Rock Recovery Center

855-908-0071

8805 W. 14th Ave, #200, Lakewood, CO 80215

https://www.redrockrecoverycenter.com

- Private insurance and self-pay only
- Offers inpatient substance use and dual diagnosis treatment, transitional outpatient and intensive outpatient services, sober living, MAT, and withdrawal management services.

Transitional Residential Housing (TRT)

Transitional Residential Treatment is a live-in treatment program that provides a structured home setting with therapy services, and allows residents to leave each day to work or attend community-based meetings.

Providence Network

303-860-8404

801 Logan Street, Denver, CO 80203

https://www.providencenetwork.org/

- Faith-based, urban transformational housing organization that helps men, women, and families heal from addiction, abuse, and homelessness to become self-sufficient, productive members of the community.
- Services provided: housing and program benefits for up to 2 years, food, addiction recovery program, individual and group counseling, life and job skills training, supportive services, and spiritual mentoring.
- Recommended 1 month sober
- Payment: \$430 required per month. Call for information on payment (Can get free treatment for up to 2 years)

Denver Cares

303-436-3500

1155 Cherokee St., Denver, CO 80223

https://www.denverhealth.org/services/behavioral-health/addiction-services

- Residential treatment with the length of stay varying from 30-120 days
- No fee and no working requirement
- Requires applicants to complete 3 days in Denver Cares Detox before being accepted into the residential treatment program
- Services offered: Individual and group counseling, alcohol and drug education, relapse prevention, life skills training, access to 12-step support group meetings, and referrals to ongoing social services. Clients completing residential treatment are also referred to outpatient and aftercare services, which amy include case management and housing assistance.
- Does not accept benzodiazepine medications, diabetics, oxygen-dependent individuals or those using a CPAP machine.

Denver Rescue Mission: New Life Program

303-294-0157

1130 Park Ave, West Denver, 80205

https://denverrescuemission.org/get-help/ | click on "rehabilitation" box

- Eligibility requirements: Men, 18+, free of sex offenses and current violent charges, must have 30-day supply of prescribed, non-narcotic medication, willing to submit to random drug and alcohol testing
- Faith-based, long-term, in-house rehabilitation for homeless men offered free of charge to all participants and can take 12-27 months to complete
- Participants begin the New Life Program as a candidate at the Lawrence Street Shelter in downtown Denver. Candidates learn about the program, receive health and case management screening and participate in Mission outreach and activities. Once the participant proves he is a viable candidate, he transfers to The Crossing on Smith Road or to Harvest Farm near Ft. Collins

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Denver Rescue Mission: The Crossing and STAR Transitional Living Program

303-953-3900

6100 Smith Rd, Denver 80216

Email: info@denrescue.org

- Offers 1 year transitional housing for families, married couples, singles, and seniors
- Provides case management and life skills workshops
- At least 1 adult must have an income of at least \$900/month for an individual or \$1,000/month for family to qualify
- Program fees are determined by income guidelines, typically \$577/month

Mental Health Partners

Registration: 303-443-8500 | Withdrawal Management: 303-441-1281 3180 Airport Road, Boulder, CO 80301 | Available 24/7

Offers non-medical withdrawal management program and transitional residential treatment after withdrawal

North Star Transitions

866-407-2240

6630 Gunpark Drive Boulder, CO 80301

- Sober and stable supportive environment while making transition to outpatient services
- Accepts private insurance, military insurance, and offers payment plans.

Therapeutic Community

Sober Living community for those who are currently in recovery and who need a supportive environment to maintain sobriety.

STEP Denver

303-295-7837

2029 Larimer St., Denver, CO 80206

https://stepdenver.org/

- Men's residential recovery program in downtown Denver that offers residents the opportunity to overcome addiction and become productive citizens. Program requires sobriety, work and personal accountability.
- Services highly motivated men who are suffering from the disease of addiction who are willing and able to work full-time.
 - o Men 21+
 - Have no suicide attempts within the last 30 days.
 - Must pass breathalyzer and drug screens.
 - Must agree to not receive any money from outside sources, including family or governmental assistance such as SNAP.
 - Must agree to not "to be on any long-term mind-altering medication," including Medically Assisted Treatment (MAT).
- No initial cost to enter Step. Once admitted, men are required to pay \$15/day, \$75/week or \$200/month in fees
- Application Hours: M-F 7am 12pm

jcmh.org | 303-425-0300

Stout Street Foundation

1-866-722-7040

7251 E. 49th Ave., Commerce City, CO 80022

www.stoutstreet.org

- Therapeutic Community Residential
 - o 2-3 year-long residential program for men and women (separate), 18+ years old
 - All residents are required to work, be honest about medical, mental or legal issues, and participate in all program conditions
 - Must meet certain legal and medical criteria dictated by Serenity and the State of Colorado before acceptance can be determined
 - No up-front expenses

Otherside Academy

303-335-9488

2324 Federal Blvd, #A, Denver, CO 80211

https://www.theothersideacademy.com

- 2-year residential non-profit life skills academy. Evidence-based peer led program.
- 30-days no contact, 90 days can make phone calls
- Must agree not to be on any long-term mind-altering medication including Medically Assisted Treatment (MAT)

Withdrawal Management and Detox Facilities

Both Medical and Non-Medical options available to assist individuals who are currently under the influence of substances in a safe, healthy withdrawal.

Detox.com

Helpline: 800-483-2193

https://www.detox.com/local/colorado/

Offers a 24/7 confidential helpline, and comprehensive search tool for local detox agencies in Colorado

Centennial Peaks

303-673-9990 2255 S. 88th Street Louisville. CO 80027

https://centennialpeaks.com/treatment-services/adults/inpatient-detoxification/

- Centennial Peaks Hospital provides medical detox with 24-hour nursing care and medication management. We provide physical and emotional support during withdrawal from alcohol and other drugs.
- Has an IOP and partial hospitalization program
- Accepts Medicaid, Medicare, Tricare and other private insurances

jcmh.org | 303-425-0300

Crisis and Recovery Center - Jefferson Center for Mental Health (open 24/7/365)

303-463-7400

4643 Wadsworth Blvd., Wheat Ridge, CO 80033

https://www.jcmh.org/withdrawal-management-detox-2/

- The primary goals of the withdrawal management program are to monitor patients as they safely withdraw from drugs and/or alcohol, assist in increasing motivation for change so ongoing recovery is possible, actively link patients to services for ongoing care, and provide a safety net for the community.
- Brief Admission Criteria (offers extended stays on a case-by-case basis)
 - o 18 years or older
 - o Intoxicated or under the influence of alcohol and/or drugs or in withdrawal
 - Must not require medical care while in detox
 - Must be mobile and able to provide for their own personal care
 - o The individual should not be physically violent
- Accepts Medicaid, some private insurance, and self-pay. Fees are based on daily rates for a calendar day or any part of a calendar day.

Denver CARES Detoxification and Drug and Alcohol Rehabilitation (open 24/7/365)

303-436-3500

1155 Cherokee St., Denver, CO

http://www.denverhealth.org/medical-services/mental-health/our-services/denver-cares

- Denver CARES is a non-medical, clinically managed treatment facility
- Services:
 - Emergency Services Patrol (ESP) picks up individuals with inebriation throughout the city of Denver and safely transports them to CARES. ESP responds to police requests, community calls, Denver Health ER and regularly established travel routes.
 - Withdrawal Management provides a safe detox, also provides assessment, education, motivational counseling and residential treatment. All clients are provided sleeping accommodations and wellbalanced meals during their stay.
- Residential treatment is available for substance dependent men and women. Length of stay varies from 45 to 90 days. Services include individual and group counseling, alcohol and drug education, relapse prevention, life skills training, access to 12-step support group meetings and referrals to ongoing social services.

East Metro Detox and Recovery Services: Aurora Mental Health Center

303-923-6888

2206 Victor St., 3rd Floor, Aurora, CO 80016

https://www.auroramhr.org/get-help/addiction/

- Open 24/7/365
- Must be 18 years or older.
- Must not require medical care while in detox, must be mobile and able to attend to own personal care
- Accepts Medicaid, some private insurance, and self-pay. Fees based on daily rates

Footprints to Recovery Medical Detox

844-962-0461

6505 S. Paris St., Centennial, CO 80111

https://footprintstorecovery.com/our-programs/medical-detox/

- Offers medical detox, 24/7 medical care and transportation
- Offers one on one counseling, daily group therapy, private rooms, and customized treatment.

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