



Youth Activities & Athletics Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

What you need to know about Youth Activities:

- These programs generally offer activities and athletics after school, on the weekends, and during the summer.
- Most programs also offer discounted rates or financial assistance.
- Be sure to call or visit the websites given to find out how to register, how to receive financial assistance, and what activities are offered.
- Please contact Navigation if you would like more information about summer camps/activities.

Wheat Ridge Recreation Center

303-231-1300

4005 Kipling Street, Wheat Ridge, Colorado 80033

<https://www.rootedinfun.com/187/Youth-Sports>

- Offers a 50% Discount if you receive Leap or food stamps. Other programs (Military - Veteran and Active Duty, WIC, SSI, SSDI, HCP, HUD, CICP, & TANF) may qualify individuals for a 25% discount.
- To register for a class through the discount program, you must be a resident of the City of Wheat Ridge. Proof of residency in the form of a driver's license and a car registration or utility bill and proof of the specific program in which you participate are required at the time of registration.
- Swimming, Fitness Classes, Climbing Wall, Sports Leagues, Arts/Crafts, Dance, Cooking, and more.
- For questions about recreation discounts and to fill out an application, please visit the Recreation Center front desk, or call 303-231-1300

City of Lakewood Parks and Recreation

Phone: 303-987-7800

Email: crinfo@lakewoodco.gov

Address: Civic Center South—480 S. Allison Pkwy, Lakewood, CO 80226

Web: www.Lakewood.org/recreation

- Various activities and programs throughout the city of Lakewood for all ages: Arts/crafts, outdoor activities, dance, art, sports, theater, singing, martial arts, boxing, fencing, lifeguard training, diving and more.
- Lakewood Family Services offers full-day Spring Break Camp, Summer Camp, and Winter & Fall Camp for youth.
- These camps are offered to City of Lakewood residents only. Camper days will be filled with engaging arts and crafts projects, field trips and outdoor activities at the city's facilities and parks.
- Call or visit website for activity guide (Community Connections catalog)

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JeffCo Teens Workgroup

Email: info@jeffcoctc.care

Web: jeffcoctc.care

- Work with other youth in Jefferson County on projects you are interested in
- Learn about and participate in coalition work to improve health, safety, and wellness in JeffCo
- Get paid for your participation! Project topics may include:
 - Substance misuse prevention
 - Mental health support
 - Program evaluation
 - And more!
- Meetings are on the first Thursday of the month from 4:00pm-5:30pm and may be virtual or in-person
- Email or go online to fill out an interest form

Apex Recreation Center

303-424-2739

info@apexprd.org

13150 W 72nd Ave, Arvada, CO 80005

www.apexprd.org

- Several centers throughout the Arvada community.
- Arts and Crafts, Tennis, Swimming, Ice Skating, Martial Arts, Soccer, Track and Field, Gymnastics, Dance, Cheerleading, Youth Weight Training, Teen Drop-in Center.
- District residents receive a discount. Centers are open to the public.

Gilpin County Recreation Center

303-582-1453

250 Norton Drive, Blackhawk, CO 80422

<https://gilpincounty.colorado.gov/explore-gilpin/parks-and-recreation>

- Gilpin County residents: free for ages 0-3, \$4/day for residents ages 4-17, \$8/day for non-residents
- Human Service Programs and Veterans 30% off memberships
- Residents of Gilpin County may also apply for discount through: Heart of the Community Fund

Jefferson County Public Library

303-235-5275

<https://jeffcolibrary.org/events-activities/>

- Various locations throughout Jefferson County.
- List of activities for teens and children available in person and/or virtually.
- JCPL purchases memberships at local art, culture, history, and outdoor destinations so library cardholders can explore Colorado for free. Culture Pass benefits vary by destination. More info: <https://jeffcolibrary.org/faq/culture-pass/>

City of Edgewater Parks and Recreation

720-763-3000

1800 Harlan St, Edgewater CO

<https://www.edgewaterco.gov/city-services/parks-recreation>

- Sports, Fitness, Dance for a fee. Pickleball and Gymnasium no fee.
- Edgewater is home to the Fitness Center, six (6) parks, and the historical Orum House and Community Garden, in addition to a variety of classes, programs and events for youth, adults and seniors. Complete information on activities, rentals, and registration, can be found on www.PlayEdgewater.com

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Golden Community Center

303-384-8000

911 10th Street, Golden, CO 80401

https://www.cityofgolden.gov/community/recreation/golden_community_center/programs.php

Basketball, pottery classes, weight room, camp/enrichment programs, pool and Summer Day camp ages 5-12.

[Golden, CO - Activity Search](#)

- Admission for ages 0-5: \$4.25/day for residents | \$6.00/day non-residents
- Admission ages 6-17: \$6.25/day for residents | \$7.75/day non-residents.

YMCA

<https://denverymca.org/locations?type&amenities>

Various locations throughout Metro area.

Swimming, Gymnastics, Fitness Classes, Kids Club, Sports, camps and more

- Free 3-day passes are valid for Arvada, Aurora, Downtown, Littleton, Southwest and University Hills locations. Application is on the website.
 - Arvada- Duncan YMCA: 6350 Eldridge St Arvada, CO 80004
720-524-2730
 - Aurora YMCA: 6100 S. Kewaunee Way Aurora, CO 80016
720-340-3535
 - Downtown Denver YMCA: 25 E. 16th Ave. Suite B Denver, CO 80202
720-524-2738
 - Littleton Family YMCA: 11 West Dry Creek Littleton, CO 8012080214
720-664-4820

Boys & Girls Clubs of Metro Denver

www.bgcmd.org

Locations:

J. Churchill Owen Branch 3480 West Kentucky Ave., Denver, CO 80219 303-934-7811	Arthur E. Johnson Branch 3325 W. 16 th Ave., Denver, CO 80204 303-893-8150	O’Connell Middle School Branch 1275 S. Teller St., Lakewood 80232 303-985-0202	The Beach Court Branch 4950 Beach Ct., Denver, CO 80221 720-671-0727
Aurora Quest Boys & Girls Club 17315 E. 2 nd Ave Aurora, CO 80011	Cole Boys & Girls Club 1350 e. 33 rd Ave Denver, CO 80205	CSLA Boys & Girls Club 7001 Lipan St. Denver C 80221	Tennyson Knolls Boys & Girls Club 6330 Tennyson St Arvada, CO 80003

- Membership is open to boys and girls between the ages of 6 and 18.
- For a \$25 registration fee, Denver Metro kids have access to safe, supportive, fun, and enriching environments that inspire and empower them to achieve their greatest potential. The registration fee is only applied to elementary school members. Middle and high school members have access to the Clubs at no cost. Select Clubs offer before-care programming. Beginning January 2025, a \$60 monthly fee will apply for morning-care programming, averaging just \$3 per day.
- Families who need financial support can apply for Boys & Girls Clubs of Metro Denver scholarships (online).
- Find additional club locations here: <https://www.bgcmd.org/clubs/>

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Foothills Parks and Recreation

303-409-2100
 6612 South Ward Street, Littleton, CO 80127
www.ifoohills.org

- Foothills Before & After School Programs for children in Kindergarten (age 5 and older) – 5th grades (6th grade at Collegiate Academy only) operates Monday through Friday in various locations from 6:45am until school commences and from school dismissal until 6:00pm.
- Activities include arts and crafts, gross motor activities, games and homework time for students.
- Specialized activities for the students include swimming, dance, ice skating, cooking, gymnastics and gym use.
- An annual non-refundable Enrollment Fee (\$70/child or \$90/family) is required at time of enrollment. Annual Enrollment Fee covers programming from June 1 to May 31
- Attendance Requirement: Children must attend the school where they are registered to attend our before & after care program.

All Locations	Before School Care	After School Care	Full Day Care
Early Bird Rate	\$12.50/day	\$23/day	\$55/day
Drop-in Fee	\$15.50/day	\$26/day	\$60/day

FusBoxe Mixed Martial Arts

720-207-3860
 9975 Wadsworth Pkwy Westminster 80021
<https://fusboxe.com/>

- Combat SAMBO gyms—instruct and coach Mixed Martial Arts and Jiu-jitsu
- Weekly classes
- Focuses on making children proficient in both grappling and striking, empowering them with essential self-defense skills while fostering confidence and discipline
- May be able to offer limited scholarship, please call to inquire

Cub & Boys Scouts

303-455-5522 (English)
 720-266-2114 (Spanish)
 10455 W 6th Ave, Suite 100, Denver, CO 80215
 Cub Scouts: <https://scoutingcolorado.org/programs/youth-membership/cub-scouts/>
 Boy Scouts: <https://scoutingcolorado.org/programs/youth-membership/scouts-bsa/>

- Cub Scouts: Ages 6 to 10, Grades 1 to 5
- Boy Scouts: Ages 11 to 17, Grades 6 to 12
- Programs available
 - Venturing Program: High adventure outdoor activities and real-world leadership experiences. For young men and women, ages 14 to 20, who have completed 8th grade.
 - Explorer Program: Activities and one-on-one mentorship opportunities for youth looking to discover their future, ages 14 to 20
 - Sea Scouts
 - Order of the Arrow
 - STEM Scouts
- Troops throughout Colorado, call or go to website for more information.

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Girl Scouts

303-778-8774, 1-877-404-5708

Corporate office: 3801 E. Florida Ave., Suite 720
Denver, CO 80210

www.girlscoutsofcolorado.org

- For girls in grades K to 12.
- Contact the Denver Service Center at numbers above for information about how to join.

Girls Incorporated of Metro Denver

303-893-4363 | Email: info@gidenver.org

1499 Julian St., Denver, CO 80204

www.girlsincdenver.org

- The program focuses on the development of the whole girl. Combination of long-lasting mentoring relationship, a pro-girl environment, and research-based programming.
- Programs may require a nominal membership fee. *Fees are based on a sliding scale* - no girl is ever turned away because of inability to pay.

Colorado UpLift

303-830-6615

1500 S Dayton St, Aurora CO 80247

<https://www.coloradoup lift.org/>

- Provides long-term, relational approach support to youth from 2nd to 12th grade
- 5 Key program areas: In-School, After-School, Adventure, Advanced Leadership and Post-Secondary.

National Sports Center for the Disabled

1801 Mile High Stadium Cir, Denver, CO 80204

(970) 726-1518

<https://www.colorado.com/denver/winter-activities/skiing-snowboarding/the-national-sports-center-for-the-disabled>

- Provides a variety of outdoor and sports activities for children, youth, and adults with disabilities.

Double Angel Foundation

303-841-2420 | Email: doubleangelorg@msn.com

www.doubleangel.org

- Scholarship funds available for youth aged 5-18

Buchanan Park Recreation Center

720-880-1100

1521 Bergen Parkway, Evergreen, CO 80439

<https://www.evergreenrecreation.com/youth-programming>

- Offers a variety of activities for all ages and youth activities.
- Offers scholarship-based membership to those who qualify.

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G.I.R.L.S—Women’s Wilderness Program

303-938-9191

support@womenswilderness.com

1206 Euclid Ave, Boulder, Colorado 80302

<https://womenswilderness.org/outdoor-girls/>

- Free weekly after school program for 4th-12th grade immigrant, refugee, and asylee girls.
- Outdoor activities and programs, learning how to build outdoor and leadership skills.
- Once a month hike.